



Isleta Pueblo News

Volume 20 Issue 2

Pueblo of Isleta website: www.isletapueblo.co



February 2025

Governor's Report

Maguwam,

I hope this newsletter finds everyone in good health.

I would like to thank the community for the continued support with the recent election. I would like to take this time to welcome my tribal officials:

- 1st Lt. Governor Charles Jojola
- 2nd Lt. Governor Juan Rey Abeita
- Sheriff Michael Lente
- Undersheriff Nicholas Trujillo

I would also like to congratulate our appointed traditional officials for the year.

In celebration of All King's Day that took place on Sunday, January 5th and Monday, January 6th. It was great to see everyone in great spirits in welcoming the New Year and new officials.

We also continued with the celebration of the Blessing of the Canes on Sunday, January 12th. We would like to thank our tribal officials, our families, and the community who came to celebrate with us on one of our special days. I would also like to say, "Thank you to the Isleta

Resort and Casino banquet staff for also assisting with making this day special."

I received an invitation from the Honorable Javier Martinez, Speaker of the NM House of Representative to attend the Opening Day at the NM Legislative session on Tuesday, January 21, 2025 in Santa Fe. This marked the 57th Legislature First Session, and I look forward to advocating for the Pueblo's interest during this year's state legislative session.

As many of you know, we have been advised that we have mountain lion issue within the community. We are working closely with our traditional leadership to address this concern. We ask if you see a mountain lion in your area to contact to Police Department at 505-869-3030 with the location of whereabouts.

On November 5, 2024, Tribal Council adopted Pueblo of Isleta Nuisance Code into Chapter 7 of the Land Use and Leasing Code. The Nuisance Code is now in effect. The code can be found online at <https://www.isletapueblo.com/wp-content/uploads/2025/01/LAOC->

AmendedJanuary2025.pdf starting on page 116. Copies of the Code are available at the Tribal Council Chambers, Isleta Police Department, the Tribal Court, and the Governor's Office.

We are inviting the community to our community clean up for the Village Proper on Saturday, February 1st at 9am. We will be meeting in front of the St. Augustine Church before we start.

I would like to invite everyone to attend Indian Day on Friday, February 7th, 2025. This will be held at the New Mexico Roundhouse in Santa Fe.

I would also like to inform you that we are going to plan a community meeting to occur in April. Keep a look out for the postings of date and time around the community bulletin boards.

Last, I want to send my condolences to the families of those who have lost their family members during the month of January.

Ha-Wuh,

Governor Eugene Jiron
Pueblo of Isleta



SPRING 2025 ISLETA YOUTH WELLNESS PROGRAM

Come join the Isleta Youth Wellness Program for a fun and experiential Spring Session! Activities include: hiking, swimming, camping, cultural site visits, Tiwa language activities, and prevention-related activities.

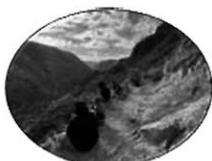
Program Schedule

11 & Younger: Wednesdays 4:45-6:30pm & Fridays 4:45-6:00pm

12 & Older: Tuesdays 4:45-6:30pm & Thursdays 4:45-6:00pm

Transportation will be provided within reservation boundaries.

Participants will be chosen through lottery selection, call Hanna-Marie Lucero or Marcus Martinez to enter your youth.



February 25th to May 9th 2025

Space is limited.
Lottery system.

Deadline to register
February 11th @12pm

For Ages 9-17

All forms must be
completed prior to
start date

B'EEH K'OO-EE WELLNESS CENTER

Office Number
505 869- 5475

Hanna-Marie Lucero

Experiential Educator
505-589-8436

Marcus Martinez
Experiential Educator
505-270-1242

Tina Jojola
Prevention Coordinator
505-869-5488

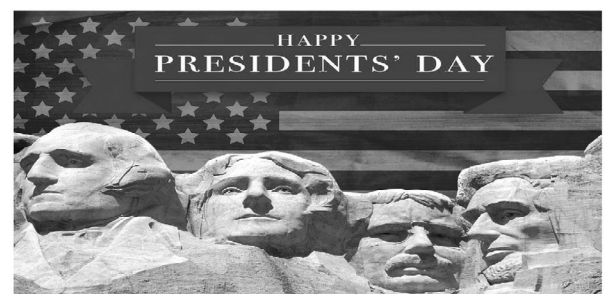
Los Lunas High School Class of 1965 60th Reunion, Announced

The event will be simple: visit with all those old buddies from school days, share a great meal, maybe win some prizes and remember those who can no longer be with us for this reunion. We also hope to host a couple of special events with whoever might be interested the next day Sunday, details to come later.

Time: **May 3, 2025, starting at 5 pm until 8 pm**

Place: **Black Angus restaurant 2290 Wyoming Blvd NE, Albuquerque NM 87112**

Fellow classmates, don't miss this if at all possible! Deadline to contact us with your name and current address, phone number and email address is April 1st 2025. Contact RJ at llhsclassof65@yahoo.com ASAP.



PRESIDENTS DAY SERVICE SCHEDULE

The Transfer Station will be closed
Monday February 17th in honor of
Presidents Day. Monday and Tuesdays
collections will be collected on Tuesday
February 18th. Have carts out by 7AM.



KEEP ISLETA BEAUTIFUL! (505) 869-4106

LETTER FROM THE EDITOR

DEADLINE for March Newsletter articles is set for Wednesday, February 19, 2025, at 4:30 pm. Articles may be dropped off at the Library or emailed to Nathaniel.Lujan@isletapueblo.com. Should you email your article, expect a confirmation email. If you do not receive a confirmation email, odds are it never made it to me and then it's time to panic, so call Nate at 505.869.9808.

People who wish to submit an article or flyer are responsible for generating their own article or flyer. Should you need help, please call the Library at 505.869.9808 and set up a date and time to sit down with a Library staff member who will help you throughout the process. The Library will NOT accept notes dropped off at the Library or information over the phone to generate your article.

PROBATES need to be published in the Newsletter for two consecutive months. Probates are considered court documents, therefore, all submitters must provide: 1) Name of Deceased, 2) Date of Deceased 3) Court Case # and 4) Date of Court Date. A Probate form can be found on the Newsletter Archive page at <http://www.isletapueblo.com/newsletters.html>.

CLASSIFIED ADS: The new administration has requested that the Newsletter start a Classified Ad section for Tribal members selling land, houses, mobile homes, vehicles, and farm equipment. Leasing of houses and mobile homes will be accepted. Smaller items which can be sold at the local flea markets or weekly yard sales will NOT be accepted.

Currently, this service is FREE to Tribal members. Land, houses, and mobile homes must be within the reservation boundaries. Ads must meet the 160 character limit. Ads that exceed the 160 characters will NOT be submitted into the Newsletter. A single picture may be submitted with the ad. Submitters of classified ads are responsible for generating their own ads as this is a FREE service.

As a reminder, Tribal business owners may submit a small flyer at no charge. Like the classified ads, business owners are responsible for generating their own flyers as this is a FREE service.

Classified ads and business flyers will be posted no more than two consecutive months. In the event where the Newsletter may exceed the 24-page limit, classified ads and business flyers will be "bumped" for newsletter articles. Again, this is a FREE service for Tribal members.

The Isleta Newsletter is owned and operated by the Pueblo of Isleta. Therefore, the Governor of the Pueblo of Isleta has the final say of all articles and contents within the Isleta Newsletter.

For additional questions, you may call the Library and speak with Nate or Diane at 505.869.9808.

Thank you,
Nathaniel Lujan

Newsletters may be found at the fifteen distribution locations listed below. Remember, Digital copies of the Newsletter may be obtained from the Newsletter archive at <http://www.isletapueblo.com/newsletters.html>

The fifteen Newsletter distribution locations are:

1. TR 2 & TR 22 - Chical SE of Community Hall
2. TR 10 - Behind the old 47 Sales
3. TR 1 & TR 5 – Ranchitos / Bosque Farms Reservations Line
4. Ranchitos Park
5. Post Office - Big Tree
6. TR 82 & TR 84 - Teller Road
7. TR 78 & TR 82 - Carlos Trujillo Sr.
8. TR 90 @ Y - CF Padilla
9. Mouse Town Park –
10. Health Center – South end of Health Center Parking lot
11. Library Sunlight & Moonlight Intersection
12. TR 6 - 47 Intersection
13. TR 12 - 47 & 147 intersection (Old Smoke & Save)
14. TR 71 & TR 54 @ Y - Holiday Robot / Paved Road / Railroad Tracks
15. TR 45 & TR 40 @ Y - Tata Mel (POI Signage)



PROBATES

IN THE MATTER OF THE ESTATE OF: Case No. CV-PR-0133-2024
Cresencio Anzara

First Notice

TAKE NOTICE that in accordance with notice requirements, a Petition to Probate the Estate of **Cresencio Anzara**, deceased **01/19/1979**, has been filed in the Pueblo of Isleta Tribal Court. Any person claiming an interest in the Estate is hereby advised to notify the Pueblo of Isleta Tribal Court Clerk in writing within thirty (30) days of this notice being posted. Claims must be filed in writing. A hearing in this matter has been scheduled for **TBD** at **TBD** at the Isleta Tribal Court, located at the Tribal Services Complex, 3950 Hwy. 47 SE, Building A, Albuquerque, NM. If you have any questions, please contact the Isleta Tribal Court at (505) 869-9699.

IN THE MATTER OF THE ESTATE OF: Case No. CV-PR-0152-2024
Jose Marcelino Lucero

First Notice

TAKE NOTICE that in accordance with notice requirements, a Petition to Probate the Estate of **Jose Marcelino Lucero**, deceased **03/08/2024**, has been filed in the Pueblo of Isleta Tribal Court. Any person claiming an interest in the Estate is hereby advised to notify the Pueblo of Isleta Tribal Court Clerk in writing within thirty (30) days of this notice being posted. Claims must be filed in writing. A hearing in this matter has been scheduled for **TBD** at **TBD** at the Isleta Tribal Court, located at the Tribal Services Complex, 3950 Hwy. 47 SE, Building A, Albuquerque, NM. If you have any questions, please contact the Isleta Tribal Court at (505) 869-9699.

IN THE MATTER OF THE ESTATE OF: Case No. CV-PR-0154-2024
Ruben Lucero

First Notice

TAKE NOTICE that in accordance with notice requirements, a Petition to Probate the Estate of **Ruben Lucero**, deceased **11/28/2024**, has been filed in the Pueblo of Isleta Tribal Court. Any person claiming an interest in the Estate is hereby advised to notify the Pueblo of Isleta Tribal Court Clerk in writing within thirty (30) days of this notice being posted. Claims must be filed in writing. A hearing in this matter has been scheduled for **TBD** at **TBD** at the Isleta Tribal Court, located at the Tribal Services Complex, 3950 Hwy. 47 SE, Building A, Albuquerque, NM. If you have any questions, please contact the Isleta Tribal Court at (505) 869-9699.

IN THE MATTER OF THE ESTATE OF: Case No. CV-PR-0107-2024
Jose Antonio Lucero

Second Notice

TAKE NOTICE that in accordance with notice requirements, a Petition to Probate the Estate of **Jose Antonio Lucero**, deceased **05/05/2023**, has been filed in the Pueblo of Isleta Tribal Court. Any person claiming an interest in the Estate is hereby advised to notify the Pueblo of Isleta Tribal Court Clerk in writing within thirty (30) days of this notice being posted. Claims must be filed in writing. A hearing in this matter has been scheduled for **Wednesday, January 08, 2025 at 9:00 am** at the Isleta Tribal Court, located at the Tribal Services Complex, 3950 Hwy. 47 SE, Building A, Albuquerque, NM. If you have any questions, please contact the Isleta Tribal Court at (505) 869-9699.

IN THE MATTER OF THE ESTATE OF: Case No. CV-PR-0113-2023
David Michael Jaramillo

Second Notice

TAKE NOTICE that in accordance with notice requirements, a Petition to Probate the Estate of **David Michael Jaramillo**, deceased **05/05/2023**, has been filed in the Pueblo of Isleta Tribal Court. Any person claiming an interest in the Estate is hereby advised to notify the Pueblo of Isleta Tribal Court Clerk in writing within thirty (30) days of this notice being posted. Claims must be filed in writing. A hearing in this matter has been scheduled for **TBD** at **TBD** at the Isleta Tribal Court, located at the Tribal Services Complex, 3950 Hwy. 47 SE, Building A, Albuquerque, NM. If you have any questions, please contact the Isleta Tribal Court at (505) 869-9699.

IN THE MATTER OF THE ESTATE OF: Case No. CV-PR-0128-2024
Mary Louise Pauline Lucero- Ruiz

Second Notice

TAKE NOTICE that in accordance with notice requirements, a Petition to Probate the Estate of **Mary Louise Pauline Lucero-Ruiz**, deceased **11/09/2011**, has been filed in the Pueblo of Isleta Tribal Court. Any person claiming an interest in the Estate is hereby advised to notify the Pueblo of Isleta Tribal Court Clerk in writing within thirty (30) days of this notice being posted. Claims must be filed in writing. A hearing in this matter has been scheduled for **TBD** at **TBD** at the Isleta Tribal Court, located at the Tribal Services Complex, 3950 Hwy. 47 SE, Building A, Albuquerque, NM. If you have any questions, please contact the Isleta Tribal Court at (505) 869-9699.

IN THE MATTER OF THE ESTATE OF: Case No. CV-PR-0130-2024
 Shirley Ann Ashley

Second Notice

TAKE NOTICE that in accordance with notice requirements, a Petition to Probate the Estate of **Shirley Ann Ashley**, deceased **09/10/2024**, has been filed in the Pueblo of Isleta Tribal Court. Any person claiming an interest in the Estate is hereby advised to notify the Pueblo of Isleta Tribal Court Clerk in writing within thirty (30) days of this notice being posted. Claims must be filed in writing. A hearing in this matter has been scheduled for **TBD** at **TBD** at the Isleta Tribal Court, located at the Tribal Services Complex, 3950 Hwy. 47 SE, Building A, Albuquerque, NM. If you have any questions, please contact the Isleta Tribal Court at (505) 869-9699.

PUEBLO OF ISLETA ANIMAL CONTROL
 505-869-3030

Pueblo of Isleta Animal Control is seeking the public's help. If you have been given an Animal Control Animal Trap by former Animal Control Officers and still have it in your possession, please give us a call at 505-869-3030 and tell us.

It would be greatly appreciated.

Thank you, Isleta Animal Control


Pueblo of Isleta Solid Waste
 RECYCLING ART CONTEST

ISLETA PUEBLO STUDENTS
K-12TH GRADE

CAN TURN IN ARTWORK TO THE
POI DEPARTMENT OF EDUCATION
 950 Moonlight Drive SW, Albuquerque, NM 87105

Winners' art will be displayed on a recycling roll off dumpster

Art work will be accepted until February 14, 2025



SANTA FE INDIAN SCHOOL

25-26 APPLICATION CLOSSES
FEB. 1, 2025

GRADES 7-12

CONTACT ADMISSIONS
 WWW.SFIS.K12.NM.US
 505-989-6370




SFCC Environmental Technician Training Program
 CONTINUING EDUCATION & WORKFORCE DEVELOPMENT

FREE INTENSIVE - ENROLL NOW!
 April 14, 2025-May 16, 2025

Earn Environmental Protection Agency Recognized Certifications

- General Hazardous Waste Site Worker (HAZWOPER)
- CPR and First Aid
- Forklift Operator
- OSHA Construction Standards
- Bloodborne Pathogens
- Radiation Safety
- Confined Space Entry and Non-Entry Rescue
- Solid Waste Management
- Hazardous Waste Management (RCRA)
- Phase I and Phase II Environmental Assessments
- Environmental Sampling
- DOT HazMat

Applicants must be 18 years-old, be able to lift 30lbs, and have a GED or high school diploma. Students are required to complete the program with 100% attendance. April 14, 2025-May 16, 2025, 8am-5pm, Monday thru Friday.

For more information call (505) 428-1324 or email candice.mirabal@sfcc.edu



VALLE DE ORO EJ LEADERSHIP TEAM NOW ACCEPTING APPLICATIONS

ENVIRONMENTAL & ECONOMIC JUSTICE COORDINATOR

APPLY NOW

The Valle de Oro Environmental Justice Leadership Team is asking our community to help us find a full-time Coordinator to help guide the continued development and successful implementation of the Valle de Oro NWR Environmental & Economic Justice Strategic Plan.

This position will work closely with a diverse group of partners including our neighbors, grassroots and frontline organizations, local, state and federal government personnel, Tribal Nations and a network of local and national EJ partners. Development of participatory research and community-based projects and activities. Applicants who are bilingual and from the local South Valley area and New Mexico are encouraged to apply.

WE ASK MEMBERS OF OUR COMMUNITY TO HELP US IDENTIFY AND ENCOURAGE LOCAL CANDIDATES TO APPLY FOR THIS POSITION!

POSITION SUMMARY

- ➔ Full-Time - 40hrs/wk
- ➔ -\$45,700/yr
- ➔ March 2025- April 2025
- ➔ Social Justice Values
- ➔ Apply by FEBRUARY 14th

[BIT.LY/EEJ2025APPLY](https://bit.ly/EEJ2025APPLY)

FOR FULL DETAILS & HOW TO APPLY **CLICK OR SCAN**




CONTACT RAGUILAR@CONSERVATIONLEGACY.ORG FOR MORE INFORMATION



Job Postings

Visit us online at <http://www.isleta.com/career-opportunities.aspx>
 Fax: 505-244-8232

FRONT OFFICE SUPERVISOR

Albuquerque, NM \$18.04 /Hour• Non-Exempt
 0205

COSMETOLOGIST

Albuquerque, NM • \$16.14 /Hour• Non-Exempt

Transform looks with expert cosmetology services. Ideal for creative, skilled professionals passionate about beauty and customer satisfaction. Join us!

NAIL TECHNICIAN

Albuquerque, NM \$14.37 | Hour• Non-Exempt

Provide exceptional nail services with a focus on precision and style. Ideal for detail-oriented professionals passionate about nail art and client satisfaction.

GRAPHIC DESIGNER

Albuquerque, NM • \$23.02 /Hour• Non-Exempt

Create stunning visuals and innovative designs. Perfect for creative individuals passionate about transforming ideas into compelling visual content. Join us!

SUPERVISOR F & B

Albuquerque, NM \$18.04 /Hour• Non-Exempt

TABLE GAMES FLOOR SUPERVISOR

Albuquerque, NM \$26.30 | Hour• Non-Exempt

Elevate the gaming experience as a Table Games Floor Supervisor. Monitor, oversee and administer day-to-day operations, ensuring smooth gameplay and exceptional service.

HVACTECH III

Albuquerque, NM \$26.30 | Hour• Non-Exempt

Excel as an HVAC Tech III. Expertly install, maintain, and repair systems, ensuring peak performance and comfort.

HVACTECH II

Albuquerque, NM \$23.02 / Hour• Non-Exempt

Thrive as an HVAC Tech III! Perform essential repair and preventive maintenance on HVAC equipment, ensuring optimal functionality and efficiency.

LAKES GROUNDSKEEPER

Albuquerque, NM \$14.62 /Hour• Non-Exempt

Become a Lakes Groundskeeper! Maintain beautiful landscapes, ensuring the lakeside area remains pristine and welcoming for all visitors.

COOK

Albuquerque, NM \$15.12 / Hour- Non-Exempt

Be a dynamic Cook! Craft delicious meals, maintain kitchen standards, and ensure a delightful dining experience.

REVENUE AUDITOR II

Albuquerque, NM \$20.31 /Hour• Non-Exempt

Excel as a Revenue Auditor! Conduct level one and two audits, ensuring precision and integrity in our financial operations.

SLOTS FLOOR TECHNICIAN

Albuquerque, NM \$20.31 / Hour• Non-Exempt

Be a Slot Floor Technician! Maintain and troubleshoot slots machines daily, ensuring smooth operations and top-notch gaming experiences.

CHIEF EXECUTIVE OFFICER

Albuquerque, NM • Exempt

Join us as CEO to lead innovation, drive growth, and shape the future of our dynamic, impactful organization.

BARTENDER

Albuquerque, NM \$10.50 | Hour• Non-Exempt

Shine as a Bartender! Mix and serve both alcoholic and non-alcoholic drinks while maintaining a clean and inviting beverage area.

IRRIGATION TECHNICIAN

Albuquerque, NM \$18.04 /Hour• Non-Exempt

Become an Irrigation Technician and play a key role in keeping our golf course greens pristine and ensure efficient irrigation systems.

NETWORK ADMINISTRATOR

Albuquerque, NM \$72172.03 /Year• Exempt

Join us as a network administrator to ensure network security, configure and support firewalls, and ensure overall data security

HDCT

Albuquerque, NM \$15.12 /Hour• Non-Exempt

Ensure cleanliness and safety in various settings, with opportunities for growth and making a positive impact daily

PLAYERS CLUB SUPERVISOR

Albuquerque, NM \$20.31 / Hour• Non-Exempt

Lead as a Players Club Supervisor! Support the Assistant Manager, execute club operations, and manager box office responsibilities, promotions, and events.

PLAYERS CLUB REPRESENTATIVE

Albuquerque, NM \$14.87 | Hour• Non-Exempt

Shine as a Players Club Representative! Greet and delight guests, support exciting promotions, special events, and top-notch entertainment.

ADMINISTRATIVE ASSISTANT III

Albuquerque, NM \$21.55 /Hour• Non-Exempt
 0780

Goodwill

Goodwill Goodjobs! Serving Albuquerque south valley/ Isleta Pueblo, and Valencia County

We offer individual free assistance with job search, interview skills, and resume assistance.

Contact : Vicki Herring
 Career Specialist at
 505-944-0289

Vicki Herring
Career Specialist

Goodwill Industries of New Mexico



vherring@goodwillnm.org
 505-944-0289 or 505-881-6401 x4097
 201 Desert Willow Rd, Los Lunas, NM 87031
www.Goodwillit.org

DEPARTMENT OF NATURAL RESOURCES

The Department of Natural Resources has a new addition to its fleet with the help of Legal, Council, Governors, and Treasury. All departments worked together to acquire a new 2024 brush truck from Midwest Fire. Funding for this purchase came from the BIA Mismanagement Funds. This money was ear tagged in 2017 after the Dog Head Fire, no Pueblo of Isleta Funds were used. We plan on utilizing the brush truck for fire suppression and prescribe fire within the Pueblo boundaries, statewide, and nationally. The need for this brush truck is one of the Pueblo's highest priorities to ensure safety to our community/tribal members, natural and cultural resources.



Pueblo of Isleta Career Opportunities

ANIMAL CONTROL OFFICER	Police Department	Open Until Filled
ARCHIVIST	Cultural & Historic Preservation	Open Until Filled
ASSISTANT PUBLIC DEFENDER	Public Defender	Open Until Filled
ASSOCIATE GENERAL COUNSEL I	Legal	Open Until Filled
ASSOCIATE JUDGE	Tribal Courts	Open Until Filled
CAREGIVER	Assisted Living Facility	Open Until Filled
CLINICAL THERAPIST	Health Services	Open Until Filled
COOK I	Elder Center	Open Until Filled
COOK I	Head Start	Open Until Filled
CUSTODIAN	Public Works	Open Until Filled
DIRECTOR, HUMAN RESOURCES	Human Resources	Open Until Filled
EMT BASIC (3 Positions)	Health Services	Open Until Filled
EMT INTERMEDIATE (2Positions)	Health Services	Open Until Filled
FIRE CADET	Fire Department	01/24/2025
GROUNDS MAINTENANCE WORKER	Public Works	Open Until Filled
HOME CARE ATTENDANT	Elder Center	Open Until Filled
IRRIGATION TECH	Agricultural Division	Open Until Filled
IRRIGATION & LANDSCAPE TECHNICIAN	Parks & Recreation	Open Until Filled
LIFEGUARD	Parks & Recreation	Open Until Filled
LIFEGUARD ASSISTANT	Parks & Recreation	Open Until Filled
MAINTENANCE TECHNICIAN I, II or III	Public Works	Open Until Filled
NURSE PRACTITIONER	Health Services	Open Until Filled
PARKS MAINTENANCE WORKER	Parks & Recreation	Open Until Filled
PATIENT REGISTRATION CLERK	Health Services	Open Until Filled
PERSONAL CARE SERVICE AIDE	Elder Center	Open Until Filled
PHYSICAL THERAPIST	Health Services	Open Until Filled
PLUMBER	Public Works	Open Until Filled
POLICE DEPARTMENT OFFICE SUPERVISOR	Police Department	Open Until Filled
POLICE LIEUTENANT	Police Department	Open Until Filled
POLICE OFFICER I	Police Department	Open Until Filled
POLICE OFFICER II	Police Department	Open Until Filled
PUBLIC SAFETY AIDE	Police Department	Open Until Filled
RANGELAND DATA MONITOR	Natural Resources	Open Until Filled
SECURITY OFFICER	Police Department	Open Until Filled
STATE-TRIBAL IFPA COORDINATOR	Social Services	Open Until Filled
TRANSPORTATION ENGINEER	Transportation Services	Open Until Filled
TRIBAL HISTORIC PRESERVATION TECHNICIAN	Cultural & Historical Preservation	Open Until Filled
TUTOR II	Department of Education	Open Until Filled
UTILITY WORKER	Public Works	Open Until Filled
VETERAN SUPPORT SERVICE MEMBER	Elder Center	Open Until Filled -WITHIN
WATER/WWTP OPERATOR I-IV	Public Works	Open Until Filled

PUBLIC WORKS DEPARTMENT

IT'S COLD OUT THERE

Colder temperatures are here. Time to protect your plumbing from the freezing temperatures. Sewer piping can freeze – especially underneath a modular home. Take time now to check your piping – both water and sewer lines. Any exposed water or sewer pipe should be protected with heat tape, insulation or other means to help prevent the pipes from freezing. If you have a modular home, please ensure the skirting is in good condition and if there is no skirting, do what you can to protect the underside of the home from the cold.

Swamp coolers should be properly winterized. The water supply line should be removed from the spigot or frost free and drained. Frost frees should not be left in the open position; remove any hoses from the frost free and close the frost free. When left open, the frost free cannot drain the water that is inside the unit. The frost free is designed to drain itself when the handle is put in the closed position, which should prevent freezing.

Check the toilets in your home for leaks. A faulty flapper unit will allow water to continually flow through the toilet and right down the drain. If the home is on a septic system, the excessive water will saturate the leach field causing it to fail. If your home is on the main sewer service, the treatment facility will have to “clean” up the wasted water.

Check all the fixtures for leaks. Leaking showers, tubs or sinks will waste water as well as a toilet. Make repairs to leaking fixtures to conserve water, which is a precious resource. If you need help making repairs, contact Housing at 505-869-4153. Public Works no longer has funding available to assist Tribal Members with repairs or calls for services such as sewer backups, water leaks on your service line or inside the home.

Homeowners should know where the main shut off is to their residence. Most homes have a main interior shut off valve and everyone in the home should know where it is located at. In the event of a water leak inside the home, shutting off the water quickly will prevent additional damage from occurring. Toilets and sinks should have isolation valves going directly to the fixture. Have you ever tested these isolation valves to ensure they work? It is much more convenient to shut off the fixture's isolation valve and not the entire home to make repairs.

Each residence should also have an exterior water shut-off. Locating this shut-off can be challenging. Housing employees may not know exactly where the shut-off's location is for every property on the Pueblo. Locating your exterior shut-off should be done now while it is not an emergency situation. Placing a marker of some type near the shut-off will save time in the event you do have an emergency and need the water shut-off as soon as possible. It takes time for a crew to be dispatched to assist you, especially after normal working hours. The employees need to get to the yard to get a work truck, drive to your location and then begin searching for the shut-off device. All of which takes time. Meanwhile, water could be leaking inside your home causing additional damage.

Be prepared and protect your piping from the cold. Check the isolation valves at each fixture; and know how to turn off your water in an emergency. Locate and mark your exterior water shut-off, keeping in mind there could be snow on the ground.

If you have any questions, please call the Public Works office at 505-869-5170.

PARKS & RECREATION DEPARTMENT

Happy February! Are all of you ready for Valentine's Day? If you're not you better get ready before that special day is here and it's too late, we wouldn't want our significant other being upset with us because we forgot lol!

Things are going well with us here in the Parks & Recreation Department. Here's a brief overview. In the Fitness Section lots of new people are working on their New Year's Resolutions and we hope that they keep working on them all year long. We are also starting some new classes this year and right now our Zumba class seems to be a hit so far. Contact the center to find out more about our fitness classes.

Our Recreation Section is busy and numbers continue to rise. This year we started picking up participants from the schools, again thanks to the new vans that we purchased. Being able to pick up the children from school has really helped boost our afterschool recreation program numbers. We are also working on our summer recreation program information as well as spring break, so keep your eyes open for information on those programs.

The Sports Section is involved with the tribal youth basketball league which has been dormant since covid. It's good to see this starting up again, most games will take place on Fridays and Saturdays. If you get a chance stop in and watch a game or two.

The Aquatics Section is hosting more swimmers daily, they are still having swim lessons for anyone (youth or adults) interested in learning to swim. We're still looking to hire Lifeguards, so if you're interested in becoming or if you know someone interested in becoming a Lifeguard, please contact the recreation center.

Our Parks Maintenance Section just continues to brave the elements. They are out there daily making sure all our Parks & Recreation grounds, parks and facilities continue to look good and are well maintained. This crew never complains, they just take care of business no matter what.

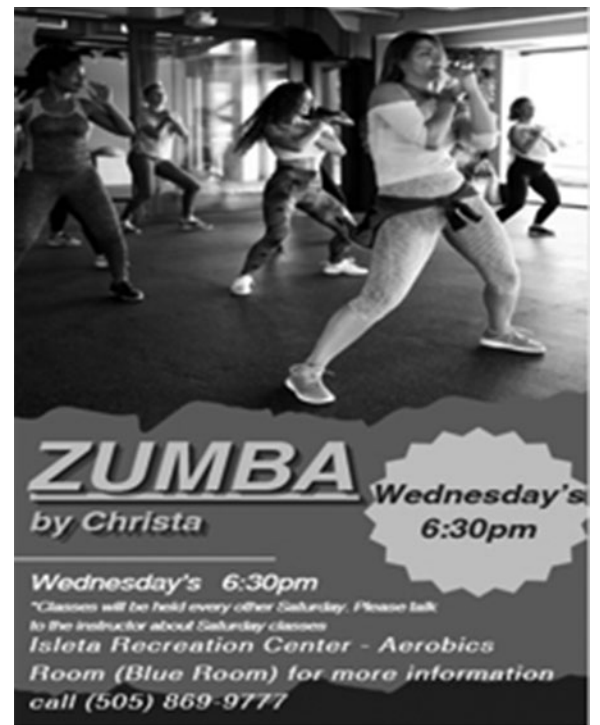
If you want more information about our department and anything we have going on, please feel free to contact us at (505) 869-9777.

FITNESS SECTION

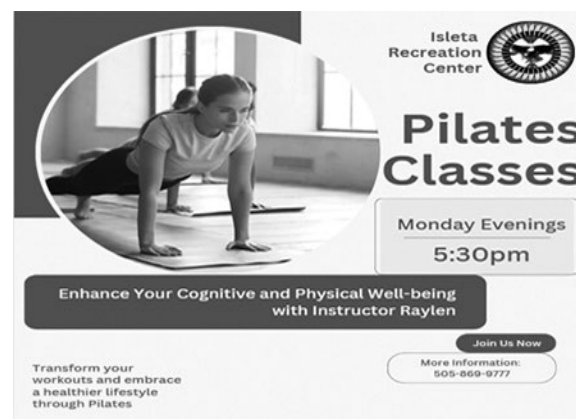
Have you started your New Years Journey yet? Isleta Recreation Center is here to assist you with your venture. Talk to one of our trainers for personal training sessions or maybe you don't need much help, you just need some tips and pointers. Either way, we are here for you. This year has started off on the right track, we have seen some new faces that never knew what the Recreation Center had to offer. So, if you are curious of what is new and exciting, please come in and see what all the talk is about. Our classes have been very popular and beneficial. You asked for Yoga, it's here along with Pilates, Water Aerobics, Spinning and now Zumba. Please view our flyers for more information and call the Recreation Center to speak with the fitness staff.



SPINNING CLASS
 TUESDAY'S & THURSDAY'S
 5:30 PM
 ISLETA RECREATION CENTER
 WITH CERTIFIED SPIN INSTRUCTOR CHRISTA
 MORE INFORMATION
 505-869-9777




ZUMBA Wednesday's
 by Christa 6:30pm
 Wednesday's 6:30pm
 *Classes will be held every other Saturday. Please talk to the instructor about Saturday classes
 Isleta Recreation Center - Aerobics Room (Blue Room) for more information call (505) 869-9777



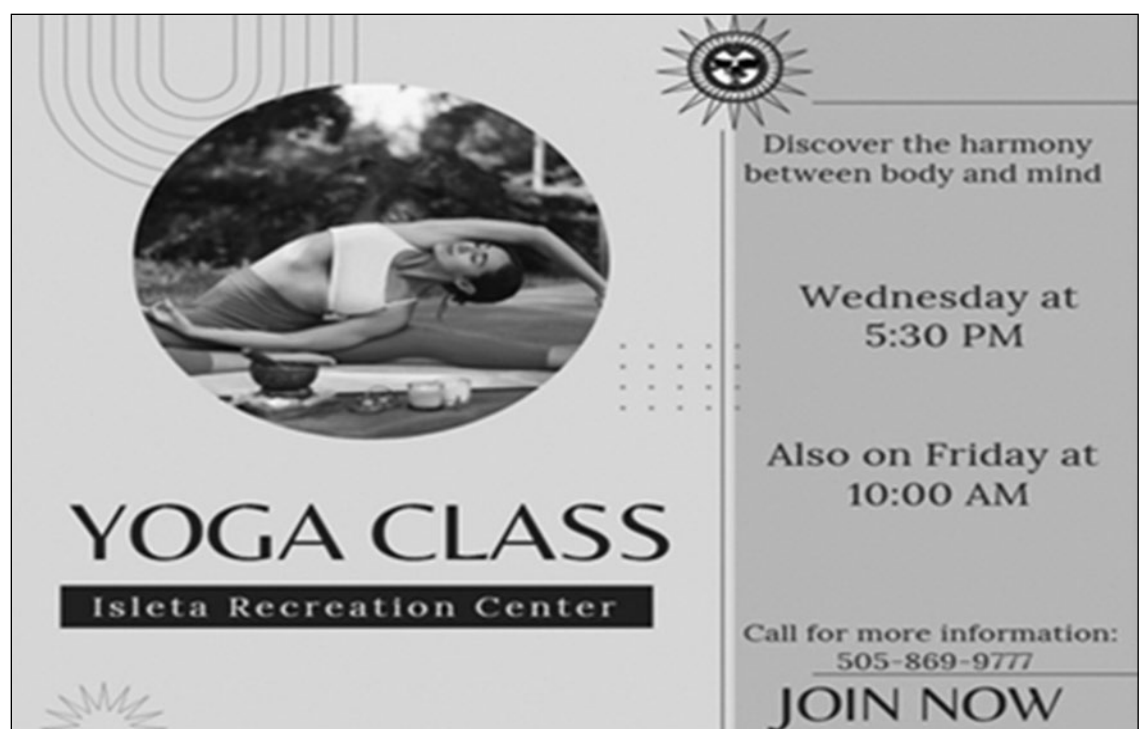
Isleta Recreation Center
Pilates Classes
 Monday Evenings
 5:30pm
 Enhance Your Cognitive and Physical Well-being with Instructor Raylen
 Join Us Now
 More Information: 505-869-9777
 Transform your workouts and embrace a healthier lifestyle through Pilates



AFTER WORK WATER AEROBICS
 Looking for a fun and low-impact way to stay fit and healthy? Look no further than water aerobics!
 Please join us and make a splash! Beginners welcome. Classes are well paced and instructed by a Certified Instructor.
 Monday's & Wednesday's 5:30pm
 Contact Us 505-869-9777



WATER AEROBICS
 Classes held every
Monday & Wednesday at 11am
 Looking for a fun and low-impact way to stay fit and healthy? Look no further than water aerobics!
 Our experienced instructors are dedicated to helping you achieve your Aqua fitness goals. For more information call Isleta Recreation Center at (505)869-9777
Monday's - 11am
Wednesday's - 11am



Discover the harmony between body and mind
Wednesday at 5:30 PM
Also on Friday at 10:00 AM
YOGA CLASS
 Isleta Recreation Center
 Call for more information: 505-869-9777
JOIN NOW

SPORTS SECTION

Happy February Everyone! We are very excited to announce that the Rec in collaboration with the Isleta Elementary has started the Pueblo Youth Basketball League for this year. The teams that are in the League this year are Laguna, Jemez, Zia, San Felipe, Santo Domingo, and Jemez Riverside. Games are being held on Friday nights from 5pm – 6:30 pm and on Saturday mornings at 10 am - 11:30am, please come by and support our kids and watch some good youth Basketball. The age groups for this year are 3rd and 4th grade girls and boys, and also 5th and 6th grade girls and boys. This year the coaches are Coach George Waquie, Officer Ricky, and Coach Kyle Wade.



The first game was held on Saturday, January 25th, 2025 and we played Jemez Riverside. There is a slight fee to watch the games and there will also be concessions being sold as well. Please keep in mind that all proceeds help support our children in our programs.



Also keep your eyes open for the upcoming Bernie Jojola Memorial Run and Walk we are currently in the planning stage for this upcoming run as well. For more information on these activities or any of our sports activities, please feel free to contact the recreation center.

RECREATION SECTION

Summer Recreation Program Information to Remember – We will be accepting summer recreation program lottery forms from April 1st, 2025 through April 30th, 2025. You can enter your child into the lottery drawing at the New Isleta Recreation Summer Program. Like every summer we

will have limited slots on all age groups. The summer program will be filled with lots of fun activities such as swimming, fitness time, basketball, science, cooking, bike riding, arts & crafts, fieldtrips and much more. Summer Recreation program dates are tentatively set from June 2nd – to July 25th, 2025. For more information, contact Isleta Recreation Center at 505-869-9777.



BERNIE JOJOLA

MEMORIAL Challenge

Fun Walk & Run

Saturday, APRIL 12, 2025

On Site Registration Begins at 8 AM

•Walk/Run Starts at 9 AM

Location: BIG MAMA HILL (Isleta) Tribal Road 10

For more information please call: (505) 869-9777

Pick-up Registration forms at New Recreation Center

Must pre-register by APRIL 04, 2025

Be My Valentine

FNQMLHNZHT TDRQPXWHWS
 ECUROCOSRAVZMRMDIGCSI
 BLSNTYSATTPASAUPHERFOG
 RREEDNEYXEHPLCRISTCGHF
 UYJNSHTXKIEUYEJNDQWSSI
 ALAHTOFYBAAWXXNKNFTWCO
 RCOERLRVWJRKSJITFBOHT
 YHEVOCUPIDTCISUMIVORM
 OWNWEKMOONLIGHTGRNERTS
 SNELACEAHWZFFAZEFDEAXL
 TRAGPADLSTQZIRBOHWQVKY
 STPYGNMECNAMORAENMKIBX

ARRON
 CANDY
 CARD
 CUPID
 FEBRUARY
 FLOWERS
 FRIENDSHIP
 GIFT
 HAPPY
 HEART
 HONEY

LACE
 LOVE
 MOONLIGHT
 MUSIC
 PINK
 RED
 ROMANCE
 ROSES
 SWEETHEART
 SWEETS
 VALENTINE

Child Safety Seat Checks offered at the Isleta Health Center

Learn how to properly install your Child's Safety Seat

CALL 505-869-4479 to Schedule an Appointment.

Child and Car Seat must be Present.

Department of Education

Student Success Week – January 21st – 24th, 2025

We would like to extend a heartfelt thank you to all the students and parents who joined us for the POI Department of Education’s Student Success Week. It was truly a pleasure to see so many of you engaged and committed to your educational journey. Your participation and enthusiasm made the event a success, and we hope it served as an inspiration for continued growth and achievement. To the students, we encourage you to keep up the great work, stay motivated, and always strive to do your best in school. We look forward to supporting your success every step of the way!

The POI Department of Education is committed to supporting our community by providing valuable resources to help students achieve their academic goals. We understand the financial challenges that come with pursuing higher education, and we are here to assist in making scholarships more accessible. Please refer to the attached flyer for a list of available scholarships and helpful links to guide you through the application process. Don’t miss out on these opportunities to ease the financial burden of education!

Explora Family Night!

The Department of Education is hosting a Explora Family Night, a fun-filled, hands-on event designed to engage visitors of all ages in interactive learning experiences. Families can explore a variety of exhibits that cover science, technology, engineering, art, and math, encouraging creativity and curiosity. The museum often offers special themed activities, workshops, and demonstrations, allowing families to work together on exciting projects or experiments. With a welcoming atmosphere, Family Night is the perfect opportunity for parents and children to bond while discovering the wonders of science and innovation. Whether it’s experimenting with new gadgets, solving puzzles, or creating art, every corner of the museum is packed with opportunities for exploration and fun. All ages are welcomed, there will be ribbon lei-making for upcoming graduates and more! Hope to see you there!





NATIONAL WILDLIFE REFUGE SYSTEM

Nature Kids

Ages 7-10

Friday, January 10th
Saturday, February 15th
10:00am to 11:30am

- ✓ Seasonal storytelling
- ✓ Outdoor explorations
- ✓ Crafts
- ✓ Fun activities



FREE

Join us!

Valle de Oro National Wildlife Refuge
7851 2nd St. SW
Albuquerque, NM 87105



Intern/Scholarship Opportunities

HIGH SCHOOL STUDENTS:

- **Native Youth Climate Adaptation Leadership Congress (Congress)**
2025 NYCALC DATES: June 21 - 26, 2025
Due Date for Applications: February 28, 2025
<https://www.nycalc.org/apply>

INTERNSHIP OPPORTUNITIES:

- **Crow Canyon Archaeological Center**
Open to undergraduate and graduate students in archaeology, anthropology, education, and related fields.
 - Session 1 is May 11 - July 18, with internship positions for the lab, field, zooarchaeology, and education.
 - Session 2 is July 27 - October 3, with internship positions for the lab and field.**Due Date for Applications: March 3, 2025**
https://crowcanyon.org/internships/?mc_cid=4e979c2e1a&mc_eid=e16c3ba9f6

SCHOLARSHIP OPPORTUNITIES:

- **American Indian College Fund**
The American Indian College Fund provides scholarships to American Indian and Alaska Native college students who are enrolled in certificate, undergraduate, or graduate programs at tribal colleges and universities, or nonprofit, accredited schools.
<https://collegefund.org/students/scholarships/>
- **Cobell Scholarship**
The 2025/ 2026 Undergraduate and Graduate Cobell Scholarship applications are now available December 15, 2024 to March 31, 2025.
<https://cobellscholar.org/>
- **AISES Advancing Indigenous People in STEM**
Scholarship Deadline: April 30, 2025
<https://aises.org/scholarships/#apply>
- **IHS Scholarship Program**
Scholarship Deadline: February 28, 2025 7PM EST.
<https://aises.org/scholarships/#apply>

IHS Scholarship Program (Cont.)
IHS Scholarship Program to Host Informational Webinar on January 22, 2025.

The IHS Scholarship Program will host an informational webinar on Wednesday, January 22, 2025, at 2 PM EST to help students, parents, and other interested parties prepare applications for scholarship support for the 2025–2026 academic year. The webinar will also provide updates and general information about the program.

This 1-hour session will be led by CAPT Michael L. Bartholomew, Deputy Director of the Division of Health Professions Support at IHS, and will include a Q&A segment. During the webinar, CAPT Bartholomew will introduce CDR Theodore Garnett, the new IHS Scholarship Program Branch Chief, who joined the Scholarship Branch in December 2024. CDR Garnett will serve as the point of contact for all programmatic issues and decisions related to the Scholarship Program going forward.

The webinar will be hosted via Zoom, with access details provided below. Registration is not required. A recording will also be available on the IHS website for later viewing.

2025-2026 IHS SCHOLARSHIP PROGRAM (IHSP) ELIGIBLE DEGREE PROGRAMS+			
Scholarship 103 Programs	Degree Programs	American Indian/Alaska Native*	Service Commitment
Preparatory	Pre-Nursing** Substance level Prerequisite courses leading to a Bachelor of Science degree in Nursing	Descendants and members of federally or state-recognized Tribes are eligible.	None
	Pre-Pharmacy**		
Leading to a Bachelor of Science degree	Pre-Physical Therapy	Descendants and members of federally or state-recognized Tribes are eligible.	None
	Pre-Physician Assistant** Post-Baccalaureate-Medical/Dental		
Pre-Graduate	Pre-Medicine Leading to a Bachelor of Science degree	Descendants and members of federally or state-recognized Tribes are eligible.	None
	Pre-Dentistry Leading to a Bachelor of Science degree		
Scholarship 104 Programs	Degree Programs	American Indian/Alaska Native*	Service Commitment
Health Professions Associate, Bachelor, Master, and Doctoral Programs	Must be enrolled in the program by August 1, 2025. Associate Degree Programs	Members of federally recognized Tribes are eligible.	Minimum two years of service commitment in an IHSP-approved position at an IHSP-approved site. One year of service per year of support for scholarship received, thereafter.
	Nursing (accredited ADN program leading to RNCEX entry)		
	Dental Therapy (must be CODA accredited)		
	Diagnostic Radiology Bachelor Degree Programs		
	Pharmacy		
	Environmental Health		
	Engineering (Civil or Environmental – Accreditation Board for Engineering and Technology)		
	Master Degree Programs		
	Nurse Midwifery		
	Social Work (LCSW)		
Occupational Therapy	Clinical Laboratory Scientist	*Upon request, you must submit American Indian/Alaska Native documentation.	Please note that some jobs may be limited to certain geographic areas within the Indian Health Service. For questions about potential service obligation sites, please contact ihrcv@ihs.gov.
	Diagnostic Radiology		
	Nurse Practitioner		
	Physician Assistant		
	Mental Health Counseling		
	Dental Therapy (must be CODA accredited)		
	Doctoral Degree Programs		
	Clinical Psychology		
	Dentistry		
	Pharmacy		
Physician, Allopathy			
Physician, Osteopathy			
Physical Therapy			
Podiatry			

JOIN ZOOMGOV MEETING
 Meeting ID: 161 663 8713
 Passcode: 150142
 Zoom Meeting Link Click Here

IF YOU HAVE ANY QUESTIONS PLEASE CONTACT THE DOE OFFICE AT (505) 869-9790

CONGRATULATIONS TO ELEAHA SANGRE (Phahula)

who is currently a senior at Los Lunas High School. She recently completed her fourth year as a member of the Los Lunas High School Girls Varsity Soccer Team. Eleaha finished her senior year named to the following: New Mexico All-State 2nd Team, New Mexico High School Coaches Association All-Star Team, and District 5A Player of the Year. As a senior playing the Striker/Forward position, Eleaha finished with a total of 31 goals, and a high school career of 60 goals. She achieved the distinction of Player of the Game a total of six times over the course of high school play.



Eleaha has been playing soccer since she was seven years old, starting with the Strawberries U6 Team from Los Lunas. She has played club soccer every year since then and is currently a member of the U19 NM Atletico Girls Soccer Team, while also playing with the Los Lunas Tigers. While in Club Soccer, she has played not only in the New Mexico area, but has traveled numerous times to Durango, Phoenix, Denver, San Diego, and Dallas. She also plans to attend an upcoming competition in Austin, TX. Eleaha also traveled with the NM Atletico Girls Soccer team to play in Madrid, Spain and Honolulu, Hawaii.

Eleaha is the daughter of Casey Sangre and the late Michelle “Fee-Bee” Lujan. She lives with her Chee-ee, Patty Jojola and her sister, Elianna, who are her biggest fans and cheerleaders. Eleaha’s older brother, Elijah, and her extended family have also supported her throughout the years, attending games and cheering her on. Eleaha is to be commended for her hard work, determination and dedication to the past ten years of soccer.

Sponsored by the Pueblo of Isleta Department of Education

2025

EXPLORA FAMILY NIGHT

All Ages Welcomed!
 Interactive exhibits & activities for the whole family!
 Ribbon Lei-making for graduates, and more...

Friday, March 7th
 5:00pm - 7:30pm

Register Here!

Explora Science Center
 1701 Mountain Rd NW
 Albuquerque, NM 87104

For more information or questions please call 505.869.9790

VALLE DE ORO NATIONAL WILDLIFE REFUGE
 7851 2nd Street SW, Albuquerque, NM 87105

Junior Duck Stamp Art Contest

Deadline: March 15, 2025

Learn about waterfowl and show off your art skills for a chance to win cool prizes!
 Open to K-12th grade students.

505-248-6867 @ brittany_chavarria@fws.gov www.fws.gov/refuge/valle-de-oro

Drop-off your artwork to the visitor center by 4pm or mail-in by midnight.

For more details and the full list of contest rules, scan the QR code with your phone's camera.

NATIONAL WILDLIFE REFUGE SYSTEM FRIENDS OF VALLE DE ORO



AT A GLANCE

- Principal Message
- Light Parade
- Second Quarter Awards
- Ms. Mexicano
- Class News
- Join our Team

Principal Message

Dear Isleta Learning Community,

We had great first half of the year with the academic/community events like the science fair, Feast Day, and school float at the Isleta Light Parade, all testaments to our dedicated staff and families. It's great to see everyone back as we embark on the second half of the school year. This month, staff have engaged in conducting a progress check on our school goals and activities and in receiving training in the Beyond Textbooks framework and resources. In addition, the leadership team continues to meet to plan school events and activities. For January, we look forward to the Math Night with help of the Sandia Labs on Jan. 22 from 5-6 p.m. at the cafeteria and awards assembly on Jan. 23 from 1:30-2:30 p.m. at the gym. We hope to see you at these events.

Warmest regards,

Dr. Tamara Allison

Isleta Health Center Christmas Light Parade

On December 20th, Isleta Elementary joined in on the fun with the Isleta Health Center and the many other Pueblo of Isleta programs during the Christmas light parade. Thank you to all who participated and we look forward to the next one!



Welcome Back Ms. Mexicano!



First of all, I would like to thank everyone (co-workers, parents, administration) and especially the kids for the get well cards, wishes and prayers. I am happy to be back to continue my job here at Isleta Elementary. This semester I will be teaching Social Studies to the 3rd through 6th grade students. The third grade class will be working on Community Changes, fourth grade will be working on Pre-Columbian People, fifth grade students will work on the Declaration of Independence, while the sixth grade class will work on Archaeology. I am looking forward to working with this group!




Ms. Mexicano

Second Quarter Awards

On January 23rd, we held our second quarter awards assembly. We recognized many students with extraordinary accomplishments in their academics as well as perfect attendance. Keep up the good work!



Perfect Attendance	"A" Honor Roll
<p>1st Grade</p> <p>Isalah Brown</p> <p>Raelynn Brown</p> <p>2nd Grade</p> <p>Mason Davie</p> <p>Aaron Tewaheftewa</p> <p>Amora Lujan</p> <p>3rd & 4th Grade</p> <p>Brayden Flores</p> <p>Rowdy Olguin</p> <p>5th Grade</p> <p>Marita Brown</p> <p>Madalynn Minns</p> <p>Love Otero</p> <p>6th Grade</p> <p>Julian Brown</p> <p>Demaris Garcia</p>	<p>2nd Grade</p> <p>Aaron Tewaheftewa</p> <p>Marisa Jojola</p> <p>Mariannah Lucero</p> <p>Amora Lujan</p> <p>Abriella Olguin</p> <p>6th Grade</p> <p>Julian Brown</p> <p>Demaris Garcia</p> 
SOAR Awards	"A & B" Honor Roll
<p>1st Grade</p> <p>Mason Abeita</p> <p>Azelia Melchor</p> <p>Harley Padilla</p> <p>Memphis Salvador</p> <p>2nd Grade</p> <p>Aaron Tewaheftewa</p> <p>Mariannah Lucero</p> <p>3rd & 4th Grade</p> <p>Brayden Flores</p> <p>Amias Abeita</p> <p>6th Grade</p> <p>Josiah Francis</p> <p>Kyilah Rose Jojola</p>	<p>1st Grade</p> <p>Mason Abeita</p> <p>Jerrilynn Abeita</p> <p>2nd Grade</p> <p>Mason Davie</p> <p>Jayleen Benavidez</p> <p>Madielynn Garcia</p> <p>Trinity Koenig</p> <p>Jaxon Trujillo</p> <p>Edward Abeita</p> <p>3rd & 4th Grade</p> <p>Brayden Flores</p> <p>Rowdy Olguin</p> <p>Miquala Silva</p> <p>Amias Abeita</p> <p>Eulalia Kasero</p> <p>Faith Lucero</p> <p>5th Grade</p> <p>Jordynn Edaakie</p> <p>Jonah Jojola</p> <p>Skye Lilly</p> <p>Love Otero</p> <p>6th Grade</p> <p>Cree Sam</p>
Academic Excellence	
<p>Kindergarten</p> <p>Violette Melchor</p> <p>Nathan Montoya</p> <p>Sebastian Torrez</p>	



Get Involved!

We are always needing volunteers!



For questions on how you can help, contact the front office @ 505-273-8444. Below is a list of opportunities.

- Become a member of the Parent/Teacher Organization (PTO)
- Attend a School Board Meeting
- Apply to be a volunteer
- View our current job openings: <https://www.bie.edu/current-vacancies>.

1st Grade News



Hello from 1st Grade!

Lots of great things going on in our class. The students are working hard, learning lots and growing every day! 🌱

December was a very busy month for the class. They have been practicing their reading, writing and fractions in math (whole, halves and fourth fractions.) They also did a science unit on reindeer, which they loved!

As we celebrated the winter holidays, our students got a chance to make ornaments for their families, do a small gift exchange in our class and have a movie day, pajama party before winter break.

We are so happy for the new year and coming back together as our little classroom family. We are looking forward to see what the new years brings and all the new adventures in store for us.

Mrs. Pilon

February Reminders



Daily Schedule:

7:45 AM Student Drop Off	8:00 AM Breakfast	8:30 AM Tardy (3 Tardies=1 Absent)	3:00 PM Dismissal 12:30 PM Early Release
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Dates to remember:

- Feb. 7th - Sports Day
- Feb. 14th - Valentine's Day Dance
- Feb. 14th - Early Release @ 12:30pm
- Feb. 17th - NO School (Holiday)
- Feb. 27th & 28th - Parent/Teacher Conferences - EARLY Release @ 12:30pm

ADVENTURE AWAITS

NATURE TOTS

Ages 3-6

Valle de Oro National Wildlife Refuge
7851 2nd St. SW. ABQ, NM 87105

Join a refuge ranger for a seasonal story, craft time, and introductory nature explorations!

First Fridays of every month:

January 3rd February 7th March 7th

10:00am to 11:30am MST

2025 February

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
26	27	28	29	30	31	01
02	03	04	05	06	07 Sports Day- wear your favorite sports team apparel	08
09	10	11	12	13	14 <i>Valentine's Day</i> Activities/Dance: 9:00-11:00am Early Release @ 12:30 pm	15
16	17 <i>HAPPY Presidents Day</i> President's Day - NO School	18	19	20	21	22
23	24	25	26	27 Early Release @ 12:30pm Parent/Teacher Conference	28 Early Release @ 12:30pm Parent/Teacher Conference	01
02	03	Notes:				

BREAKFAST

FEBRUARY 2025

Isleta Elementary School

Isleta Elementary School
1000 Moonlight Dr
505.273.8444

Monday	Tuesday	Wednesday	Thursday	Friday
Cocoa Puffs 3 Strawberries Dino Bite Cracker Choice of Milk	Blueberry Pancakes 4 Apple Wedges Syrup Choice of Milk	Combo Bars 5 Chocolate Graham Crackers Orange Wedges Choice of Milk	Ham & Eggs 6 Tortilla WG Blueberries Choice of Milk	Egg Sandwich 7 Peaches Choice of Milk
Cinnamon Toasters 10 Apples Choice of Milk	Overnight Oats 11 Banana Choice of Milk	Biscuit and Sausage 12 Sandwich Mandarin Oranges Choice of Milk	WW Toast 13 Turkey Sausage Peaches & Strawberries Choice of Milk	Waffles 14 Syrup Applesauce Choice of Milk
No School 17 Presidents Day!	Biscuit and Gravy 18 Pears Choice of Milk	Honey Nut Cheerios 19 Grapes Choice of Milk	French Toast 20 Syrup Kiwi Fruit Choice of Milk	Pancake Sausage 21 Animal Crackers Oranges Choice of Milk
Frosted Flakes 24 English Muffin Apples Choice of Milk	Breakfast Burrito 25 Banana Choice of Milk	Bagel 26 Cream Cheese Cherries Choice of Milk	Yogurt 27 Strawberries Graham Crackers Choice of Milk	Cinnamon Roll 28 Fruit Cup Choice of Milk

This is an equal opportunity institution

Food Menu subject to change due to food availability

LUNCH

FEBRUARY 2025

Isleta Elementary School

Isleta Elementary School
1000 Moonlight Dr
505.273.8444

Monday	Tuesday	Wednesday	Thursday	Friday
Orange Chicken 3 Steamed Rice California Vegetable Pineapples Choice of Milk	Beef Stew 4 Broccoli Rolls Oranges Choice of Milk	Beef Taco 5 Pinto Beans Salsa w/Tortilla Chips Strawberries Choice of Milk	Grilled Cheese 6 Tomato Soup Celery Sticks Apples Choice of Milk	Baked Chicken 7 Mashed Potato Broccoli Grapes Choice of Milk
Braised Beef 10 Mashed Potatoes Green beans Blueberries Choice of Milk	Posole 11 Tortilla Corn on Cob Choice of Milk	Meatloaf 12 Mashed Potatoes Broccoli Apples Choice of Milk	Chili Con Carne 13 Cornbread Garden Salad Fruit salad Choice of Milk	Turkey Croissant 14 Broccoli Salad Strawberries Goldfish Choice of Milk
No School 17 Presidents Day!	Spaghetti 18 Garlic Toast Salad w/Ranch Green beans Choice of Milk	Hamburger 19 Garnish French Fries Apples Choice of Milk	Teriyaki Chicken 20 Vegetable Chow Mein Melon Fortune Cookie Choice of Milk	Chef Salad 21 Ranch dressing Dinner Roll Sidekick Choice of Milk
Pepperoni Pizza 24 Broccoli Baby Carrots Tropical Salad Choice of Milk	Beef Hotdog 25 Baked Beans Onion Ring WG Grapes Choice of Milk	Chicken Nugget 26 BBQ Sauce Potato Twist Applesauce Choice of Milk	Beef Nacho 27 Salsa & Guacamole Strawberries Choice of Milk	Bean Burrito 28 Spanish Rice Corn Fruit Cocktail Choice of Milk

This is an equal opportunity institution

Food Menu subject to change due to food availability

OPEN CALL FOR WINTER STORYTELLERS

The Cultural Center will be hosting Tiwa Winter Storytelling sessions through the end of March. We would like to invite those interested to tell a story that has been told to you about Coyote and his tricks!

Storytelling will be held every Tuesday beginning February 4th - 5:30pm to 6:30pm at the Cultural Center Lecture Hall through

March 25th 2025

Please feel free to contact us at 505-869-9767



MARCH WOMEN'S HISTORY MONTH AT THE PUEBLO OF ISLETA CULTURAL CENTER

WE WILL BE HOSTING A WOMEN'S MONTH WITH SEVERAL GUEST SPEAKERS FOR THE MONTH OF MARCH EVERY TUESDAY 5:30PM TO 6:30PM – PLEASE FEEL FREE TO CONTACT US IF YOU WOULD LIKE TO BE A GUEST SPEAKER ON A SPECIAL TOPIC



Fashion Show on Traditional & Contemporary Clothing

Along with Women's History Month we will be hosting our first Pueblo Fashion Show! Traditional and Contemporary Clothing will be modeled for this special occasion

FASHION SHOW WILL BE HELD ON March 18, 2025 at 2:00pm Cultural Center Lecture Hall



19TH CENTURY PHOTOGRAPH VIEWING

The Isleta Pueblo Cultural Center will be viewing the 19th Century Photographs on Thursday January 30th at 2:00pm

Everyone Welcome!

PUEBLO OF ISLETA PUBLIC LIBRARY

LEARNING OUTSIDE THE CLASSROOM

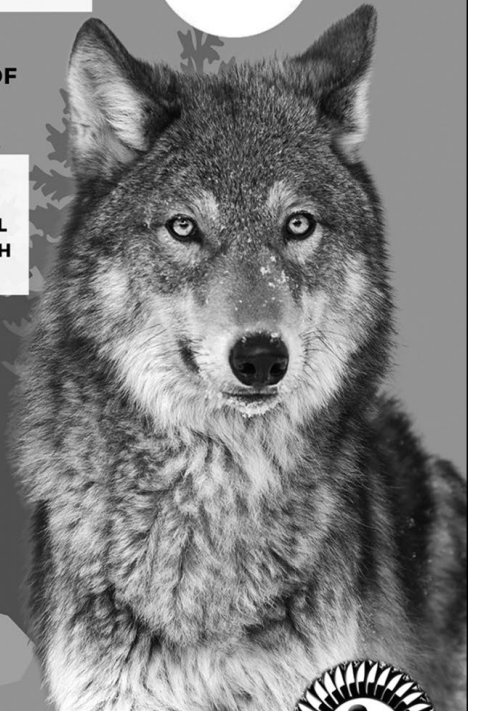
WILDLIFE WEST NATURE PARK MONDAY, FEBRUARY 3RD AT 10 AM.

A LIBRARY'S APPROACH TO ALL LEARNERS DAY FOR STUDENTS THAT ATTEND LOS LUNAS SCHOOLS OR HOME SCHOoled



COME LEARN OUTSIDE THE CLASSROOM WHERE STUDENTS CAN MAKE THE MOST OF THEIR "ALL LEARNERS DAY."

JOIN US AS WE TAKE A SPECIAL LOOK INTO THE ANIMALS AND PLANTS OF NEW MEXICO AT THE WILDLIFE WEST NATURE PARK. THIS PROGRAM WILL BE OPEN TO 10 STUDENTS 1ST GRADE AND UP. LUNCH WILL BE PROVIDED!



SIGN-UPS START TUESDAY, JANUARY 21ST. TO SIGN-UP YOU CAN CALL THE LIBRARY OR COME IN. SPACE IS LIMITED AND SPOTS WILL BE FILLED ON A FIRST COME FIRST SERVE BASIS.

FOR MORE INFORMATION PLEASE CONTACT ABBEY BY PHONE 505-869-9808 OR ABBEYWHITAKER@ISLETAPUEBLO.COM.



PUEBLO OF ISLETA PUBLIC LIBRARY

LIBRARY APP

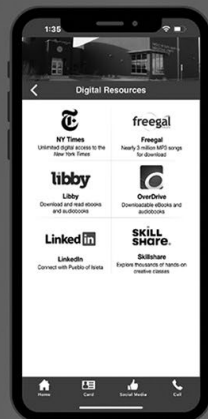


SEARCH BETTER

CONNECT TO YOUR LIBRARY WITH THE "ISLETA LIB" APP



YOUR LIBRARY ON YOUR PHONE



- SEE LIBRARY EVENTS
- DIGITAL LIBRARY CARD
- SEARCH FOR MATERIALS
- PUT ITEMS ON HOLD
- RENEW ITEMS
- MANAGE ACCOUNTS

GET IT NOW!



...and more!

ISLETA POLICE DEPARTMENT NEWS FEBRUARY - 2025



The first month of 2025 is already behind us, and we have now moved into February with hopes of warmer weather. The last part of January brought some snow, fog, and frigid temperatures, which may continue into February. Of course, there is always the possibility of more wintry weather (six more weeks) if good old Punxsutawney Phil sees his shadow on February 2—Groundhog Day (myth?). Extreme cold warnings are a good time to stay indoors; however, if you must go out, here are some tips for you and your family:

PREVENT HYPOTHERMIA AND FROSTBITE (as taken from an article from the CDC)

Stay safe this winter by learning more about hypothermia and frostbite.



Hypothermia (abnormally low body temperature) and frostbite are both dangerous conditions that can happen when a person is exposed to extremely cold temperatures. Stay safe this winter by learning more about hypothermia and frostbite, including who is most at risk, signs and symptoms, and what to do if someone develops hypothermia or frostbite.

Key points

- During extremely cold weather, staying warm and safe can be a challenge.
- Learn how to prepare for winter storms, prevent cold temperature-related health problems, and protect yourself during all stages of a winter storm.

Winter storms can bring cold temperatures, power failures, loss of communication services, and icy roads. To keep yourself and your loved ones safe, you should know how to prepare your home and your car before a winter storm hits.

Winter storms are dangerous. They can bring cold temperatures, power failures, loss of communication services, and icy roads. This can make being outside dangerous, so you should limit your time outside. Although staying indoors as much as possible can help reduce the risk of car crashes and falls on the ice, you may also face hazards inside your home.

Being prepared for any weather condition is of great importance, even if only dealing with frigid temperatures that can lead to serious problems if you are not prepared. When dressing, be sure to dress warmly enough.

What is hypothermia?

- Hypothermia can happen when a person is exposed to very cold temperature for a long period of time. When exposed to cold temperatures, your body begins to lose heat faster than it's produced.

Lengthy exposures will eventually use up your body's stored energy, which leads to lower body temperature.

- Body temperature that is too low affects the brain, making the victim unable to think clearly or move well. This makes hypothermia especially dangerous, because a person may not know that it's happening and won't be able to do anything about it.
- While hypothermia is most likely at very cold temperatures, it can occur even at cool temperatures (above 40°F) if a person becomes chilled from rain, sweat, or submersion in cold water.

Risk factors: Victims of hypothermia are often:

- Older adults with inadequate food, clothing, or heating
- Babies sleeping in cold bedrooms
- People who remain outdoors for long periods—people experiencing homelessness, hikers, hunters, etc.
- People who drink alcohol or use illicit drugs.

What to look out for:

The following are warnings signs of hypothermia:

Adults

- Shivering
- Exhaustion or feeling very tired
- Confusion
- Fumbling hands
- Memory loss
- Slurred speech
- Drowsiness

Babies

- Bright red, cold skin
- Very low energy

HIGHWAY 47 AT ISLETA RESORT AND CASINO – January 9, 2025



The following are some of the functions with photos that took place in December 2024, but photos were unavailable by the deadline of the January 2025 newsletter. December was quite busy, but it was very rewarding, and the community spirit was wonderful.



AVOID *SPOT* TREAT FROSTBITE & HYPOTHERMIA

In cold temperatures, your body begins to lose heat faster than it can be produced, which can lead to serious health problems.

AVOID

When the weather is extremely cold, try to stay indoors. If you must go outside, dress properly and know who is at high risk for hypothermia or frostbite.

When going outside be sure to wear:

- A SCARF OR HAT
- MITTENS OR GLOVES
- WATER-RESISTANT BOOTS
- A HAT
- A WATER-RESISTANT COAT
- SEVERAL LAYERS OF LOOSE-FITTING CLOTHING

When going outside in winter make sure body parts most often affected by frostbite are covered in warm, dry clothing:

NOSE EARS TOES CHEEKS HANDS FINGERS

Know who is at high risk:

- Older adults without proper food, clothing, or heating
- People who stay outdoors for long periods (hikers, hunters, etc.)
- People who drink alcohol or use illicit drugs
- People sleeping in cold rooms

SPOT

FROSTBITE

A person in this condition of frostbite because frostbite is numb.

Signs & Symptoms:

- Reddened or white in any color that may be the first sign of frostbite
- Numbness
- Pain or a white or grayish-yellow color that usually begins in small areas

HYPOTHERMIA

Hypothermia often occurs after a cold temperature, but can occur at all cold temperatures. It occurs if a person is not dressed, wears wet or cold water and becomes chilled.

Signs & Symptoms:

- Shivering
- Slurred speech
- Confusion
- Weakness
- Drowsiness
- Pale skin
- Very low energy

If a person's temperature is below 95° get medical attention immediately.

TREAT

If a person is experiencing hypothermia or frostbite:

- 1. REMOVE ANY WET CLOTHING
- 2. WARM THEM UNDER DRY LAYERS OF BLANKETS AND CLOTHING
- 3. PLACE AREAS AFFECTED BY FROSTBITE IN WARM-TO-ROOMY WATER
- 4. GET THEM INTO A WARM ROOM OR SHELTER
- 5. SEE MEDICAL ATTENTION AS SOON AS POSSIBLE

FROSTBITE CAUTION

Since skin may be numb, victims of frostbite can harm themselves further. Use caution when treating frostbite and:

- UNLESS NECESSARY, DO NOT WALK ON FEET OR TOES WITH FROSTBITE
- DO NOT USE A FIREPLACE, HEAT LAMP, HEATING, OR STOVE FOR WARMING
- DO NOT USE A HEATING PAD OR ELECTRIC BLANKET FOR WARMING
- DO NOT RUB OR MASSAGE AREAS WITH FROSTBITE

<http://emergency.cdc.gov/winter/>
www.isleta.gov

CDC U.S. Department of Health and Human Services





FIRST ANNUAL LIGHT PARADE (IPD ENTRY – THE GRINCH)



GRADUATION DAY – OFFICER MATTHEW HALONA



HISP TRAFFIC SAFETY DIVISION

The Traffic Division was recently bestowed the award for 2024 Outstanding Rural Unit by MADD (Mothers Against Drunk Drivers)



IHSP Officer Autumn Tafoya was also recognized as Outstanding DRE (Drug Recognition Expert) a certification she just recently received

To the IHSP Traffic Division – YOU ARE ROCKING IT!!

CONGRATULATIONS ALL!



L-R O. Hooee, A. Tafoya, B. Nastacio, C-Jay Smith, Sgt. J.P Abeita and Chief V. Rodriguez

ISLETA POLICE DEPARTMENT COMMUNICATIONS DIVISION

Though a photograph of the division was available, this division has increased in size and apparently is doing things right. On January 10, 2025, Supervisor Chris Padilla was invited to DPS/Santa Fe as TAC (Terminal Agency Coordinator) regarding the TAC handbook policies and procedures update. There were ten agencies selected in the state of New Mexico to attend, with Isleta PD Dispatch being one of the ten. The department was recognized for the agency’s attention to the entry and removal of individuals from the Missing Person Clearing House. The NCIC staff was present and also recognized IPD for outstanding work regarding missing persons entries. The hard work, dedication, and excellence gained the attention of the Attorney General. For our agency, that means a lot. Thank you, everyone, for doing a job well done, and let's keep up the excellent work.

Congratulations to the Communications Division! Keep up the good work and know you are recognized and appreciated for your diligent efforts.

Finally, law enforcement officers were sworn in by the Governor on January 3, 2025, and based on the photograph, the Isleta Police Department is growing and has been for the past two years. We still have a couple of positions to fill, but what a change from two years ago. Our Command Staff strives for professionalism, accountability, and longevity, which is evidenced by the growth of this department, not only for police officers but administrative staff as well.

Be safe when driving or out in the bitter cold and do not hesitate to contact us.

Lastly to recap, we encourage everyone to be very careful and prepared when going out into the unusually bitter cold we experienced in the latter part of January. If the trend continues, we remind everyone it does not take long to experience frostbite and life-threatening incidents if you venture out unprepared. We ask everyone be aware of these dangers, dress appropriately and be prepared if traveling in a vehicle.

If anyone observes a person out walking in this weather and you feel is ill-prepared for the weather conditions, please do not hesitate to contact the police department’s dispatch center who will dispatch an officer(s) to make contact with them and try to provide some type of assistance to get them to a safer and warmer place. The effects of the cold when exacerbated with even the slightest breeze is bone chilling and dangerous. We also ask if you know of an elder who may have insufficient heating in their home to contact us so we may ensure they receive some type of assistance to have adequate and safe conditions in the home. Though



IHSP Officer Autumn Tafoya

(Continued Next Page)

children are quite resilient, they can succumb to hypothermia in inadequate surroundings so please take extra precautions during this time.

Our law enforcement officers are available to assist in any way they are able, but they are subject to this cold when performing their duties as well. However, we are here to assist the community and those passing through.

We thank everyone who has in the past contacted the department for individuals who may have appeared to be in distress and thank the community for their vigilance in helping everyone to stay safe. We hope your assistance continues.



On behalf of the Isleta Police Department, we hope the first month of 2025 has gotten to a good start

ISLETA YOUTH BASKETBALL

The Isleta Police Department, Isleta Elementary School, and Isleta Recreation Center are proud to introduce our 2025 Isleta Pueblo Youth Basketball League! We are kindly asking for your support for our 1st through 6th grade boys and girls basketball teams! You may support us by cheering on our teams by attending some, or all of our games! We will be hosting our Home games at the Isleta Recreation Center as well as the Isleta Elementary School and would also appreciate your support in our away games!

Our general admission for both home and away games will be: Adults \$3.00 and Youth \$1.00. Food Concessions will also be available and all proceeds help pay for our referees, player and team awards, concessions and all other supplies.

If you would like to contribute to our 2025 Isleta Pueblo Youth basketball League you may volunteer time, assist during games, or donations are also accepted.

We thank you for your consideration and look forward to all our future collaborations.

Transit Services Now Serving the Pueblo of Isleta

The Pueblo of Isleta and the Rio Metro Regional Transit District Working Together



RIO METRO
REGIONAL TRANSIT DISTRICT

Bus Route 208 (No Fares until further notice!)

Bus Route 208 connects the Pueblo of Isleta and Valencia County communities to the Alvarado Transportation Center (ATC) in Downtown Albuquerque during the morning/midday when the Rail Runner does not operate. Route 208 features three northbound trips arriving at the ATC at 9:30am, 11:00am and 1:30pm, and three southbound trips departing the ATC at 9:35am, 11:05am and 1:32pm. At the ATC, riders can transfer to ABQ RIDE bus routes.

Route 208 serves two bus stops on the Pueblo of Isleta. The stop closest to the village proper is located on NM 147 just east of the Rio Grande Bridge. Please do not park and leave vehicles unattended on the adjoining roads near this stop, as the bus and other vehicles use these roads to turnaround and access other locations. Route 208 also stops at the Isleta Pueblo Rail Runner Station, where riders can transfer to the Isleta Resort and Casino shuttle. Because the bus serves the station, riders can also consider using Route 208 in combination with the Rail Runner, for example, taking the bus to Downtown Albuquerque in the mid morning and returning by train in the evening. Please see route flyer that includes map, times of Bus Route 208. (No Fares until further notice!)

Pueblo of Isleta Dial-a-Ride (No Fares until further notice!)

The Pueblo of Isleta Dial-a-Ride operates Monday through Friday from 8:15am to 2:45pm, providing trips within the Pueblo and to the ABQ RIDE Route 53 bus stop on NM 314. Service to places like Smiths, Albertsons and Wal-Mart in Los Lunas is also provided with requests made before noon at least one business day prior to your trip.

Request your Dial-a-Ride trip by calling Valencia County dispatch at (505) 352-3595 before noon at least one business day prior to your trip. Requests are accepted between 5:00am and 3:00pm Monday thru Friday. On the date and time of your trip, a wheelchair accessible van will arrive within 15 minutes of your scheduled pickup time. Trips may also be grouped together; riders should expect to travel with others.

For more information about both services, including a copy of the Route 208 schedule, visit riometro.org and select "Schedules">"Bus">"Pueblo of Isleta" from the grey bar near the top of the website. Schedules for Route 208 are also available at the Public Services Department Office at the Tribal Services Complex.

ISLETA YOUTH BASKETBALL LEAGUE
BASKETBALL SCHEDULE

Date:	Time:	Opponent:	Location:
Friday 1/24/2025	5PM	Laguna	Home
Saturday 1/25/2025	10AM	Jemez Riverside	Home
Saturday 2/01/2025	10AM	Santa Domingo	Home
Friday 2/07/2025	5PM	Laguna	Away
Friday 2/14/2025	5PM	Jemez Day	Away
Saturday 2/15/2025	10AM	Jemez Day	Home
Friday 2/21/2025	5PM	San Felipe	Away
Saturday 2/22/2025	10AM	Zia	Home
Friday 2/28/2025	5PM	Jemez Riverside	Away
Saturday 3/01/2025	10AM	Zia	Away
Saturday 3/08/2025	10AM	San Felipe	Home
March 20-22	TBA	Tournament	Home

Home Game Admission: \$1 Student \$3 Adult

Each player will receive 3 free admission tickets for home games only.

Admission for AWAY games will vary.

Coach Ricky 505-252-8440

Coach George 505-869-9777



TRUANCY

Greetings,

The Pueblo of Isleta Truancy Department would like to welcome all students into the second semester of the 2024/2025 school year. While we know the importance of education, attendance is also an important part of being successful. The Truancy Department works with students and their families to encourage daily school attendance and offer various incentives to the students who achieve perfect attendance each semester of the school year. Perfect attendance includes zero absences, zero tardies and no early checkouts.

The Pueblo of Isleta has adopted a new Truancy Attendance for Success Law which outlines the steps of enforcement that will be implemented. It is important to understand this new law; feel free to contact the Truancy Department with any questions or concerns.

The following are the Steps of Enforcement that will be implemented:

Third Absence (3rd)

Upon determining that a child has three (3) unexcused absences, parent will be notified; first notification letter will be sent to the address on file. Truancy Coordinator shall inform parent/guardian of the potential consequences of any additional unexcused absences.

Sixth Absence (6th)

Upon determining that a child has six (6) unexcused absences, parent will be notified immediately. Five (5) business days after the child's parent is contacted, an attendance review conference shall be scheduled and conducted; child and parent will then enter into an Attendance Contract.

Tenth Absence (10th)

Upon determining that a child has ten (10) unexcused absences and continues to accumulate unexcused absences, (within a school semester), and/or the parent has not contacted the Truancy Department to schedule an attendance conference, the Truancy Department shall recommend that a truancy petition be filed in Tribal Court.

Please keep in mind that the Los Lunas Public School District has "Report an Absence" link on their individual school pages. Please use the link, as it reports and updates student attendance as soon as it is submitted. The schools will still accept parent/doctor notes, emails and phone calls for any absences, but it is the responsibility of the parent/guardian to contact the school attendance office.

Isleta Elementary School had a total of 12 students who had perfect attendance for the 2nd quarter of school. We'd like to say, "CONGRATULATIONS!" to those students. Each of these students received a gift card to Starlight Theaters. If you have a child who has achieved perfect attendance at any school that they attend, please call us and we will confirm their attendance for the 1st semester of school for the 2024/2025 school year, and they could be eligible for an incentive as well.

Keep in mind that the Truancy Department is here to assist you with any concerns or issues that you may have with your student's school attendance. Please do not hesitate to contact our department for assistance.

Thank you,

Isleta Truancy Department

TRASH TALK ISLETA!

DON'T CONTAMINATE
RECYCLE BETTER
KEEP ISLETA BEAUTIFUL!

PUEBLO OF ISLETA
SOLID WASTE
 DIVISION



<p>PLASTIC Bottles, tubs, jugs and jars</p>  <p>Empty and Rinse</p>	<p>METAL All cans</p>  <p>Empty and Rinse</p>
<p>PAPER Paper, cartons and cardboard</p>  <p>Flatten cardboard</p>	<p>USE CLEAR BAGS ONLY</p>  <p>IF YOU BAG RECYCLABLES DO NOT USE BLACK OR WHITE BAGS</p>

Keep it simple, if you do not see it on this flier throw it away in the trash. Do not use your blue recycle cart for trash or it will be confiscated. Have your cart out by 7am. For service schedule announcements check the POI newsletter & POI Facebook. (505) 869-4106

Your recyclables do not need to be bagged, however it is highly recommended to bag your recyclables for curbside pickup during windy season. This is to reduce the chance of creating litter due to winds. If you choose to bag your recyclables it is important to use clear bags only. Colored bags are not accepted at the recycling facility. When your recyclables are bagged in colored bags they are not opened up and your material is landfilled instead of recycled. Using clear bags helps to ensure the health and safety of the line workers who come in contact with the material when sorting at the recycle facility. Using colored bags will result in your recycles not being collected. This is important to sustain the recycle program moving forward. Your understanding and cooperation is greatly appreciated.

TRASH TALK ISLETA!







TRANSFER STATION HOURS

The Transfer Station is open Monday through Friday 7AM - 4:30PM.
 Saturday and Sunday hours are 7AM - 3PM.

The Transfer Station is closed on Tribal & Federal Holidays.
 The last large load is accepted 15 minutes before closing time.
 For your safety we may close due to high winds.
 For use of tribal members only, must have a tribal member present when utilizing the facility.

For curbside service schedule announcements check the POI newsletter, POI Facebook & POI text message system.

KEEP ISLETA BEAUTIFUL! (505)869-4106



Pueblo of Isleta Public Library

As February brings frosty mornings and cozy evenings, it's the perfect time to curl up with a good book or dive into new learning experiences. Whether you're celebrating Valentine's Day, keeping on track with those New Year Resolutions, or simply looking for a way to beat the winter blues, the library has something special in store for everyone. From new library material (books, movies, video games, etc.), programs to digital resources that bring knowledge to your fingertips. Let's make February a month to remember.

News

A staff meeting will be scheduled sometime during the first week of February. We will be planning upcoming programs for children, teens, and adults. The library will remain open during this time so don't hesitate to come on in and check out any library material.

In observance of Presidents Day the library will be CLOSED on Monday, February 17th. All library media checked out on Thursday, February 13th will be due on Tuesday, February 18th.

With the weather quickly changing and with unpredictable weather patterns, please keep in mind that unexpected closures may occur. Notices will be posted throughout the library and up to the minute notices will be posted on the library's social media accounts.

Please join us every Thursday at 11:00am for Family Story Time, no sign ups required so just come on in. Library Staff member Abbey will read a story and engage toddlers and families in an activity. This program gives parents and caregivers the opportunity to introduce reading to their children. If you have any questions, please give Abbey a call at the library at 505-869-9808 or by email at Abbey.Whitaker@isletapueblo.com.

Upcoming

We will be going to the Wildlife West Nature Park on Monday, February 3rd at 9am for our Learning Outside the Classroom field trip for students that attend Los Lunas Schools or that are home-schooled. This is the library's take on "All Learners Day" where students can make the most of their day and learn something NEW outside the classroom. Sign-ups started on Tuesday, January 21st for students 1st grade and up. Please check out the flyer in this month's newsletter for additional information.

Library staff are busy working on a lineup of programs for the New Year for children, teens, adults and families. Whether you're looking to learn something new, meet fellow community members, or explore creative hobbies, we have something for everyone. Stay Tuned! Dates, times, and registration details will be available soon. Keep a lookout on our social media for updates.

Recap

The library Winter Break Program was held on January 7th with an afternoon filled with science. The line-up included Static Electricity where participants learned about the power of static electricity. Followed by Scribble Bots a DIY project that created random, scribbling patterns.

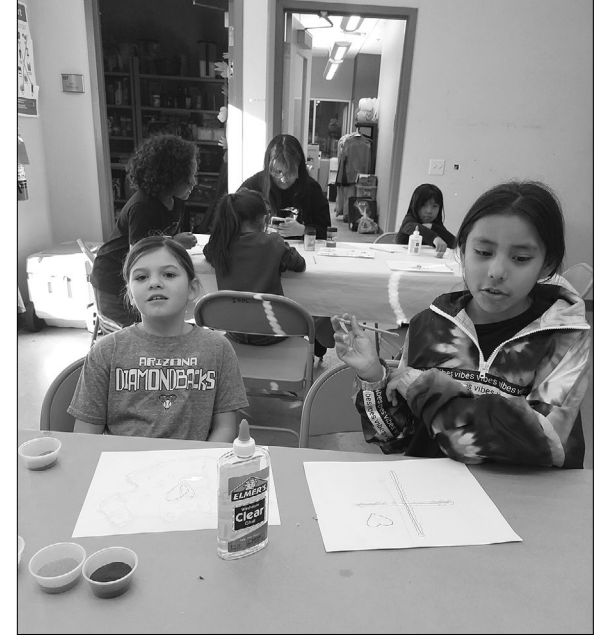
Library staff member Kyle hosted an Anime Bookmark Contest where participants designed their own bookmark. The winning bookmarks will be printed and used throughout the library. Even though this program started in January, the last day for submission is February 4th so all

you creative artists you still have time to participate. Prizes will be awarded for middle school, high school and adults. For more information, please call Kyle at 505-869-9808 or email at Kyle.Lujan@isletapueblo.com.

Library staff conducted our annual library inventory during the month of January. To

ensure our collection is well-maintained and up to date. This process helps us identify misplaced, damaged, or outdated materials, as well as make room for new additions.

Our Summer Reading Program planning meeting took place on Tuesday, January 7th. We discussed different themes and planned out the Youth and Junior Calendars.



After School Program students as they work on making a Winter Snowflake.

Pueblo of Isleta Public Library

For all creative artists! Sign up and participate in our Anime Bookmark Competition. Design your own bookmark and let your creativity run wild!

EVENT HIGHLIGHTS:

START

JANUARY 21 - FEBRUARY 4

PRIZES WILL BE AWARDED FOR
 MIDDLE SCHOOL: (3RD - 8TH GRADE)
 HIGH SCHOOL: (9TH - 12TH GRADE)
 AND ADULT: (AGES 18 AND UP)

The winning bookmarks will be printed and used throughout the library!

for more information contact by email
Kyle.Lujan@isletapueblo.com or calling (505) 869-9808

Here's what we know so far. Youth program will have 5 different curriculums to choose from. This program is open to 25 students 7-14 years old. The Junior theme for this year will be the Wild West and Monsters. This program will be open to 20 students, ages 3-6 years old. Please note that 3-year-olds must be potty trained and are comfortable using the bathroom on their own. This is a good introduction to a school setting for children who have not yet entered a Head Start program.

Registration for the 2025 Summer Reading Program will be on Friday, May 9th starting at 7am and will remain open until all spots are filled. Make sure and follow us on our social media accounts for more announcements, and for any questions or concerns please call the library at 505-869-9808 and speak with a staff member.

Library staff were excited to welcome everyone back to the library After-School Program after the winter break. February is shaping up to be an exciting month with

plenty of reading and activities to kick off 2025. We are on track for the second half of the school year filled with learning,

reading, creativity, and fun! If you have any questions, please give the library a call at 505-869-9808 to speak with a staff member.



After School Program students putting their creative skills to work!

Health Beat: Heart Disease

Stephanie Barela, Health Educator • www.CDC.gov • www.webmd.com www.goredforwomen.org
Phone: 505-869-4479

February is **HEART DISEASE AWARENESS MONTH**. Heart Disease, also known as cardiovascular disease, is the leading cause of death in the world, and accounts for one in three deaths among women each year and more than 1/2 of the deaths in men. Here are things we can do to **LOWER** our Risk of Heart Disease:

QUIT SMOKING COMMERCIAL TOBACCO.

Contact Stephanie Barela (869-4479) to learn about the Isleta Health Center's quit smoking programs.

EAT HEALTHY.

Eat more

- Healthy fats, such as raw nuts, olive oil, fish oils, flax seeds, or avocados
- Colorful fruits and vegetables—fresh or frozen, prepared without butter
- High-fiber cereals, breads, and pasta made from whole grains or legumes
- High-quality protein, such as fish, poultry, and lean meats
- Organic dairy such as eggs, skim or whole milk, or unsweetened yogurt

Eat less

- Trans fats from partially hydrogenated or deep-fried foods; saturated fats from fried food, fast food, and snack foods
- Packaged foods, especially those high in sodium and sugar
- White or egg breads, sugary cereals, refined pastas or rice
- Processed meat such as bacon, sausage, and salami, and fried chicken
- Yogurt with added sugar, processed cheese

GET ACTIVE

Get moving and increase your heart rate. Try for 30 minutes a day, 5 days a week.

MANAGE YOUR STRESS

- o Deep Breath
- o Take a Break
- o Exercise
- o Write in a Journal
- o Talk to someone (Friends/Family)
- o Make an appointment with Isleta Behavioral Health (505-869-5475)

KNOW YOUR NUMBERS

BLOOD PRESSURE

- Keep it below 120/80.

BLOOD SUGAR

- Keep it below 6% (100mg).

BLOOD CHOLESTEROL

- LDL is “bad” Cholesterol--Keep it less than 100mg.
- HDL is “good” Cholesterol--Keep it higher than 60mg.
- Triglycerides--Less than 150mg.

BODY WEIGHT

- Keep your Body Mass Index between 18.6 and 24.9.

Help us BRING AWARENESS by Wearing RED on February 7, 2025.

988 SUICIDE & CRISIS LIFELINE

ANY ONE. ANY STRUGGLE. ANY TIME.

Did you know?

NM Native American youth who have a trusted adult in their lives are less likely to experience frequent mental health distress and engage in risky behaviors.

REASONS TO CALL 988:

- Feeling lonely, hopeless, angry
- Worried about safety for yourself or a loved one
- Worried about substance use
- Need someone to talk to

IF YOU HAVE AN AREA CODE FROM OUTSIDE NM AND YOU GET DIRECTED TO A NON-NM STATE, YOU CAN ASK TO BE TRANSFERRED TO NM.

YOU ARE NOT ALONE

988 IS:

- Someone to talk to
- Free
- 24/7
- Confidential
- Access to local resources

CALL. TEXT. CHAT.

FOR MORE INFORMATION ABOUT 988: VISIT 988NM.ORG

Dear Pueblo of Isleta Community,

I want to thank you all for everything over the nearly 20 years that I have worked here at the Isleta Health Center as your Health Educator. Over the years, I have really grown to love this community and so many of you in it. This really made my decision very difficult, however, after careful consideration I have decided to move on to a job with the New Mexico Department of Health. I will remember my time here in Isleta fondly. I was able to grow and be successful here, because of the help and guidance of so many of you. I owe you all a great deal of gratitude. I have really enjoyed working here in Isleta. There are no words to express how grateful I am for the opportunities I was given here. I wish you all continued success and growth. May our paths cross again someday.



Sincerely,

Stephanie Barela
Isleta Health Center
Health Educator May 2005-February 2025

Health Beat: National Blood Donation Month

Stephanie Barela, B.S CHES, Health Educator
Stephanie.Barela@islclinic.net, 505-869-4479
hhs.gov

January is National Blood Donation month. Blood Donation is VERY IMPORTANT!

- Every 2 seconds someone in the U.S. needs blood and or platelets.
- Approximately 30,000 units of red blood cells are needed every day in the U. S.
- Nearly 6,000 units of platelets and 6,000 units of plasma are needed daily in the U.S.

Why Blood Donation is So Critical

“One of the times I needed a blood transfusion, it was really scary since the supply was low and it took a few days to get it.” Quote from Von, a blood donation recipient.

Why do people donate?

Everyone has their own reasons for donating blood, but a few common ones include:

- Donating is a generous thing to do. It helps people in need, and it helps people in your community. **When you give, others live.**
- Donors, especially those who donate regularly, keep our nation’s blood supply stable. Although many people donate blood after disasters, blood is needed every day of the year.
- There is no substitute for blood. Donors provide the only supply of life-saving blood for those in need.
- Donating is simple, fast, and convenient. The donation process can take as little as 45 minutes of your time, but can make a lifelong difference for someone else.


How is my blood used?

If you donate blood, it will be given to someone who needs it through a transfusion. Transfusions help replace blood that is lost due to surgery or injury. Transfusions also help people with disorders that prevent them from making blood correctly. Blood transfusions are one of the most common procedures in U.S. hospitals.

There are different kinds of blood donation. Each one is used for a variety of life-saving procedures and treatments.

- Red blood cells are given to people who have blood disorders, such as sickle cell disease or chronic anemia caused by kidney failure or bleeding in the stomach. They are also given to people who have acute blood loss from trauma. Sometimes babies born very early need a transfusion to increase the number of red blood cells in their bodies.
- Platelets are most often used to treat cancer. They are also given to patients who have open-heart surgery and organ transplants.
- Plasma transfusions are used for patients with liver failure, bad infections, and serious burns.
- “Whole blood” is usually given to people who have life-threatening injuries or people in surgery.

THE ISLETA HEALTH CENTER HOPES TO OFFER A BLOOD DONATION EVENT SOON, SO PLEASE KEEP AN EYE OUT AND PLAN TO HELP BY DONATING BLOOD.





Isleta Health Education Presentation

Our Goal: Provide health education and peer support to people impacted by chronic health concerns, to empower with knowledge & support, in order to strengthen the health of the community.

Go Red for Native Women Healthy Heart Conference

Friday, February 7, 2025 9-2pm at the Isleta Resort and Casino

Click on Link to Register for Conference:
<https://igfn.us/f/5593/n>

02.07.25

12TH ANNUAL GO RED FOR NATIVE WOMEN
DRUM TO THE BEAT OF A HEALTHY HEART

Friday, February 7, 2025
9:00AM - 2:00PM MST
Isleta Resort & Casino
Albuquerque, NM

Please join us again as we gather in our community to support women's heart health with inspiring indigenous speakers, informative sessions, and delicious luncheon. Inform your groups, Mark your calendars, and Stay tuned for more details. Official registration link coming soon.

We look forward to seeing you there.
For more information please email sheryl.wilkeson@heart.org



Thinking About Quitting



Have you been Thinking About Quitting?
Now is the time to act and
Quit your Nicotine Habit for Good!
Take this *1 time, 1 on 1, 90 minute session* at the Isleta Health Center, to increase your motivation to quit and to learn Tips and Tricks to help you
Quit for Good!

Call Stephanie, Health Educator
@ 869-4479 to learn more

Ask the Clinic, is a new section in the POI Newsletter, where you can ask the Clinic ANY Question and we will answer it in future newsletters. If you have a Question for the Isleta Health Center, please contact Stephanie Barela at 505-869-4479, email her at Stephanie.Barela@islclinic.net, or scan the QR Code below.



ISLETA HEAD START & CHILD CARE CENTER

February 2025
NEWSLETTER

HELLO FAMILIES! WE ARE ENTERING OUR SECOND MONTH OF THE NEW SCHOOL YEAR OF 2025 AND ARE EXCITED FOR ALL THE FUN EVENTS TO COME THIS MONTH! MAKE SURE YOU PLAN TO ATTEND OUR ANNUAL SWEETHEART DANCE ON THE 12TH. WE WILL BE HAVING LOTS OF FUN MAKING MEMORIES AND DANCING! WE ARE CONTINUALLY ACCEPTING APPLICATIONS FOR OUR PROGRAM, SO REVIEW THE REQUIRED DOCUMENTATION BELOW TO ENROLL. ADDITIONALLY, WE ARE LOOKING FOR A NEW COOK TO JOIN OUR KITCHEN TEAM! LASTLY, GUARDIANS PLEASE REVIEW THE PROGRAM/CLASSROOM REMINDERS BELOW.

EVENT CALENDAR

- 3 CLOSED (PROFFESIONAL DEVELOPMENT DAY)
 - 6 PARENT COMMITTEE NIGHT
 - 12 SWEETHEART DANCE
 - 17 CLOSED (HOLIDAY)
 - 18 MALE INVOLVEMENT NIGHT
- EMPLOYMENT**
COOK I
FULL TIME POSITION
OPEN UNTIL FILLED

REMINDERS

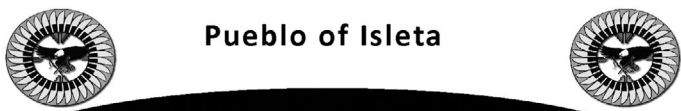
- CALL THE FRONT DESK IF YOUR CHILD WILL BE ABSENT, TARDY, OR NOT RIDING THE HEAD START BUS.
- PROVIDE AN EXTRA SET OF CLOTHING FOR CLASSROOMS.
- DRESS YOUR CHILD APPROPRIATELY FOR THE WEATHER.

ACCEPTING APPLICATIONS

REQUIRED DOCUMENTATION FOR ENROLLMENT:
 PROOF OF BIRTH/PREGNANCY
 PROOF OF RESIDENCY
 HOUSEHOLD CERTIFICATE OF INDIAN BLOOD
 MEDICAL INSURANCE CARD
 PROOF OF INCOME (FOR CHILD CARE)
 PROOF OF PUBLIC ASSISTANCE

www.isletaheadstartandchildcare.com

(505) 869 9796



Pueblo of Isleta

Car Seat Checks

LEARN HOW TO PROPERLY INSTALL YOUR CHILD'S CAR SEAT



Where: Isleta Health Center, 1 Sagebrush St

PLEASE CALL 869-4479

TO SCHEDULE AN APPT TIME. MUST HAVE CHILD AND CAR SEAT PRESENT

Exciting News from Isleta Health Center!

The Audiology Clinic is now accepting patients for hearing aid testing and fitting. We are proud to welcome Dr. Mark Hedrick, AuD as our full-time Audiologist. Dr. Hedrick brings extensive expertise in hearing health, and we are thrilled to expand our services to the community.



Why are Hearing Tests Important?

- **Early Detection:** Regular hearing tests can identify issues before they impact your daily life.
- **Improved Communication:** Addressing hearing loss enhances relationships and overall quality of life.
- **Health Connections:** Untreated hearing loss has been linked to cognitive decline and other health concerns.

Take a proactive step toward better hearing health! **Schedule Your Appointment Today!** Call 505-869-3200 and ask for the Audiology Clinic to book your hearing test. We look forward to helping you hear life's moments more clearly!!



Bullying Ends Where Kindness Begins

This is the slogan the Public Health Department chose for their Anti-Bullying Community Events that took place in December 2024. These events provided resources on what steps we can take for bullying and gave opportunities for us to support each other on this issue. Giving families time and space to come together for fun and reflection was an intentional part of these events.



The Family Night Event took place at the Isleta Rec Center. While the older youth were engaged in learning more tools on how they can work through bullying issues, our younger relatives were busy learning what actions can be considered bullying. The adults had their own activity where they dove further into the issues that come up with bullying and obstacles in trying to stop bullying. We ended the night with a family dinner sharing and reflecting on what was talked about.



The second event was the 1st Annual Isleta Public Health Light Parade along Sagebrush Street. The parade ended at the IHC where refreshments and a bonfire activity were held. We also had a visit from Mr. Grinch!



Special thanks to our parade participants and everyone that helped plan the events and contributed towards them. Everyone's amazing support and presence helped the events be successful.

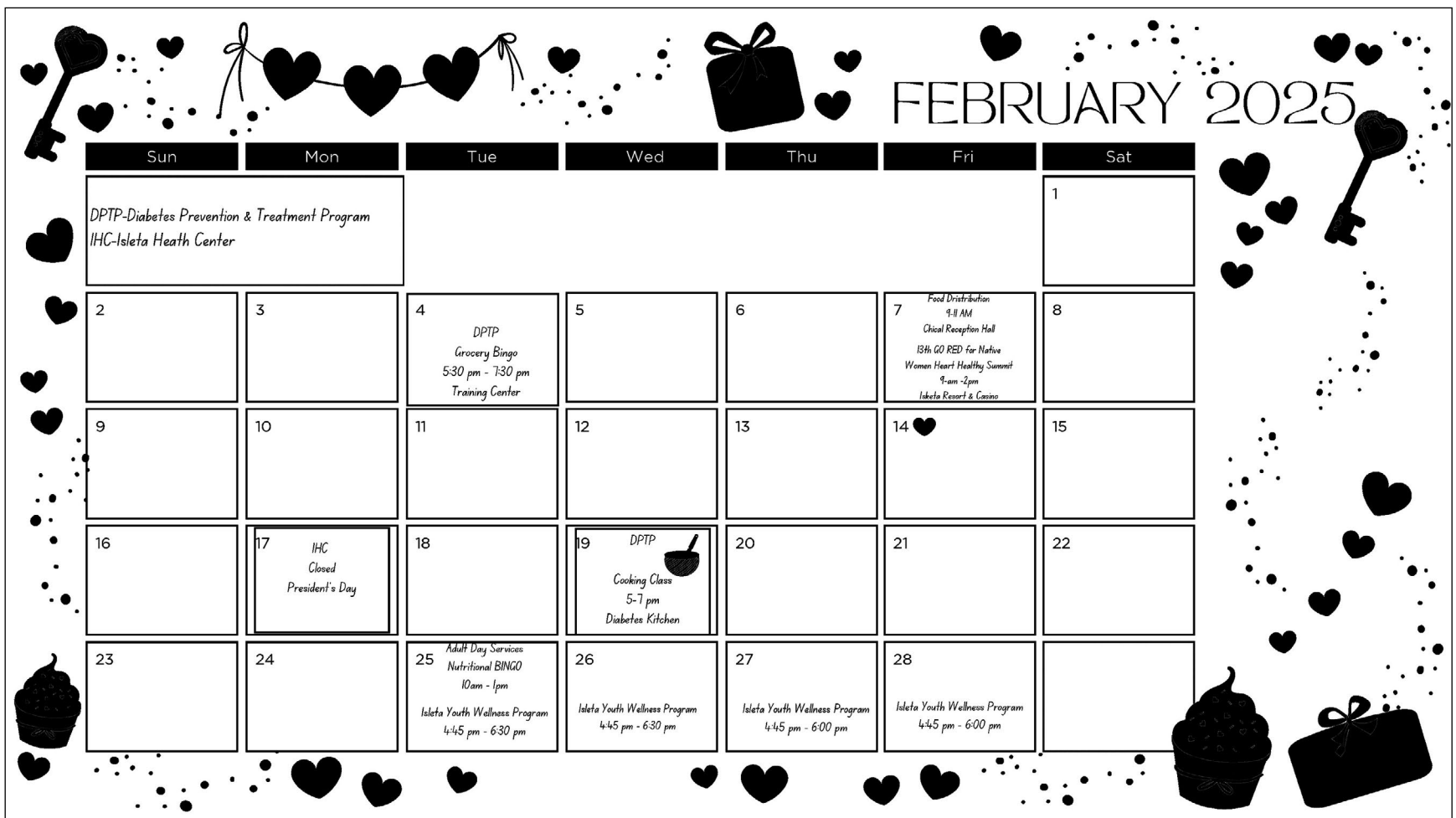
Partners & Contributors

Isleta EMS, Isleta Fire Department, Isleta Rec Center, Isleta Elementary School, Isleta Police, and the Isleta Casino, Isleta Head Start

Parade Participants

Isleta Head Start, LLHS Native Club, Department of Education, Public Works, Unfadbale Kingz Truck & Car Club, Isleta Fire Department, Isleta Public Health, Isleta Police Department, Isleta Elementary school, Isleta EMS, and community members





**National Children’s Dental Health Month
February 2025**



During the month of February, the American Dental Association aims to educate the public about the importance of good oral hygiene and regular dental check-ups in children.

All children should have a dental visit by their first birthday or six months from the time the first tooth appears.

Regular dental check-ups are needed about every 6 months. Cleanings and fluoride treatments should be part of the child’s visit.

Without proper dental care, some children might not want to eat because their teeth are sensitive leading to other health issues. Kids may also have more illnesses involving the ears, nose and throat.

It is also known that severe tooth decay in baby teeth can have consequences on adult teeth. Tooth decay and missing teeth can affect speech as well.

With a lack of care, at some point dental work could become very expensive and not all procedures may be covered by insurance.

Tips for Kids- Make sure they brush for 2 minutes twice a day and get regular dental check-ups. Begin flossing. Also, have them rinse their mouth with water after eating sugary foods and drinks or avoid these items altogether.

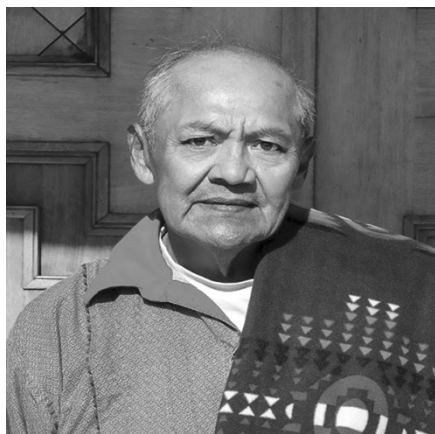
WIC News



ISLETA WIC OFFICE 505-869-2662

We Miss You

*We cried when you passed away,
We still cry today.
Although we loved you dearly,
We couldn't make you stay.
Your Golden Heart stopped beating,
hard working hands rest,
GOD broke our hearts to prove to us
He only takes the BEST....*



Ruben A. Lucero

On behalf of the Lucero family, we would like to thank our family, the Tribal community, and the Tribal administration for our time of need during the loss of our brother/uncle. We are grateful for the loving sympathy you all have shown during this tremendously difficult time and was greatly appreciated.

**TURNING 65?
HAVE
QUESTIONS ON
HOW TO APPLY FOR
MEDICARE?**

If you have questions on how to apply for Medicare, or have questions about Medicare Advantage programs.

You can reach out to the Isleta Health Centers Benefits Coordinator and set an appointment.
Theresa Bridge, Benefits Coordinator 505-869-4469

***Reminder Open Enrollment is quickly approaching. Starting October 15-December 07, 2024**

Isleta Elder Center

ADULT DAY SERVICES

February 2025
Activity Calendar

MONDAY 3	TUESDAY 4	WEDNESDAY 5	THURSDAY 6	FRIDAY 7
9-10am Breakfast, Social 10-11a Scarf Exercise 1-3p Stained Glass Suncatcher	9-10am Breakfast, Social 10-11a World Cancer Day 1-3 Jewelled Heart Suncatcher	9-10am Breakfast, Social 10-11a Weight Lifting 1-3p Story Reading	9-10am Breakfast, Social 10-11a Resistance Exercises 1-3p Candle Making	9-10am Breakfast, Social 10a-3p Walmart/Lunch
MONDAY 10	TUESDAY 11	WEDNESDAY 12	THURSDAY 13	FRIDAY 14
9-10am Breakfast, Social 10-11a Eye Health Awareness 1-3p Valentine's Day Sachets	9-10am Breakfast, Social 10-11a Resistance Exercises 1-3p Valentine's Card Making	9-10am Breakfast, Social 10-11a Headstart Visit 1-3p Bake Cookies	9-10am Breakfast, Social 10-11a Weight Lifting 1-3p Cookie Decorating	9-10am Breakfast, Social 10-11a Stretching & Arthritis Exercises 1-3p ADS Fundraiser Bake Sale
MONDAY 17	TUESDAY 18	WEDNESDAY 19	THURSDAY 20	FRIDAY 21
ADS CLOSED <i>In observance of President's Day</i>	9-10am Breakfast, Social 10-11a Weight Lifting 1-3p Movie Day	9-10am Breakfast, Social 10-11a Heart Health Discussion 1-3p Slime Making	9-10am Breakfast, Social, Health Check 10-11a Resistance Exercises 1-3p ADS BINGO	9a-3p Rio 24, Movie Trip
MONDAY 24	TUESDAY 25	WEDNESDAY 26	THURSDAY 27	FRIDAY 28
9-10am Breakfast, Social 10-11a Stretching & Arthritis Exercises 1-3p Cardboard Lacing	9-10am Breakfast, Social 10-11a BINGO w/ Karen, Dietitian 1-3p String Art	9-10am Breakfast, Social 10-11a Scarf Exercise 1-3p Card Making for ALF	9-10am Breakfast, Social 10-11a Weight Lifting 1-3p Soap Making	9-10am Breakfast, Social 10-11a Resistance Exercises 1-3p Yarn Weaving

If interested in joining the Adult Day Services Program, please call (505) 869-9770 **Activities may be subject to change**



FOR CHILDREN, YOUTH AND ADULTS

OUR COMPREHENSIVE COMMUNITY SUPPORT SERVICES (CCSS) HAS IMMEDIATE OPENINGS TO WORK WITH INDIVIDUALS AND FAMILIES.

OUR PROFESSIONAL COMMUNITY SUPPORT WORKERS IDENTIFY AND COORDINATE SERVICES WHICH ENABLE YOUR CHILD TO STAY IN THE HOME AND ATTEND SCHOOL AND/OR HELP HIM OR HER TO MAKE A SMOOTH TRANSITION FROM TREATMENT BACK TO THE HOME OR THE COMMUNITY. SERVICES FOCUS ON RECOVERY, REHABILITATION AND RESILIENCY, AS WELL AS BUILDING SKILLS FOR INDEPENDENT LIVING, LEARNING, WORKING, SOCIALIZING AND RECREATION.

CONTACT US FOR INFO AND REFERRALS

(505) 345 - 8471

info@openskieshealthcare.org
ryanh@openskieshealthcare.org

Isleta Pueblo News



Editor: Nathaniel Lujan
Asst. Editor: Diane Abeita
Published By: Valencia Express

ISLETA HEALTH CENTER PRESENTS

Roadrunner Food Bank
Distribution Info:

Location: Chical Reception Hall #191
Tribal Rd. 2

Dates and Times:

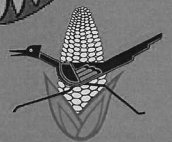
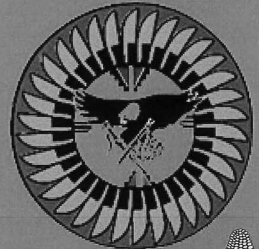
Friday 01/10/2025 9am-While Supplies Last

Friday 02/07/2025 9am- While Supplies Last

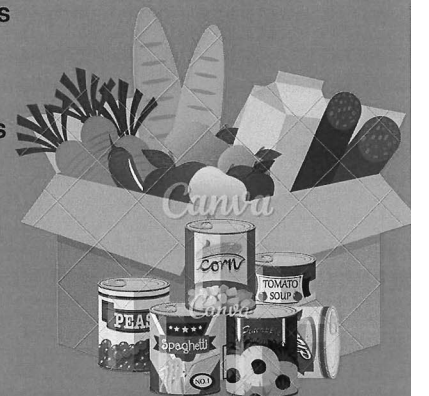
Friday 03/07/2025 9am-While Supplies last

DISTRIBUTION WILL START PROMPTLY AT 9AM

DOORS WILL OPEN RIGHT AT 9AM
NO EXCEPTIONS



ROADRUNNER FOOD BANK
OF NEW MEXICO



ANY QUESTIONS PLEASE REACH OUT TO CHR
505-869-4485

Dates/ Times Subject to change to weather and Traditional Obligations

MONDAY- FRIDAY 8:00AM - 4:30PM 505-869-9770 CLOSED FOR ALL MAJOR HOLIDAYS.					2025
Monday	Tuesday	Wednesday	Thursday	Friday	
3	4	5	6	7	
No Activities	Scrabble After lunch test your diction 	Pickleball Workshop 10am-12pm @Recreation Center	Tips for Eating Healthy and Recipe Sharing During Lunch	Shuffleboard 1pm Activities Room	
10	11	12	13	14	
Blu Orchid Massage 9:30am-3pm 	Trivia Tuesday 12:45pm Commodities Distribution 9:30am-3pm	No Activities	Make Choc. Covered Strawberries 1pm No Mass This Month	Valentine's Day Sock Hop 12pm 	
17	18	19	20	21	
 Presidents Day	Basketball after lunch Free Throws Around the World H.O.R.S.E. Commodities Distribution 9:30am-3pm	Museum of International Folkart Santa Fe, NM Leaving Elder Center @9am	Paint-a-Planter & Plant-a-Succulent 	B.I.N.G.O 1pm Activities Room 	
24	25	26	27	28	
Let's Go Bowling @Silva Lanes Leaving the Elder Center 9:30am	Trivia Tuesday 12:45pm 	No Activities	Make a Candle After Lunch in the Activities Room	 February Birthdays Celebration	
Call or Visit the Elder Center to Sign up for Activities & Trips in Advance. All Activities are on a first-come-first-serve basis. Activities are open to everyone age 50+ unless otherwise noted.					
				revised 1/9/2025	

Isleta Elder Center Menu 2025				
Monday	Tuesday	Wednesday	Thursday	Friday
2/3/2025	2/4/2025	2/5/2025	2/6/2025	2/7/2025
Chicken Noodle Soup Dice Chicken 3oz Dice Carrots & celery 1/2c Dice Onions 1/2c Egg Noodle Pasta 1/2c Crackers 2oz	Sub Sandwich Slice Turkey 3oz Swiss Cheese 1oz Lettuce & Tomato 2oz Slice Bread Pasta Salad 1/2c	Beef Nacho Dish Ground Beef 3oz Shredded Cheese 1oz Garnish 2oz Tortilla Chips 2oz Guacamole 2oz	Tuna Salad 3oz Dice Celery & Onions 1/2c Croissant Chips 2oz Banana Pudding	Pulled Pork Shredded Pork 3oz Mixed Vegetable 1/2c BBQ Sauce 2oz Hamburger Bun Fresh Fruit
2/10/2025	2/11/2025	2/12/2025	2/13/2025	2/14/2025
Ham & Cheese Sliders Slice Ham 3oz Slice Cheese 2oz Dinner Roll Parsley Potatoes 1/2c California Blend 1/2c	Posole Ground Pork 3oz Hominy 1/2c Dice onions 1/2c Green Chile 1/2c Tortilla	Baked Rosemary Chicken Chicken Breast 3oz Steamed Rice 1/2c Sauteed Spinach 1/2c Dinner Roll Fresh Fruit	Shrimp Stir Fry Shrimp 3oz Fried Rice 1/2c Peas & Carrots 1/2c Egg Roll 2oz Soy Sauce 1oz	Glazed Pork Loin Glazed Pork Loin 3oz Sweet Yams 1/2c Mushroom Gravy 2oz Herb Roasted Vegetables 1/2c
2/17/2025	2/18/2025	2/19/2025	2/20/2025	2/21/2025
ELDER CENTER CLOSED 	Baked Chicken Tenders Chicken Tenders 3oz Steak Fries 1/2c Steamed Carrots 1/2c Cottage Cheese w/peaches 1/2c BBQ Sauce 2oz	Beef Stroganoff Beef Tips 3oz Egg Noodles 1/2c Gravy 2oz Steamed Broccoli 1/2c Chocolate Chip Cookie 	Tamales Pork Tamales 3oz Red Chile 1oz Shredded Cheese 1oz Spanish Rice 1/4c Fresh Fruit	Roast Beef Sandwich Slice Roast Beef 3oz Swiss Cheese 1oz Toasted Bun Peppers & Onions 1/2c Chips 2oz Fresh Fruit
2/24/2025	2/25/2025	2/26/2025	2/27/2025	2/28/2025
Beef & Vegetable Stew Ground Beef 3oz 5 way vegetable 1/2c Crackers 2oz Fruit Cup 	Breaded Cod Breaded Cod 3oz Roasted Mixed Vegetables 1/2c Wild Rice 1/2c Lemon Wedge 2oz Fresh Fruit	Spaghetti w/Meat Sauce Ground Italian Sausage 3oz Mariana Sauce 1/2c Spaghetti Pasta 1/2c Garlic Bread Jello Salad	Cowboy Chili Ground Beef 3oz Kidney Beans 1/2c Dice tomato & onions 1/2c Bell Peppers & Green Chile 1/2c Cornbread	Chicken Pot Pie Dice Chicken 3oz 5 way vegetable 1/2c Cream of Chicken Base 1/2c Puff Pastry Topping Fresh Fruit
				Please come join us for Congregate Meals!! Mealtime is more enjoyable when you are with friends! Come eat, share stories and socialize with others. Please call by 9am to Cancel Home Delivered Meals.
****Menus are subject to change without notice, based on the availability of products.****				