



Isleta Pueblo News

Volume 19 Issue 7

Pueblo of Isleta website: www.isletapueblo.co



July 2024

Governor's Report

Maguwam,

I hope everyone is in good health. As we approach into summer and with the increase in heat, we would like to remind everyone to stay hydrated. Another reminder to continue good hand hygiene and to sanitize as COVID-19 is making its way around. If you are in need of COVID tests, these can be picked up from the Isleta Health Center front registration desk.

I had the honor of meeting with Governor Michelle Lujan Grisham on Thursday, June 13, 2024 at her home in Santa Fe. This meeting was to focus on supporting our Native students with Language in the early stages of childhood through 12th grade. We also discussed the support of funding; in hopes this could be something to collaborate with The Department of Education and the Isleta Head Start and Early Head Start Programs.

I also attended the State Tribal Leaders Summit & Government-to-Government Indian Education Summit along with some representatives from our POI program directors on June 17th-June 18th, in Farmington, NM.

As the meetings continue through out the months, I also attended the meeting with Honorable Secretary Deb Haaland, along with other tribal officials on Thursday, June 20, 2024. We discussed various topics at this meeting in hopes Secretary Haaland continues to advocate for our Pueblo.

I would like to thank everyone who participated in our Governor's Feast on Saturday, June 29th. Our families who came together to prepare for the feast from baking days, to cooking and preparing all the food. I would also like to thank the POI Departments in assisting with the set up to make our feast day special! HAWU, everyone and many blessings to you in return.

We have issued a memo regarding no fishing or swimming in the Rio Grande River on the West and East side. We ask that you follow all signs posted regarding this order, we are working on re-opening the North side of the river soon. We appreciate your patience.

Last, I want to send my condolences to the families of those who have lost their family members during the month of June.

Ha-Wuh

Max A. Zuni

Governor

Pueblo of Isleta

—Presbyterian — Blue Cross Blue Shield — Western Sky — Amber Care

**The Pueblo of Isleta Elder Center
is pleased to personally
invite you to the
Annual Benefits & Resources Fair!!**

Thursday, August 29, 2024
9:00 a.m.—2:00 p.m.
Isleta Casino & Resort—Grand Ballroom A

- **On-site Health Benefit & Resource Representatives Ready to Answer Your Questions and Hear Your Concerns**
- **Panel Discussion Question & Answer Sessions**
 - **Continental Breakfast and Lunch**

8:30a.m.—9:00a.m. ~ **Registration**

9:00a.m.—10:00a.m. ~ **Panel Discussion**

- Medicare Benefits, Turquoise Care
- Medicaid Benefits, "MCO Reps (BCBS, Presbyterian, Western Sky)

10:00a.m.—10:15a.m. ~ **BREAK**

10:15a.m.—11:30a.m. ~ **Panel Discussion**

- Pueblo of Isleta (POI) Elders Address Health Care Issues and Concerns; Isleta Health Center (IHC) Shares How To Navigate the IHC Systems

11:30a.m.—12:00p.m. ~ **Visit Vendor Exhibits**

12:00p.m.—1:00p.m. ~ **Panel Discussion**

- POI Probate Process and Wills

Limited Registration, Deadline To Register August 9th.
To Register Please Contact:
Mariah Lente, Benefits and Billing Coordinator, Elder Center (505) 869-9770

This event is for 60+ Years of Age *Door Prize Drawings*

United Health Care — Isleta Pueblo Housing Authority — First Nations — United Health Care

Senior Health Resource Center — High Desert Hospice — NM Council on Aging — Humana & More

**Veterans' Health Administration
New Mexico VA Healthcare System**

Pueblo of Isleta Veteran Outreach Event

The Veteran Public is Cordially Invited!

**Where: Pueblo of Isleta Veterans Center,
4001 NM-314, Los Lunas NM 87031**

When: Friday, July 19, 2024.

Time: 10:00 am to 2:00 pm. (set up time 9:30 am).

We invite all Veterans, their families and caregivers to learn more about VA Health Care, Veterans Benefits and other VA Resources.

If you would like to sign up for VA Healthcare or benefits, bring a Copy #4 of your DD-214 Discharge document, Medicare or other health insurance cards, and a copy of last year's income taxes.

POC: Mr. Terry L. Obago, Program Manager, Native American Veterans Program, New Mexico VA Healthcare System 505-256-5407 or email: terry.obago@va.gov

LETTER FROM THE EDITOR

DEADLINE for August Newsletter articles is set for Wednesday, July 17, 2024, at 4:30 pm. Articles may be dropped off at the Library or emailed to Nathaniel.Lujan@isletapueblo.com. Should you email your article, expect a confirmation email. If you do not receive a confirmation email, odds are it never made it to me and then it's time to panic, so call Nate at 505.869.9808.

People who wish to submit an article or flyer are responsible for generating their own article or flyer. Should you need help, please call the Library at 505.869.9808 and set up a date and time to sit down with a Library staff member who will help you throughout the process. The Library will NOT accept notes dropped off at the Library or information over the phone to generate your article.

PROBATES need to be published in the Newsletter for two consecutive months. Probates are considered court documents, therefore, all submitters must provide: 1) Name of Deceased, 2) Date of Deceased 3) Court Case # and 4) Date of Court Date. A Probate form can be found on the Newsletter Archive page at <http://www.isletapueblo.com/newsletters.html>.

CLASSIFIED ADS: The new administration has requested that the Newsletter start a Classified Ad section for Tribal members selling land, houses, mobile homes, vehicles, and farm equipment. Leasing of houses and mobile homes will be accepted. Smaller items which can be sold at the local flea markets or weekly yard sales will NOT be accepted.

Currently, this service is FREE to Tribal members. Land, houses, and mobile homes must be within the reservation boundaries. Ads must meet the 160 character limit. Ads that exceed the 160 characters will NOT be submitted into the Newsletter. A single picture may be submitted with the ad. Submitters of classified ads are responsible for generating their own ads as this is a FREE service.

As a reminder, Tribal business owners may submit a small flyer at no charge. Like the classified ads, business owners are responsible for generating their own flyers as this is a FREE service.

Classified ads and business flyers will be posted no more than two consecutive months. In the event where the Newsletter may exceed the 24-page limit, classified ads and business flyers will be "bumped" for newsletter articles. Again, this is a FREE service for Tribal members.

The Isleta Newsletter is owned and operated by the Pueblo of Isleta. Therefore, the Governor of the Pueblo of Isleta has the final say of all articles and contents within the Isleta Newsletter.

For additional questions, you may call the Library and speak with Nate or Diane at 505.869.9808.

Thank you,
Nathaniel Lujan

Newsletters may be found at the fifteen distribution locations listed below. Remember, Digital copies of the Newsletter may be obtained from the Newsletter archive at <http://www.isletapueblo.com/newsletters.html>

The fifteen Newsletter distribution locations are:

1. TR 2 & TR 22 - Chical SE of Community Hall
2. TR 10 - Behind the old 47 Sales
3. TR 1 & TR 5 – Ranchitos / Bosque Farms Reservations Line
4. Ranchitos Park
5. Post Office - Big Tree
6. TR 82 & TR 84 - Teller Road
7. TR 78 & TR 82 - Carlos Trujillo Sr.
8. TR 90 @ Y - CF Padilla
9. Mouse Town Park –
10. Health Center – South end of Health Center Parking lot
11. Library Sunlight & Moonlight Intersection
12. TR 6 - 47 Intersection
13. TR 12 - 47 & 147 intersection (Old Smoke & Save)
14. TR 71 & TR 54 @ Y - Holiday Robot / Paved Road / Railroad Tracks
15. TR 45 & TR 40 @ Y - Tata Mel (POI Signage)



PROBATES

IN THE MATTER OF THE ESTATE OF: Case No. CV-PR-0044-2024
Jose Alfred D. Jojola

First Notice

TAKE NOTICE that in accordance with notice requirements, a Petition to Probate the Estate of **Jose Alfred D. Jojola**, deceased **12/22/1923**, has been filed in the Pueblo of Isleta Tribal Court. Any person claiming an interest in the Estate is hereby advised to notify the Pueblo of Isleta Tribal Court Clerk in writing within thirty (30) days of this notice being posted. Claims must be filed in writing. A hearing in this matter has been scheduled for **TBD at TBD** at the Isleta Tribal Court, located at the Tribal Services Complex, 3950 Hwy. 47 SE, Building A, Albuquerque, NM. If you have any questions, please contact the Isleta Tribal Court at (505) 869-9699.

IN THE MATTER OF THE ESTATE OF: Case No. CV-PR-0046-2024
Gregory Martin

First Notice

TAKE NOTICE that in accordance with notice requirements, a Petition to Probate the Estate of **Gregory Martin**, deceased **03/15/2024**, has been filed in the Pueblo of Isleta Tribal Court. Any person claiming an interest in the Estate is hereby advised to notify the Pueblo of Isleta Tribal Court Clerk in writing within thirty (30) days of this notice being posted. Claims must be filed in writing. A hearing in this matter has been scheduled for **TBD at TBD** at the Isleta Tribal Court, located at the Tribal Services Complex, 3950 Hwy. 47 SE, Building A, Albuquerque, NM. If you have any questions, please contact the Isleta Tribal Court at (505) 869-9699.

IN THE MATTER OF THE ESTATE OF: Case No. CV-PR-0025-2024
Michael Allen Lente

Second Notice

TAKE NOTICE that in accordance with notice requirements, a Petition to Probate the Estate of **Michael Allen Lente**, deceased **02/03/2024**, has been filed in the Pueblo of Isleta Tribal Court. Any person claiming an interest in the Estate is hereby advised to notify the Pueblo of Isleta Tribal Court Clerk in writing within thirty (30) days of this notice being posted. Claims must be filed in writing. A hearing in this matter has been scheduled for **TBD, at TBD** at the Isleta Tribal Court, located at the Tribal Services Complex, 3950 Hwy. 47 SE, Building A, Albuquerque, NM. If you have any questions, please contact the Isleta Tribal Court at (505) 869-9699.

IN THE MATTER OF THE ESTATE OF: Case No. CV-PR-0083-2023
Anthony J. Abeita

Second Notice

TAKE NOTICE that in accordance with notice requirements, a Petition to Probate the Estate of **Anthony J. Abeita**, deceased **07/10/2023**, has been filed in the Pueblo of Isleta Tribal Court. Any person claiming an interest in the Estate is hereby advised to notify the Pueblo of Isleta Tribal Court Clerk in writing within thirty (30) days of this notice being posted. Claims must be filed in writing. A hearing in this matter has been scheduled for **Wednesday, June 26, 2024, at 9:00 am** at the Isleta Tribal Court, located at the Tribal Services Complex, 3950 Hwy. 47 SE, Building A, Albuquerque, NM. If you have any questions, please contact the Isleta Tribal Court at (505) 869-9699.

IN THE MATTER OF THE ESTATE OF: Case No. CV-PR-0056-2024
Dwayne Edward Lucero

Second Notice

TAKE NOTICE that in accordance with notice requirements, a Petition to Probate the Estate of **Dwayne Edward Lucero**, deceased **08/25/2022**, has been filed in the Pueblo of Isleta Tribal Court. Any person claiming an interest in the Estate is hereby advised to notify the Pueblo of Isleta Tribal Court Clerk in writing within thirty (30) days of this notice being posted. Claims must be filed in writing. A hearing in this matter has been scheduled for **TBD at TBD** at the Isleta Tribal Court, located at the Tribal Services Complex, 3950 Hwy. 47 SE, Building A, Albuquerque, NM. If you have any questions, please contact the Isleta Tribal Court at (505) 869-9699.

IN THE MATTER OF THE ESTATE OF: Case No. CV-PR-0056-2024

Dwayne Edward Lucero (DOD: 08/25/2022)

Second Notice

TAKE NOTICE that in accordance with notice requirements, a Petition to Probate the Estate of **Dwayne Edward Lucero**, deceased **08/25/2022**, has been filed in the Pueblo of Isleta Tribal Court. Any person claiming an interest in the Estate is hereby advised to notify The Pueblo of Isleta Tribal Court Clerk in writing within thirty (30) days of this notice being posted. Claims must be filed in writing. A hearing in this matter has been scheduled **To Be Determined (TBD)** at the Isleta Tribal Court, located at the Tribal Services Complex, 3950 Hwy, 47 SE, Building A, Albuquerque, NM. If you have any questions please contact the Isleta Tribal Court at (505) 869-9699.

PUBLIC NOTICE OF PENDING PROBATE MATTER:

CASE NO. DV-PR-0044-2024

TAKE NOTICE that in accordance with notice requirements, a Petition to Probate the Estate of Jose Alfred D. Jojola, deceased December 22, 1923, has been filed in the Pueblo of Isleta Tribal Court. Any person claiming an interest in the Estate is hereby advised to notify the Isleta Tribal Court Clerk. Claims must be filed in writing within 30 days of this notice being posted. A hearing in this matter is TBD at TBD at the Isleta Tribal Court, located at the Tribal Services Complex, 3950 Hwy. 47 SE, Building A, Albuquerque, NM. If you have any questions please contact the Isleta Tribal court at (505)869-9699.

Take notice that in accordance with notice requirements, a Petition to Probate of Estate of Michael Allen Lente, Case No. CV-PR-0025-2024 deceased February 4th, 2024, has been filed in the Pueblo of Isleta Tribal Court. Michelle Schneider, has been appointed to serve as the Administrator of the Estate. Any person claiming an interest in the Estate is hereby advised to notify the Isleta Tribal Court. Claims must be filed in writing. A hearing in this matter has been scheduled for Wednesday, July 31st at 1:30pm at the Isleta Tribal Court, located at the Tribal Services Complex, 3950 Hwy. 47 SE, Building A, Albuquerque, NM. If you have any questions, please contact the Isleta Tribal Court at (505) 869-9699.

ISLETA PUEBLO HOUSING AUTHORITY

Do you have an outstanding balance with housing (IPHA)?

If for any reason you have an outstanding or delinquent balance with Isleta Pueblo Housing Authority, please contact Housing as soon as possible. This would include any outstanding balance for maintenance (work orders), insurance, rent, lease, or mortgage. We are offering a one time 'catch up' for accounts. If we are contacted by August 1, 2024, in regards to your outstanding balance, we will make every effort to work with each person or family that reaches out to us by that date to bring the account current. After August 1, 2024, Housing will begin reviewing and moving forward with any steps necessary to remedy the past due amounts. You can stop by our office Monday-Friday 8:00 a.m. to 4:30 p.m. at Building 3 Tribal Road 61 or by calling our office at 505.869.4153.

NOTICE FROM PUBLIC WORKS DEPARTMENT:



DRINKING WATER QUALITY REPORTS (Consumer Confidence Reports) ISSUED JUNE 2024, FOR CALENDAR YEAR 2023 ARE AVAILABLE AT: <https://www.isletapueblo.com/2018/05/24/recent-publications/#publicworks>



EAST SIDE REPORT <https://www.isletapueblo.com/wp-content/uploads/2024/06/IPW-EastsideFinalCCR2023.pdf>



LOS CHARCOS REPORT <https://www.isletapueblo.com/wp-content/uploads/2024/06/IPW-LosCharcosFinalCCR2023.pdf>



SHEA WHIFF REPORT <https://www.isletapueblo.com/wp-content/uploads/2024/06/IPW-SheaWhiffFinalCCR2023.pdf>

PAPER COPIES ARE AVAILABLE TO BE PICKED UP AT: PUBLIC WORKS OFFICE, GOVERNOR'S OFFICE, OR LIBRARY

ANY QUESTIONS, PLEASE CALL PUBLIC WORKS AT 505-869-5170

CLASSES OF 93, 94, 95
30 YEAR REUNION

LLHS An Adults Only Event
 RSVP Required \$10/person

WHEN: AUG 10, 2024 4 PM

WHERE: ISLETA RECEPTION HALL
 191 Tribal Rd 2 Bosque Farms, NM

For more information:
 On Facebook@ LLHS 30 YEAR CLASS REUNION
 Loslunas30yearreunion@gmail.com

RSVP Payment Options <https://www.paypal.me/kimgo813>
<https://venmo.com/u/Kimberly-Gonzales-56>
 Zelle: kimgo813@gmail.com or (505) 315-1224

Happy 4th of July

FOURTH OF JULY SERVICE SCHEDULE
 The Transfer Station will be closed on Thursday July 4th. Thursday and Fridays collection routes will be collected on Friday July 5th. Have carts out by 7am. Have a Happy 4th of July!



KEEP ISLETA BEAUTIFUL! (505)869-4106

ANCESTRAL LANDS CONSERVATION CORPS PRESENTS: **Ages 8-13**

Isleta Summer Hiking Club

JOIN US THIS SUMMER AS WE ADVENTURE THROUGH THE LANDS OF NEW MEXICO AND ISLETA

Session 1: June 3-14
Session 2: June 24- July 5
Session 3: July 15-26

FOR MORE INFORMATION CONTACT CLUB LEADERS:
 ELYZA ZUNI 505.321.6138
 MIYAWNI CURTIS 505.373.8722
 OR
 ELIJAH LUJAN
 ISLETA PUEBLO PROGRAM COORDINATOR
 505.584.7844





Goodwill

Goodwill Goodjobs! Serving Albuquerque south valley/Isleta Pueblo, and Valencia County

We offer individual free assistance with job search, interview skills, and resume assistance.

Contact : Vicki Herring
Career Specialist at
505-944-0289
Vicki Herring
Career Specialist



Goodwill Industries of New Mexico

vherring@goodwillnm.org

505-944-0289 or 505-881-6401 x4097

201 Desert Willow Rd, Los Lunas, NM 87031

www.Goodwillit.org

CHEVY VS RAM VS FORD



Come and get yours
Brandon Lucero
Aka - "Khimchuti"

505-550-4637

Khimchuti@gmail.com

Come and get your next NEW,
or USED Vehicle from me. Trades welcome.
Good credit, challenging no problem.
When we say warranty We say forever
For more information - Call, text or email.

We're hiring!

Ancestral Lands Isleta Farm Corps Technician

Position Details

- \$550/week living stipend + \$100/week housing stipend
- 900 hour AmeriCorps Service Term
- AmeriCorps Education Award after completion of term
- Develop agricultural skills
- NO EXPERIENCE REQUIRED

APPLY TODAY!!

CONTACT ELIJAH LUJAN @
505-584-7844
Email: elujan@conservationlegacy.org
<https://ancestralands.org/isleta-pueblo>





SATURDAY AT THE REFUGE

FREE FAMILY FUN

RANGER-LED ACTIVITIES

FREE FOOD

ARTS AND CRAFTS

SHUTTLE RIDES

SATURDAY JULY 20

11:00AM-1:00PM

7851 2ND STREET SW
ALBUQUERQUE, NM 87105




**From DOE Higher Ed:
POI Scholarship**

Supporting Documents Deadline for Fall 2024:
August 31st 11:59PM

POI Scholarship Application Deadline for Fall Term:
July 1st 11:59 PM MST

Scholarship Application Tips

1. Meet all application deadlines
 - a. Use a calendar or planner, make a schedule, and stick to it.
2. Gather application materials early
 - a. Give yourself plenty of time to complete each step.
- 3 Don't ignore small award
 - a. Small awards can add up. The larger the award, the more competition you'll face
4. Request letters of recommendation early
 - a. Some applications require letters of recommendation. Think carefully about who should write letters and choose people who can speak to your strengths and ability to overcome your weaknesses. Give your recommenders no less than two weeks notice so they have time to write on your behalf. Be prepared to provide them with additional information about yourself or the scholarship. Make sure to follow up with your recommender to assure that your letter was submitted.
5. Write a great essay
 - a. Think carefully about the question being asked and use this opportunity to tell the selection committee things about you that might not show elsewhere in the application. Get help with editing for grammar and spelling, but do your own writing—the committee wants to hear from you personally.
6. Try, try again
 - a. Keep trying even if you don't win a scholarship right away. Save copies of every application that you complete so you don't have to start from scratch every time.



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Child Safety Seat Checks offered
at the Isleta Health Center

Learn how to properly install your
Child's Safety Seat

CALL 505-869-4479 to Schedule an
Appointment.

*Child and Car Seat
must be Present.*

**ANCESTRAL LANDS
CONSERVATION CORPS**
A program of Conservation Legacy

**WE ARE
HIRING**

JOIN OUR ISLETA PUEBLO CREW

OPEN POSITIONS:

Isleta Pueblo Crew Leader	Isleta Pueblo Corpsmember
Term Length Full-time, Seasonal, 4-9 months	Term Length Full-time, Seasonal, 4-9 months
Location Albuquerque, NM	Location Albuquerque, NM
Salary \$844/week	Salary \$650/week
Age Requirement 21+	Age Requirement - 17-30
Schedule Hybrid- Day Crew/Traveling Crew	Schedule Hybrid- Day Crew/Traveling Crew

APPLY NOW

Questions? Contact: Elijah Lujan at
elujan@conservationlegacy.org
(505)584-7844

For More Information visit our website
www.ancestrallands.org

**PUEBLO OF ISLETA
Environmental
Fair**

Saturday, July 27th, 2024

10:00 AM – 2:00 PM

Isleta Recreation Center

**Environmental Education Door Prizes
Lunch Provided Exhibits for All Ages
And Much More!**

**For more information please call
Environment Department at 505-869-9814**

Exciting news alert! We're teaming up with the Environmental Department. ✨

Pueblo of Isleta Department of Education

Back to School at the Environmental Fair

SATURDAY, JULY 27TH, 2024

10:00 AM- 2:00 PM

ISLETA RECREATION CENTER



School supplies will be given out during the environmental fair.

Please fill out the form using the link or QR Code

[HTTPS://ISLETAPUEBLO.FORMSTACK.COM/FORMS/SCHOOLSUPPLY2024_25](https://isletapueblo.formstack.com/forms/schoolsupply2024_25)

Questions please call 505-869-9790

MEDIA RELEASE FOR FREE MEALS FOR CEP National School Lunch/Breakfast Program School Year 2024-2025

The *Isleta Elementary School* announced today it will operate the Community Eligibility Program (CEP) under the National School Lunch Program and School Breakfast Program for the 2024-2025 school year.

Schools qualifying to operate CEP serve breakfast and lunch to all children at no charge and eliminate the collection of meal applications for free, reduced-price, and paid student meals. This new approach reduces burdens for both families and school administrators and helps ensure that students receive nutritious meals.

For additional information please contact the following person:

Isleta Elementary School

Attention: Esther P. Ceus/ Principal
Christina Lujan/Head Cook

Isleta Elementary School
1000 Moonlight Dr. SE
Albuquerque, NM 87105
505.869.2321

Sincerely,
Christina Lujan/Head Cook

Non-discrimination Statement:

In accordance with federal civil rights law and U.S. Department of Agriculture (USDA) civil rights regulations and policies, this institution is prohibited from discriminating on the basis of race, color, national origin, sex (including gender identity and sexual orientation), disability, age, or reprisal or retaliation for prior civil rights activity.

Program information may be made available in languages other than English. Persons with disabilities who require alternative means of communication to obtain program information (e.g., Braille, large print, audiotape, American Sign Language), should contact the responsible state or local agency that administers the program or USDA's TARGET Center at (202) 720-2600 (voice and TTY) or contact USDA through the Federal Relay Service at (800) 877-8339.

To file a program discrimination complaint, a Complainant should complete a Form AD-3027, USDA Program Discrimination Complaint Form which can be obtained online at: USDA Program Discrimination Complaint Form, from any USDA office, by calling (866) 632-9992, or by writing a letter addressed to USDA. The letter must contain the complainant's name, address, telephone number, and a written description of the alleged discriminatory action in sufficient detail to inform the Assistant Secretary for Civil Rights (ASCR) about the nature and date of an alleged civil rights violation. The completed AD-3027 form or letter must be submitted to USDA by:

- (1) mail: U.S. Department of Agriculture, Office of the Assistant Secretary for Civil Rights, 1400 Independence Avenue, SW, Washington, D.C. 20250-9410; or*
- (2) fax: (833) 256-1665 or (202) 690-7442; or*
- (3) email: program.intake@usda.gov*

This institution is an equal opportunity provider.



Because of you, life doesn't stop.



Isleta Environmental Fair

BLOOD DRIVE

SATURDAY, JULY 27
10:00AM-2:00PM

Bloodmobile
#60 Tribal Road 40
Isleta, NM 87022
To schedule an appointment, please call 505-364-7705, or scan the QR code.



WIN A CAR
Donate for a chance to win a sweet ride!
Limited time



For more information or to schedule a donation, call 877-258-4825 or visit us at vitalant.org
Find us @ 

vitalant. 



Job Postings
 Visit us online at <http://www.isleta.com/career-opportunities.aspx>
 Fax: 505-244-8232

OUR LOCATION

Isleta Resort and Casino is located 7 minutes south of downtown Albuquerque at Interstate 25 and Hwy 47, exit 215. The Human Resources office can be found on the east side of the building through the Employee Entrance doors.

MAIN BANKER
 Location: Albuquerque, NM
 Publish Date: 06/20/2024
 Level: Non-Exempt

COOK
 Location: Albuquerque, NM
 Publish Date: 06/20/2024
 Level: Non-Exempt

HEAD GOLF PRO
 Location: Albuquerque, NM
 Publish Date: 06/20/2024
 Level: Exempt

HDCT
 Location: Albuquerque, NM
 Publish Date: 06/19/2024
 Level: Non-Exempt

ENTERTAINMENT MANAGER
 Location: Albuquerque, NM
 Publish Date: 06/19/2024
 Level: Exempt

SLOTS TECHNICIAN SUPERVISOR
 Location: Albuquerque, NM
 Publish Date: 06/18/2024
 Level: Non-Exempt

FOOD ATTENDANT
 Location: Albuquerque, NM
 Publish Date: 06/20/2024
 Level: Non-Exempt

IRRIGATION TECHNICIAN
 Location: Albuquerque, NM
 Publish Date: 06/20/2024
 Level: Non-Exempt

CUSTODIAN
 Location: Albuquerque, NM
 Publish Date: 06/19/2024
 Level: Non-Exempt

SLOTS SHIFT SUPERVISOR
 Location: Albuquerque, NM
 Publish Date: 06/19/2024
 Level: Non-Exempt

SLOTS TECHNICIAN INTERN
 Location: Albuquerque, NM
 Publish Date: 06/18/2024
 Level: Non-Exempt

SLOTS LAB TECHNICIAN
 Location: Albuquerque, NM
 Publish Date: 06/18/2024
 Level: Non-Exempt

AV TECHNICIAN I
 Location: Albuquerque, NM
 Publish Date: 06/06/2024
 Level: Non-Exempt

BARTENDER
 Location: Albuquerque, NM
 Publish Date: 06/06/2024
 Level: Non-Exempt

CASHIER
 Location: Albuquerque, NM
 Publish Date: 06/03/2024
 Level: Non-Exempt

BINGO ADMISSIONS CLERK
 Location: Albuquerque, NM
 Publish Date: 06/03/2024
 Level: Non-Exempt

BUYER
 Location: Albuquerque, NM
 Publish Date: 05/29/2024
 Level: Non-Exempt

SLOTS FLOOR ATTENDANT
 Location: Albuquerque, NM
 Publish Date: 06/06/2024
 Level: Non-Exempt

SYSTEMS ADMINISTRATOR
 Location: Albuquerque, NM
 Publish Date: 06/04/2024
 Level: Exempt

SERVER
 Location: Albuquerque, NM
 Publish Date: 06/03/2024
 Level: Non-Exempt

STEWARD
 Location: Albuquerque, NM
 Publish Date: 06/03/2024
 Level: Non-Exempt

SPA SUPERVISOR
 Location: Albuquerque, NM
 Publish Date: 05/28/2024
 Level: Non-Exempt

SLOTS FLOOR TECHNICIAN
 Location: Albuquerque, NM
 Publish Date: 06/18/2024
 Level: Non-Exempt

TABLE GAMES FLOOR SUPERVISOR
 Location: Albuquerque, NM
 Publish Date: 06/14/2024
 Level: Non-Exempt

LAKES CASHIER
 Location: Albuquerque, NM
 Publish Date: 06/14/2024
 Level: Non-Exempt

HDC SPECIALIST
 Location: Albuquerque, NM
 Publish Date: 06/14/2024
 Level: Non-Exempt

SALES ASSOCIATE
 Location: Albuquerque, NM
 Publish Date: 06/13/2024
 Level: Non-Exempt

BARTENDER CART
 Location: Albuquerque, NM
 Publish Date: 06/13/2024
 Level: Non-Exempt

CAGE SHIFT SUPERVISOR
 Location: Albuquerque, NM
 Publish Date: 06/13/2024
 Level: Non-Exempt

PLAYERS CLUB REPRESENTATIVE
 Location: Albuquerque, NM
 Publish Date: 06/12/2024
 Level: Non-Exempt

RETAIL ATTENDANT
 Location: Albuquerque, NM
 Publish Date: 06/12/2024
 Level: Non-Exempt

HVAC TECH III
 Location: Albuquerque, NM
 Publish Date: 06/12/2024
 Level: Non-Exempt

SAFETY SPECIALIST
 Location: Albuquerque, NM
 Publish Date: 06/12/2024
 Level: Non-Exempt

SHIFT LEAD TRAVEL CENTER
 Location: Albuquerque, NM
 Publish Date: 06/11/2024
 Job Family: N/A
 Level: Non-Exempt

SURVEILLANCE AGENT
 Location: Albuquerque, NM
 Publish Date: 06/18/2024
 Level: Non-Exempt

TABLE GAMES DEALER
 Location: Albuquerque, NM
 Publish Date: 06/14/2024
 Level: Non-Exempt

STEWARD
 Location: Albuquerque, NM
 Publish Date: 06/14/2024
 Level: Non-Exempt

TABLE GAMES SHIFT MANAGER
 Location: Albuquerque, NM
 Publish Date: 06/14/2024
 Level: Non-Exempt

SHIPPING & RECEIVING CLERK
 Location: Albuquerque, NM
 Publish Date: 06/13/2024
 Level: Non-Exempt

EXECUTIVE HOST MARKETING
 Location: Albuquerque, NM
 Publish Date: 06/13/2024
 Level: Exempt

SOUND TECHNICIAN
 Location: Albuquerque, NM
 Publish Date: 06/12/2024
 Level: Non-Exempt

SECURITY OFFICER I
 Location: Albuquerque, NM
 Publish Date: 06/12/2024
 Level: Non-Exempt

SPORTS BOOK WRITER
 Location: Albuquerque, NM
 Publish Date: 06/12/2024
 Level: Non-Exempt

HVAC TECH II
 Location: Albuquerque, NM
 Publish Date: 06/12/2024
 Level: Non-Exempt

SECURITY OFFICER II
 Location: Albuquerque, NM
 Publish Date: 06/12/2024
 Job Family: N/A
 Level: Non-Exempt

FRONT DESK AGENT
 Location: Albuquerque, NM
 Publish Date: 06/06/2024
 Level: Non-Exempt

ENVIRONMENT
 Monthly surface water quality results

E. coli bacteria in MPN/100 ml by POI Sample Location*	Month & Year of collection											
	2023			2024								
	Oct	Nov	Dec	Jan	Feb	Mar	Apr	May	Jun	Jul	Aug	Sep
South Boundary	2755	613	517	2419	461	63	173	228				
240 Wasteway	204	461	416	613	378	41	85	228				
Indian Interior Drain @ 240 Wasteway	66	14	34	10	16	25	52	61				
NM 147	920	410	387	2419	178	52	171	52				
Black Bridge	381	325	387	1299	435	31	158	75				
Northern Boundary near Isleta Lakes	648	218	121	547	118	109	63	74				
Albuquerque Riverside Drain	64	86	79	69	142	36	147	73				
Acequia Madre near Northern Boundary	127	-	-	-	-	25	146	95				
Butte Lateral near interstate-25	-	-	-	-	-	19	-	62				

*Water quality samples are collected from the Rio Grande except Indian Interior Drain at 240 Wasteway, Albuquerque Riverside Drain, and the irrigation locations.
 - Dash in data table indicates sample not collected.
 "MPN" is a unit of measure that stands for most probable number. MPN is equivalent to colony forming units ("CFU").

The Pueblo of Isleta's most stringent surface water quality standard for E. coli bacteria is 88 MPN/100 ml at all times and at all flow rates.

Please continue to watch signage at the NM 147 bridge for surface water quality advisory.

As of the June 18, 2024 Newsletter deadline date, no fishing is allowed on the east and west side of the Rio Grande River due to health and safety precautions of the tribal community by Order of the Governor.

If you have questions about surface water quality, contact Ramona Montoya, Water Quality Control Officer, at 505-869-7565.

**Honoring Our Veterans:
 Request for Photos**

I hope you're doing well today. I wanted to reach out to you today, asking for Veteran's photos of Isleta community members to help honor our community members that were in the service.

With the photographs and stories of our community members in Isleta, we hope to give recognition for their Honor and bravery in the service they have shown us by displaying their photos and stories with them.

We will display the photos/stories on a wall in the DCHP building, to help show the community and others, what they did for us! And what they became for us!

Thank You
 DCHP, By Intern Pae-pooyou Lucero

Pueblo of Isleta Career Opportunities

Position Posting	Office Location	Closing Date	Position Posting	Office Location	Closing Date
ACADEMIC SUCCESS COACH	Department of Education	Open Until Filled	HIGHWAY SAFETY OFFICER I or II	Police Department	Open Until Filled
ANIMAL CONTROL OFFICER	Police Department	Open Until Filled	HOME CARE ATTENDANT	Elder Center	Open Until Filled
ARCHIVIST	Cultural & Historic Preservation	Open Until Filled	HOMEOWNERSHIP / LOAN AGREEMENT COUNSELOR	Housing Authority	Open Until Filled
ASSISTED LIVING ADMINISTRATOR	Assisted Living Facility	Open Until Filled	IRRIGATION SUPERVISOR	Natural Resources	Open Until Filled
AUDIOLOGIST	Health Services	Open Until Filled	IRRIGATION TECH	Agricultural Division	Open Until Filled
AUTO & DIESEL MECHANIC	Transportation Services	Open Until Filled	IRRIGATION & LANDSCAPE TECHNICIAN	Parks & Recreation	Open Until Filled
BUYER	Procurement	Open Until Filled	LABORER	Public Works	Open Until Filled
CHIEF PROBATION / CHILDREN'S INTERVENTION OFFICER	Tribal Court	Open Until Filled	LIFEGUARD ASSISTANT	Parks & Recreation	Open Until Filled
CHILD / ADOLESCENT THERAPIST	Health Services	Open Until Filled	PERSONAL CARE SERVICE AIDE	Elder Center	Open Until Filled
CODE COMPLIANCE OFFICER	Police Department	Open Until Filled	PHYSICAL THERAPIST ASSISTANT	Health Services	Open Until Filled
COMPUTER IT SPECIALIST	Department of Education	Open Until Filled	POLICE DEPARTMENT ASSISTANT	Police Department	Open Until Filled
COMPLIANCE INSPECTOR I	Gaming & Regulatory	Open Until Filled	POLICE OFFICER I	Police Department	Open Until Filled
COMMUNITY HEALTH REPRESENTATIVE	Health Services	Open Until Filled	POLICE OFFICER II	Police Department	Open Until Filled
COOK I	Head Start	Open Until Filled	PROJECT ASSISTANT	Social Services	Open Until Filled
DIABETES PROGRAM MANAGER	Health Services	Open Until Filled	RANGELAND DATA MONITOR	Natural Resources	Open Until Filled
DIRECTOR, HUMAN RESOURCES	Human Resources	Open Until Filled	RECREATION LEAD	Parks & Recreation	Open Until Filled
DIRECTOR, TRANSPORTATION SERVICES	Transportation Services	Open Until Filled	TEACHER ASSISTANT	Head Start	Open Until Filled
EMT BASIC (3 Positions)	Health Services	Open Until Filled	TRANSPORTATION ENGINEER	Transportation Services	Open Until Filled
EMT - INTERMEDIATE (2 Positions)	Health Services	Open Until Filled	TREASURY ASSISTANT	Treasury	Open Until Filled
EMT - PARAMEDIC (2 Positions)	Health Services	Open Until Filled	TUTOR I	Department of Education	Open Until Filled
FAMILY SOCIAL WORKER	Social Services	Open Until Filled	TUTOR II	Department of Education	Open Until Filled
FIRE CHIEF	Fire Department	Open Until Filled	UTILITY WORKER	Public Works	Open Until Filled
			VETERAN SUPPORT SERVICE MEMBER	Elder Center	Open Until Filled - WITHIN ONLY
			WATER/WWTP OPERATOR I-IV	Public Works	Open Until Filled

Aaron Robert Dailey Scholarship
-The Tibien (Elk Mountain) College Fund
\$1,000 Scholarship for Native Americans
(2024-2025)

5th Annual Scholarship

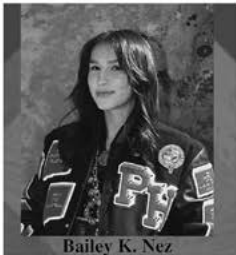
Eligibility:

1. Must be an enrolled member of a federally recognized tribe in New Mexico or California pursuing a college degree.
2. Must have at least a 2.5 GPA.
3. Must be a high school senior or have graduated from high school within the last 4 years.
4. Must be accepted to a college or university.
5. Must be enrolled for a minimum of 12 credit hours per semester, or 6 hours and working part time.
6. Must maintain a 2.5 GPA.
7. Family members not eligible.



DEADLINE:
August 5, 2024

2023-2024 Scholarship Recipient



Bailey K. Nez is a tribal member of the Navajo Nation and is currently enrolled at Lawrence University pursuing a degree in Environmental Science.

"I intend to use my Environmental Science degree to work on behalf of my Navajo tribe. Equipped with a degree in Environmental Science I can better understand our climate and environment in order to improve our living conditions on the reservation. My hope for the future is to come back home with knowledge about how to address these environmental issues."

-B. Nez

Start your application today!
 Scan the QR Code

Or

E-mail: swlopc@outlook.com
 to request an application

Attention Pueblo of Isleta residents: Update from POI Environment Department Asbestos Program

Goals of the Asbestos Program

To educate the community about asbestos and to prevent releases of asbestos-containing building material (ACBM). Environment Department performs building materials inspections for demolition and general renovation projects for homes within Pueblo of Isleta reservation.

Protecting Your Health and Those Around You

What is Asbestos? It is a natural mineral fiber that is mined from the Earth. It was used in many common building materials for its strength and durability, insulation properties, and fire resistance. Asbestos is hazardous to human health and the environment. Microscopic fibers are released into the air when the materials are disturbed. These fibers can enter the lungs when inhaled and can damage the lung tissue.

Renovation or Demolition? What You Need to Know Before You Start

This is a reminder to all households that a building materials inspection is required prior to any renovation or demolition work. The purpose of a building materials inspection is to rule out the presence of asbestos-containing building material.

Asbestos is found in many building materials, including but not limited to:

- Window Glazing
- Adhesive Material
- Insulation
- Roofing Material
- Plaster and Stucco
- Ceiling/Flooring Panels & Tiles
- Penetration Sealant
- Joint Compounds
- Drywall Material

FUNDING NOW AVAILABLE

Tribal Council approved a budget using ARPA funding to assist households with building materials inspection, asbestos abatement (if necessary), and demolition. The deadline to get a household project on Environment Department's list is July 15, 2024.

If you are interested, have questions, or would like to request a building materials inspection, contact Environment Department at 505-869-7565. At this time, properties in probate are not eligible.

POEH CULTURAL CENTER presents

pathways
 INDIGENOUS ARTS FESTIVAL

BUFFALO THUNDER RESORT & CASINO • SANTA FE, NM

ONE MONTH LEFT TO APPLY!

CALL FOR ARTISTS
AUGUST 16, 17 & 18, 2024

SCAN QR CODE FOR APPLICATION

OUTDOOR \$190 • OUTDOOR SHARED \$220
 INDOOR SINGLE 8x6 \$225 • INDOOR SHARED 8x6 \$260
 INDOOR 10x10 \$270 • INDOOR SHARED 10x10 \$300
 INCLUDES: TENTS, TABLES, CHAIRS, PARKING, WIFI & WATER

MORE INFO AT WWW.POEHCENTER.ORG/PATHWAYS
 DEADLINE: MAY 17, 2024

POEH CULTURAL CENTER | BuffaloThunder RESORT & CASINO | Hilton | RUTH ARTS

PATHWAYS is organized by the Poeh Cultural Center, a tribally led entity of the Pueblo of Pojoaque.

Isleta Pueblo News

Editor:
 Nathaniel Lujan
Asst. Editor:
 Diane Abeita
Published By:
 Valencia Express

TRUANCY

Greetings,
With this summer heat upon us, always be sure to be safe and careful when you are outside. Here are some tips to stay cool and safe.

- Wear loose, lightweight
- Light colored clothing (white, neon green, or light blues) try to avoid dark colors as they attract more heat.
- Limit time outside (the sun's rays are the strongest between the hours of 10:00am and 4:00pm)
- Stay hydrated

Be sure to drink plenty of water, there are other alternatives to water.

Unsweetened coconut water as it is low in carbohydrates and high in protein, which is effective for re-hydrating your body in high heat.

Fat free or skim milk, which is high in protein, carbs, calcium and electrolytes. Milk also helps restore sodium that we sweat out.

Green or fruit smoothies, the most hydrating foods are fruits and vegetables. Make smoothies with green vegetables like kale and spinach and cucumbers. Be sure to use water-based fruits such as cantaloupe, watermelon, kiwi or even grapes.

If you are looking for fun and different things to do in the month of July here are some things that are happening through the City of Albuquerque.

New Mexico Entertainment's Morning Toons - The Guild Cinema
3405 Central NE ABQ, NM
July 27, 2024 at 11:30
General Admission \$10
Breakfast included with General Admission (cereal)
More info (hold my ticket)

Albuquerque Museum
Free Sunday Mornings at Albuquerque Museum
2000 Mountain Road NW ABQ, NM 87104
Sundays General admission to Albuquerque Museum is free on Sundays from 9:00 am to 1:00 pm
No Free admission during Balloon Fiesta
More info at cabq.gov

Movies in the Park
Different locations
July 12th 2024 Guardians of the Galaxy, Vol. 3 (Raymond G. Sanchez Community Center)
July 19th, 2024 Teenage Mutant Ninja Turtles: Mutant Mayhem (Paradise Hills Community Center)
July 26th, 2024 101 Dalmatians (live action 1996)
Westside Community Center
More info at Bernco.gov

ABQ Bio Park Zoo
Twilight Tour at the Zoo
903 Tenth Street SW, ABQ NM 87102
July 9th 2024 and July 30th 2024 6:30pm to 8:00pm
Price: \$15 adult's \$10 youth and seniors
More info at cabq.gov

Also, enjoy the rest of your vacation, as school will be starting soon. We look forward to working with you when the 2024/2025 school year approaches.

Isleta Truancy Department



AT A GLANCE	<ul style="list-style-type: none"> • Summer School • Fall Open Enrollment • Volunteers
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Summer School & Sports Program

Our summer school program is in full swing with the focus on academics and sports. Our students concentrate on Reading, Math, Science, and Social Studies during the morning session before they transition into an afternoon full of physical activity. We have a full schedule to keep our students inspired throughout the day and after school. Call our office for more information on enrollment 505-869-2321.

Isleta Elementary School Summer Sports Session

JUNE				
Monday	Tuesday	Wednesday	Thursday	Friday
17 Sports Session 12pm-2pm After school Basketball	18 Recreation Aquatics 12:30pm-2:30pm 4 th , 5 th & 6 th Grade After school Basketball	19 Sports Session 12pm-2pm After school Basketball	20 Sports Session 12pm-2pm After school Basketball	21 Cooking class 9am-9:30am Sports Session 12pm-2pm After school Basketball
24 Sports Session 12pm-2pm After school Basketball	25 Recreation Aquatics 12:30pm-2:30pm 4 th , 5 th & 6 th Grade After school Basketball	26 Sports Session 12pm-2pm After school Basketball	27 Recreation Aquatics 12:30pm-2:30pm K-3 rd grade. After school Basketball	28 Cooking class 9am-9:30am Sports Session 12pm-2pm After school Basketball

SOCCER

VOLLEYBALL

JULY				
Monday	Tuesday	Wednesday	Thursday	Friday
8 Sports Session 12pm-2pm After school Basketball	9 Recreation Aquatics 12:30pm-2:30pm 4 th , 5 th & 6 th Grade Philharmonic 10:00am-12pm After school Basketball	10 Sports Session 12pm-2pm After school Basketball	11 Recreation Aquatics 12:30pm-2:30pm K-3 rd grade. After school Basketball	12 Cooking class 9am-9:30am Sports Session 12pm-2pm After school Basketball
15 Sports Session 12pm-2pm After school Basketball	16 Recreation Aquatics 12:30pm-2:30pm 4 th , 5 th & 6 th grade Philharmonic 10:00am-12pm After school Basketball	17 Sports Session 12pm-2pm After school Basketball	18 Recreation Aquatics 12:30pm-2:30pm K-3 rd grade. After school Basketball	19 Cooking class 9am-9:30am Sports Session 12pm-2pm After school Basketball

BASKETBALL

FLAG FOOTBALL

Physical Education Teacher: **Ms. Smith**



Open enrollment for the 2024-2025 school year has begun. Visit our front office to pick up an enrollment packet. Please return packets as soon as possible.



For questions on how you can help, contact the front office @ 505-869-2321. Below is a list of opportunities.

- **Become a member of the Parent/Teacher Organization (PTO)**
- **School board members still needed! We are seeking two more board members. Please contact the office for further information.**
- **View our current job openings:** <https://www.bie.edu/current-vacancies>.

FREE FOOD DISTRIBUTION



Chical Reception Hall

191 Tribal Rd 2, Isleta Village Proper, NM 87022

July 5, 2024

9:00am-11:00am

- Fresh fruits and vegetables
- Low-sugar and low-sodium items
- Ability to connect to other services like SNAP application assistance, TANF, and other benefits
- No Cost!



To be notified of any changes, please make sure you receive POI Text Messages. If you do not, contact me to be added to the list.

Stephanie Barela, Isleta Health Educator, (505)869-4479
stephanie.barela@islclinic.net

Cord Blood AWARENESS MONTH

JULY



What are stem cells? Stem cells, found in blood from the umbilical cord of a newborn, have been used for decades to treat cancers, blood disorders and immune diseases. These cells can help also help inflammation and stimulate tissue repair. They may even help repair damage from severe COVID.

Who can use the stem cells? The donor from which the cord blood came from can use them as well as siblings and parents of the same family that are a match.

How are they obtained? Cord blood banking is painless. Samples are taken from the umbilical cord after birth. It can provide life-saving benefits to an individual in need.

For information on Cord blood call 1-877-Cord Facts (877-267-3322).

WIC NEWS- We are still in need of donations for our event. If you would like to donate please email- "Samantha" Marietta.Lujan@Isletapueblo.com
All of our clients and POI employees are invited to attend. Thank you!



Isleta WIC OFFICE 505-869-2662

TWO DECADES OF DEDICATION: DR. NELSON'S 20TH ANNIVERSARY AT ISLETA HEALTH CENTER

This year marks a significant milestone at the Isleta Health Center as we celebrate Dr. Riley Nelson's 20th anniversary. Over two decades, Dr. Nelson has been a cornerstone of healthcare within our tribal community, serving as a primary care provider for many of our tribal members. Whether he's your regular doctor or you've seen him during a same-day appointment, his presence has been a constant source of comfort and care.

Having a dedicated physician like Dr. Nelson for 20 years is a rare and invaluable asset in any community, especially in tribal areas. His long-term commitment has not only ensured continuity of care but has also deepened the trust and relationships he has built with patients over the years. The patient-doctor relationship is crucial in healthcare, impacting patient satisfaction and outcomes, and Dr. Nelson has exemplified how personal commitment can enhance these dynamics.

Dr. Nelson's contributions extend beyond individual patient interactions. He has been instrumental in mentoring medical students, allowing them to shadow him and learn firsthand about the unique aspects of healthcare in a community clinic setting. This mentorship is vital for training the next generation of family practice doctors who will continue to serve and understand the specific needs of tribal communities.

His leadership was particularly pivotal during the pandemic, guiding both the Health Center's response and our community through unprecedented times with expertise and reassurance. As we faced challenges, Dr. Nelson's deep care for our community members' health and well-being were evident.

Looking to the future, Dr. Nelson is passionate about continuing his work and further enriching the lives of our community members and the employees of the Health Center. His ongoing dedication promises more years of reliable care.

We are incredibly fortunate to have Dr. Nelson as part of our team at Isleta Health Center, and we look forward to many more years of his service, guidance, and care. Here's to celebrating this remarkable 20-year journey and the many more to come. Thank you, Dr. Nelson, for your commitment and deep care for our community. Your impact is profound and lasting.

Karen Lucero
CEO
Isleta Health Center

A WORD FROM DR. NELSON

I am so honored to have been chosen to serve this community for so many years! The relationships we have forged together and the countless experiences I have had with my patients, coworkers, and the Isleta community have been so incredibly rewarding.



I am hopeful to continue to serve for some time to come, as my commitment and dedication to the health and wellness of my patients and this community remains steadfast. Looking to the future, I am so happy that Medical Clinic was recently able to recruit three new physicians (Drs. Pope, Kistin and Kelley), and I hope to impart as much medical knowledge as I can to this next generation of Isleta Health Center providers. Thank you! Dr. Riley Nelson



Pueblo of Isleta Public Library

Hello Summer! We hope you are all staying cool during these summer days and nights. Please remember to keep yourself and your pets (aka furry family members), hydrated and out of direct sunlight. Stop by the library to beat the heat by enjoying a book, magazine or connect to our Wi-fi. Library staff is available to help, just stop by the front desk and see what we have to offer.

News

In observance of Fourth of July the library will be closed on Thursday, July 4th. Library material checked out on Tuesday, July 2nd will be due on Friday, July 5th. Don't forget you can always renew using our Library Mobile App. Have a safe and fun Independence Day!

There will be no Summer Reading Program (SRP) from July 1st -July 5th. Enjoy your break and 4th of July Holiday. We will resume SRP Monday, July 8th. The library will still be open to the public and our Summer Meal Program will still be served during that week.

Just a reminder due to Summer being a very busy time for the library, patrons may experience longer waiting times at the front desk. You will also notice more children during the day and the noise level maybe louder than normal. We would like to apologize in advance for any inconvenience during this busy time and we thank you for understanding. Please feel free to reach out if you have any questions or concerns, you may call the library at 505-869-9808.

The library now has Turntables for checkout! Checkouts are for 2 weeks with accounts that are in good standing. For questions, please call the library at 505-869-9808.

Our Family Story Time will be taking a break this June and July because library staff will be busy with the Summer Reading Program. Story Time will begin again in August with story time every Wednesday starting at 10:30am, activities and crafts will follow. If you have any questions about our story time, please give the library a call at 505-869-9808 and speak with a staff member.

Upcoming

Our After School Program registration will begin the week of July 29th. We will be accepting 20 students, kindergarten and up into our program on first come first serve basis with limited spots available. The following is the number of students we will be accepting from each school.

- Isleta Elementary: 10 slots
- Sundance Elementary: 5 slots
- Bosque Farms Elementary: 5 slots



Junior Summer Reading Program students getting to know each other during icebreakers.



Youth Summer Reading Program students getting to know each other during icebreakers.



Youth Summer Reading Program students getting to know each other during icebreakers.



Youth Summer Reading Program students on their first field trip to Hinkle.



Junior Summer Reading Program students working on their lab coats and science experiments.



Junior Summer Reading Program on their first field trip to We Rock the Spectrum Kids Gym and Peter Piper Pizza.



Youth Summer Reading Program students in their groups.

Transportation will be provided for Bosque students ONLY to the library. All other schools have bus stops near the library. To register you must come into the library to fill out a registration packet. Only parent/guardians may fill out a registration packet. No exceptions!

Our Youth Program for ages 7-14 have been working in their group curriculums and reading groups. Students read for 30 minutes each day and then will discuss what they read within their groups. This year we had 5 curriculums for students to choose from.

- Deserts Around the World
- Mysteries of the Ocean Floor
- Do It Yourself
- Summer Space Walk
- Doggies

Students will be in their selected curriculums for first 3 weeks and after the break students will choose a different curriculum for the second three weeks of program. Students have been participating in their reading groups with 30 minutes of reading followed by discussing what they read, after the reading portion students jump into their curriculum.

Once they are in their groups, students will do crafts and activities based on their curriculum. The Youth Program enjoyed a performance by The Science Girl and the Ka La Kapu Polynesian Dance School for the last week of program. Students were also excited for their final field trip to Cliffs and Golden Corral.

Pueblo of Isleta Public Library
AFTER SCHOOL PROGRAM
2024-2025
Registration Starts on
July 29th at 8am.

Registration
For students kindergarten and up!
 To register you must come into the library to fill out a registration packet.
Registration is on a first come first serve basis.
 Only parents/guardians may fill out a registration packet. No exceptions!

Schedule
Starts on Thursday, August 1st.
 Monday-Thursday
 2:30pm-5:30pm
 Friday
 2:30pm to 4:30pm

Limited Slots Available
 Isleta Elementary: **10** slots
 Sundance Elementary: **5** slots
 Bosque Farms Elementary: **5** slots
***Transportation will be available for Bosque students only to the library.**

About the After School Program

- Homework Help
- Reading/Reading Activities
- Incentive Programs
- Activities/Crafts
- Field Trips
- FREE Snacks
- WiFi/Computers/Printing

For more information please contact the library at 505-869-9808.



Pueblo of Isleta Public Library

SUMMER MEAL PROGRAM

JUNE 3RD - JULY 26, 2024
MONDAY - FRIDAY

NO MEALS WILL BE SERVED ON JUNE 19TH AND JULY 4TH DUE TO FEDERAL HOLIDAYS



MEAL TIMES:
Breakfast: 7:45am - 9:30am
Lunch: 11:30am - 1:00pm

MEALS ARE LIMITED AND ARE ON A FIRST COME FIRST SERVE BASES

FREE to all youth ages 1-17 years old

YOUTH MUST BE PRESENT TO RECIEVE A MEAL

Questions? : Please contact the Library at 505-869-9808

PUEBLO OF ISLETA PUBLIC LIBRARY

LIBRARY APP



SEARCH BETTER

CONNECT TO YOUR LIBRARY WITH THE "ISLETA LIB" APP



YOUR LIBRARY ON YOUR PHONE

- SEE LIBRARY EVENTS
- DIGITAL LIBRARY CARD
- SEARCH FOR MATERIALS
- PUT ITEMS ON HOLD
- RENEW ITEMS
- MANAGE ACCOUNTS


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Available on the **App Store**

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...and more!

ISLETA RECREATION CENTER PRESENTS



YOUTH CROSS COUNTRY

GRADES: K-6TH
5-12 YEARS OF AGE

SIGN UPS: JUNE 7TH-JULY 12TH
PRACTICE STARTS JULY 16TH

FOR MORE INFORMATION PLEASE CALL 505-869-9777
OR EMAIL GEORGE.WAQUIE@ISLETAPUEBLO.COM

Made with PosterMyWall.com

Isleta Recreation Presents

YOUTH SOCCER

Fall League

We are looking for boys & girls that will be committed during the entire season.

We will give out more information when we have enough youth participants.

For more information please contact
505-869-9777
george.waquie@isletapueblo.com



PosterMyWall.com

PARKS & RECREATION DEPARTMENT

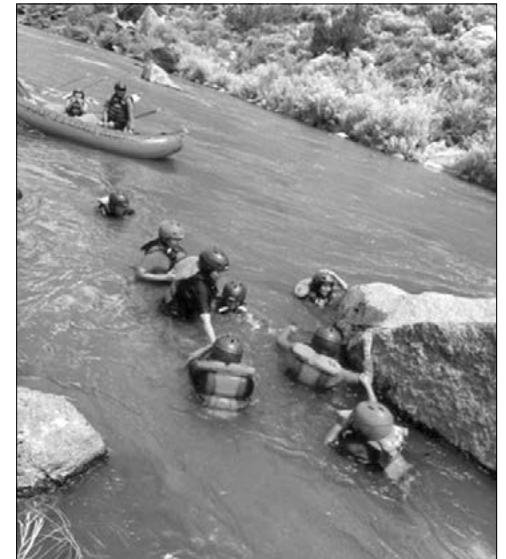
FITNESS SECTION

Isleta Recreation Center will be adding 2 new classes instructed by Ms. Christa Hern. New classes will begin July 8th. Stretch/Strengthen – classes will be held on Mondays at 5:30pm. Ages 13 years and older are welcome to participate, this is to be courteous and respectful to all participants who are taking the class. We hope you take advantage of this great class that will benefit mind and body. Water Aerobics class has added another day, Mondays and Wednesdays at 10am. Please come if you wish to try, no sign-ups needed. Just come in and be ready to have fun while exercising. If you can't swim, don't worry about that. Classes are instructed in the shallow areas of the pool and lifeguards are always on duty while classes are in session. Do we have your interest yet? Well, if not. How about TRX training? TRX is a total body resistance training that is for all fitness levels that works upper, lower, core and balance all in one workout. Come see what it's all about. So, we hope you come and try one of these new classes and if you are still unsure, bring a partner for support. And please don't forget that Spinning classes are still being held on Tuesdays and Thursdays at 5:30pm, and Agility classes are also held on Wednesday evenings at 5:30pm. Thank you



AYSO League. We need to see if we can get enough kids interested before we move forward with getting Team sign-up. If your kid is interested, please call rec and we will have a sign-up sheet. Everyone have a great summer, stay hydrated, and have lots of Fun.

Coach Waquie secured a grant that allowed us to take recreation kids on a few trips this year. We took them to go river rafting which was a blast. He also used the grant funds to pay for a running camp that they participated in this summer.



RECREATION SECTION

Highlights of Summer Recreation Program so far:

Summer program is in full swing of fun filled activities from bike riding, soccer play, Explora visits, basketball & running camps, fieldtrips to the zoo, Cliff's and much more. They also had many fun challenges with their leaders with tug of war, who is the fastest leader to run and who can blow the biggest bubble!! GREAT SUMMER so far!



SPORTS SECTION

It's been a good start to the summer we have the Men's Basketball League up and running. We have 11 Teams in the basketball League, all the teams are doing an amazing job so far. So come out and check out some games. We play every Sunday from 10 am to 4pm. We also put together a Youth basketball team to play in the Bernalillo County League age groups 9–10-year-olds and 11–12-year-olds. It has been awesome to Coach our kids while giving them outside exposure and experience. The kids are learning the fundamentals and having fun. Cross Country season is near, you can sign-up your kids here at the Rec Center or Contact George Waquie via email at george.waquie@isletapueblo.com. We would to start up a youth soccer team to play in the



Keep your eyes peeled for other upcoming activities as well. We will be posting more upcoming events and activities for both youth and adults or call (505) 869-9777 and talk to Coach Waquie.

ISLETA POLICE DEPARTMENT NEWSLETTER

JULY - 2024



We are halfway through 2024 and we all wonder where this year has gone. The temperatures at the end of June were close to or in the 100s. HYDRATION is extremely important and everyone needs to watch and take care of our elders as it will not take much to place someone in a serious or possible deadly situation. Isleta Police Department has responded to many calls of subject(s) down and just the other day had it not been for a passing motorist notifying an officer of a male subject down, he could have very possibly ended in a heatstroke coma or even worse, death.

Summer parties, trips to the lakes, hiking, youth baseball games in high heat.....all situations that could lead to serious incidents and consequences. The National Highway Safety Traffic Administration initiates many campaigns and many may have seen the public service messages on television



Despite the fact that it's illegal to drive drunk, one person was killed every 39 minutes in a drunk driving crash on our nation's roads in 2022. That's a total of 13,524 people who died in alcohol-impaired driving crashes in one year. Even a small amount of alcohol can affect driving ability. In 2022, there were 2,337 people killed in alcohol-related crashes where a driver had a BAC of .01 to .07.

Be Responsible: Have a Plan

Your life and the lives of others on the road are at risk every time a driver gets behind the wheel after drinking.

- Here are a few tips to stay safe.
- Before drinking, choose a designated driver, or schedule a ride-sharing, ride-hailing or taxi service.
 - If you are hosting a party where there's alcohol, offer non-alcoholic drink options and make sure all guests leave with a sober driver.
 - Always wear your seat belt — it's the best defense against drunk drivers.
 - If you see a drunk driver on the road, safely pull over and call law enforcement.

The Cost of Drinking and Driving

Drunk drivers face jail time when they're caught, and the financial impact is devastating. A DUI can set you back upwards of \$10,000 in attorney's fees, fines, court costs, lost time at work, higher insurance rates, car towing, and more. And, drinking and driving can result in losing your driver's license and your car — imagine trying to explain that to your friends, family and boss.

The Effects of Blood Alcohol Concentration

Alcohol consumption impairs your thinking, reasoning and muscle coordination — all

vital to operating a vehicle safely. You begin to feel the effects of alcohol at a BAC under .08.

BLOOD ALCOHOL CONCENTRATION - PREDICTABLE EFFECTS ON DRIVING

Alcohol consumption impairs your thinking, reasoning and muscle coordination — all vital to operating a vehicle safely. You begin to feel the effects of alcohol at a BAC under .08.

BLOOD ALCOHOL CONCENTRATION & PREDICTABLE EFFECTS ON DRIVING

.02 Decline in visual functions, decline in ability to perform 2 tasks at the same time

.05 Reduced coordination, reduced ability to track moving objects, difficulty steering, reduced response to emergency driving situations

.08 Concentration, short-term memory loss, speed control, reduced information processing capability, impaired perception

.10 Reduced ability to maintain lane position and brake appropriately

.15 Substantial impairment in vehicle control, attention to driving task, and in necessary visual and auditory information processing

Buzzed Driving Affects Everyone

In 2022, 282 children 14 and younger were killed in drunk-driving crashes.

That's one in every four children who died in traffic crashes that year

The Isleta Police Department will conduct DWI checkpoints and patrol saturations throughout the summer. Please be safe and "Don't Drive Buzzed"

WELCOME

The department would like to introduce you to the newest employee who has joined the family:



Hello my name is Cameron Watson and I was born in Darlington, South Carolina and moved to Los Lunas in 2005. I have been with my partner Courtney for ten years and we have 3 amazing kids, two boys, Landon and Logan and one girl, Clarity. I did 7 years working at the New Mexico Central Correctional Facility in Los Lunas from 2016-2023 and the past year and half at Isleta Resort and Casino with security. I love fishing, riding motorcycles, and spending time with my family and friends. I look forward to meeting and helping all the residents of the Pueblo of Isleta.

CONGRATULATIONS

Please join us in congratulating our newest graduate from the New Mexico Law Enforcement Academy, Gabrielle "Gabby" Mendoza. Officer Mendoza graduated from Class #207 on June 4, 2024 and did so in flying colors. She was class Valedictorian and top academic cadet making Isleta proud! Congratulations Chief Rodriguez presenting Officer Mendoza with plaque for outstanding accomplishments at the New Mexico Law Enforcement Academy, Class #207.



Remember, officers will be patrolling the Pueblo looking to save lives by stopping aggressive drivers, impaired drivers, distracted drivers, etc.

PLEASE DRIVE SAFELY,
COURTEOUSLY AND SOBER!



That time of year to plan for the many events for the last six months of 2024 has arrived. National Night Out planning has begun and meetings are in the works to prepare for this event which will take place on August 9, 2024. This event hosted by the Isleta Police Department is a nationwide event in an effort to bring about partnerships between the police and community. Last year's event was a success and we are hoping this year's will be even bigger.

As it is still in the planning stages, you will see flyers and posters begin to pop up throughout the community with many departments within the Pueblo, as well as outside agencies providing a fun and informative venue for all.

So look for our announcements prior to August 9 and we hope we will see you there!



On June 13, 2024 Tribal Council adopted Resolution No. 2024-069, Directing Immediate Removal of ALL Livestock from Rangeland.

ALL persons with cattle in any grazing unit of the Pueblo of the Isleta shall remove their cattle from the grazing units within 45 calendar days of the adoption of the Resolution, which is Sunday, July 28, 2024.

Beginning on Monday, July 29, 2024, ALL persons are prohibited from using or occupying, including through cattle and any other livestock, any grazing unit in the Pueblo's rangeland until Res. No. 2024-069 expires or is repealed. Further, beginning on July 29, 2024, the Department of Natural Resources, Open Space Officers of the Isleta Police Department, and any other employee designated by the Governor are immediately authorized to impound and dispose of, including through sale, any livestock remaining in any grazing unit.

Failure to remove ALL livestock from any grazing unit by July 28, 2024 may subject the Tribal Member to enforcement actions including, but not limited to the following:
Livestock trespass, whereby each day of trespass shall constitute a separate violation entitling the Pueblo to civil penalties of \$12 per head per day of trespass;
•Criminal penalties including Criminal Trespass, Misusing Public Property, and Cruelty to Animals; and
•Administrative fines of up to \$10,000 per person in trespass.
Copies of Resolution No. 2024-069 are available at Department of Natural Resources.



NOTICE

Due to extreme temperatures, drought, dilapidated wells and neglect, 30+ head of cattle were found deceased in early June on POI Rangelands. Tribal Council and Administration discussed the conditions of the land, the wells and the responsibility of cattle owners to their animals; it was the determination it is in the best interest to have all livestock removed. This decision will allow for the land to begin to recover from the rampant overgrazing, and wells to be properly addressed, along with how the Rangelands are managed.

As a people, we are stewards of this land and it is each and everyone's responsibility to ensure our resources are preserved for future generations. It is our hope all involved will come together to do what is in the best interest of our land.

SINCERELY,
TRIBAL COUNCIL AND ADMINISTRATION



TRASH TALK ISLETA!

PROPERLY SPACED CARTS INSURE SAFE SERVICE TO YOUR HOME AND PROPERTY.



IMPROPERLY SPACED CARTS CAN LEAD TO MISSED COLLECTIONS.

PROPERLY SPACED



NOT SPACED PROPERLY



PROPER SPACING IS IMPORTANT

Let's talk trash Isleta! In this edition of Isleta Trash Talk, let's talk about proper spacing of your trash and recycle carts. It is important to place your carts out properly to avoid missed collections. Above you we see photos of both properly and improperly spaced carts. The photo on the right illustrates carts that are not properly spaced. The claw of the truck does not have enough room to get in between the carts to pick them up. Please leave a minimum of 3 feet of room between other carts, mailboxes, low hanging trees, utility lines, fences etc. This will insure the drivers can safely access, empty and service your home. The photo on the left illustrates properly spaced carts. This allows the driver to provide you with safe curbside service. Your cooperation and understanding is greatly appreciated. (505)869-4106

KEEP ISLETA BEAUTIFUL!

TRASH TALK ISLETA!

DON'T CONTAMINATE
RECYCLE BETTER
KEEP ISLETA BEAUTIFUL!

PUEBLO OF ISLETA
SOLID WASTE
DIVISION



PLASTIC

Bottles, tubs, jugs and jars



Empty and Rinse

METAL

All cans



Empty and Rinse

PAPER

Paper, cartons and cardboard



Flatten cardboard

USE CLEAR BAGS ONLY



IF YOU BAG RECYCLABLES DO NOT USE BLACK OR WHITE BAGS

Keep it simple, if you do not see it on this flier throw it away in the trash. Do not use your blue recycle cart for trash or it will be confiscated. Have your cart out by 7am. For service schedule announcements check the POI newsletter & POI Facebook. (505) 869-4106

Your recyclables do not need to be bagged, however it is highly recommended to bag your recyclables for curbside pickup during windy season. This is to reduce the chance of creating litter due to winds. If you choose to bag your recyclables it is important to use clear bags only. Colored bags are not accepted at the recycling facility. When your recyclables are bagged in colored bags they are not opened up and your material is landfilled instead of recycled. Using clear bags helps to ensure the health and safety of the line workers who come in contact with the material when sorting at the recycle facility. Using colored bags will result in your recycles not being collected. This is important to sustain the recycle program moving forward. Your understanding and cooperation is greatly appreciated.

Valle de Oro NWR Summer Calendar 2024

Valle de Oro National Wildlife Refuge
Refugio Nacional de Vida Silvestre Valle de Oro

All events are FREE, open to the public, and take place at Valle de Oro's visitor center unless noted otherwise. All times are in Mountain Daylight Time. Check websites and our Facebook/Instagram pages for more information.

[@ValleDeOroNationalWildlifeRefuge](http://www.fws.gov/refuge/valle_de_oro) [@FriendsOfValleDeOro](http://www.friendsofvalledeoro.org) 7851 2nd Street SW
Albuquerque, NM 87105

**Fri. Jul 5
Nature Tots!**
Children ages 3-6 and an adult are invited to explore nature with Ranger Brittany.
10:00 am to 11:00 am

**Sat. Jul 6
Nocturnal Tour**
Come and join the biology team on walking tour to check out night activity out in the habitat. Refreshments will be provided.
8:30 pm to 10:00 pm

**Sat. Jul 13
Caring for Desert Willows**
Learn to care for Desert Willows with our partner Corva Rose, founder of Tree School. In this hands-on class, you'll learn about pruning, training, and tending this exquisite climate-ready tree. Space is limited. Register at abqBackyardRefuge.org.
8:00 am to 10:00 am



New Mexico Whiptail Lizard



Coyote

**Sat. Jul 20
Saturday at the Refuge**
Join us for free food, arts & crafts, ranger-led activities and fun for the whole family!
11:00 am to 1:00 pm

**Sat. July 27
Backyard Habitat Chat: Surviving Summer**
Chat with backyard refuge program staff and volunteers about solutions for the challenges of providing summer habitat.
10:00 am to 12:00 pm

**Fri. August 2
Nature Tots!**
Children ages 3-6 and an adult are invited to explore nature with a refuge Ranger.
10:00 am to 11:30 am

**Sat. August 3
Saturday at the Refuge**
Join us for free food, arts & crafts, ranger-led activities and fun for the whole family!
10:30 am to 1:00 pm

Color me!

Prickly Pear Cactus

**Sat. August 17
Pigment Making Workshop**
Learn how to make pigments for homemade paint using natural earth and plant materials. All supplies will be provided. Please register by emailing kendall_kappler@fws.gov
10:30 am to 12:00 pm



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Albuquerque, NM 87105

**Thurs. August 22
Community Update Night**
Come learn about all that is happening to transform Valle de Oro at this open house event.
5:30 pm to 7:00 pm


**Sat. August 24
Birds are Real 5.0**
Join a refuge ranger and local artist for a morning bird walk followed by a native bird themed linoleum printing workshop to make your own artwork! Register by emailing brittany_chavarria@fws.gov.
8:00 am to 10:30 am

Color me!

Yerba Mansa

2024 Photo Contest
Valle de Oro NWR invites photographers of all ages & skill levels to enter the 2024 contest by submitting images that highlight the beauty of the refuge's wildlife, landscapes, & visitors. Email you submissions to valledeoro@fws.gov




**Sat. August 31
Paint and Sip**
Come sip craft mocktails and paint a nature-inspired work of art led by a local artist or refuge Ranger. No experience needed and all supplies provided. Ages: 14+ Register by emailing brittany_chavarria@fws.gov.
5:00 pm to 7:00 pm




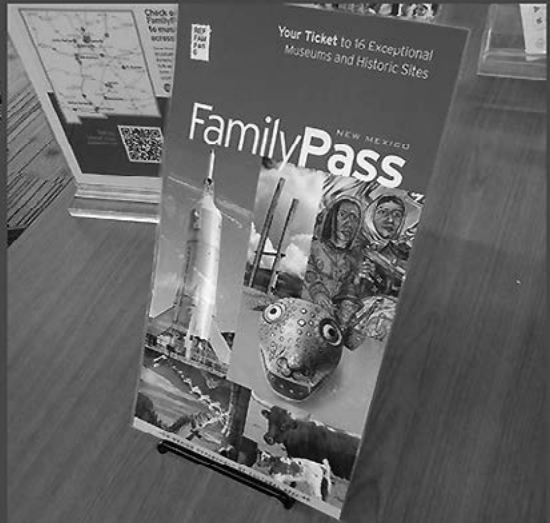
**Fri. September 6
Nature Tots**
Children ages 3-6 and an adult are invited to explore nature with a refuge Ranger.
10:00 am to 11:30 am

**Sat. September 7
Saturday at the Refuge**
Join artist Anna Rotty and Ranger Giessel for a sun printing workshop and nature walk for a creative blend of nature and art. All ages welcome, materials provided.
11:00 am to 1:00 pm

Color me!

Big Brown Bat

**September 14-22
Latino Conservation Week**
Celebrate Latino Conservation Week with free fun for the whole family. We will have activities, prizes, and bilingual tours throughout the week ending with a movie screening on 7/20.






FAMILY PASSES ARE IN!
FRESH FOR SUMMER!!!

New Mexico Family Passes allow you to explore cultural attractions while saving money!

A pass allows you to explore multiple museums, parks, and other attractions around the state.

For Questions Call the Library at: 505 869 9808

LOAN PERIOD: 1 WEEK WITH NO RENEWALS



PUEBLO OF ISLETA PUBLIC LIBRARY (POILIB)

PUEBLO OF ISLETA PUBLIC LIBRARY (POILIB)

Adult Day Services Fundraiser

Friday, July 12, 2024

11am - 2:30pm

At Isleta Elder Center

Indian Tacos: \$10



Sales
Art & Crafts
made by ADS
Clients & Staff

Proceeds support ADS Participant Outing & Activities

Pueblo of Isleta Public Library

AFTER SCHOOL PROGRAM 2024-2025

**Registration Starts on
July 29th at 8am.**

Valle de Oro NWR Summer Calendar 2024

Valle de Oro National Wildlife Refuge
Refugio Nacional de Vida Silvestre Valle de Oro

All events are FREE, open to the public, and take place at Valle de Oro's visitor center unless noted otherwise. All times are in Mountain Daylight Time. Check websites and our Facebook/Instagram pages for more information.

www.fws.gov/refuge/valle_de_oro @ValleDeOroNationalWildlifeRefuge
www.friendsofvalledeoro.org @FriendsOfValleDeOro
7851 2nd Street SW Albuquerque, NM 87105

Fri. September 20 Latino Conservation Week: Movie Screening
Join us in celebrating our last night of Latino Conservation Week with a family-friendly movie screening!
5:30 pm to 8:30 pm

Sat. September 21 Build Your Backyard Refuge
Learn about building a backyard refuge in a space of any size! Join our partners for talks, walks, demonstrations, activities for kids, and take home free seeds and plants!
9:30 am to 1:00 pm

Sat. September 28 BARK Rangers
Bring your furry friends to learn about our pet policies on the refuge and take the pledge to be apart of our BARK Ranger program. All dogs are required to be on leash and non-reactive around others.
1:00 pm to 3:00 pm

-Electric Shuttle Rides at Valle de Oro-
Come tour the refuge from the comfort of our electric shuttle service! The open-air electric shuttle seats up to nine visitors at a time and will operate on Wednesdays and Saturdays with regular departure times from the visitor center. The shuttle makes a stop at the west side of the refuge where you have the option to get off and explore trails in the Rio Grande bosque or stay on the shuttle to complete your tour of Valle de Oro National Wildlife Refuge. Contact the refuge or head to our website for more details!

Hello to everyone from the Indians in Sobriety 36th Annual Campout Committee!

The next IIS Campout will be held this summer at the Isleta Lakes and Recreation Area in Isleta Pueblo, New Mexico on July 25, 26, 27, & 28, 2024.

Indians in Sobriety began 35 years ago with a group of people wishing to support a gathering of sober Native people and their families. It has now become what is known as "the Indians in Sobriety Annual Campout". Since the beginning, people from Alaska, Canada and the mainland U.S. have gathered around a sober drum in New Mexico, Arizona, California, Oklahoma and Colorado in the summer months. It has been held on many Indian reservations and sponsored by different groups and tribes such as the Pueblos of Zuni, Acoma, Jemez, Isleta and the Jicarilla Apaches, White Mountain Apaches, San Carlos Apaches, Choinumni of California, Cheyenne/Arapahos of Oklahoma and the Gila River Indian Reservation as well as the Navajo Nation.

We are a grassroots movement encouraging sober living by honoring our sobriety and sharing in spirituality, fellowship and recovery together. This annual campout continues to play a vital role in carrying the message of recovery to those who still suffer as well as strengthening our growing communities in recovery. AA, NA, and AlaNon meetings are an integral part of our gathering as well as traditional teachings, talking circles, a potluck dinner and a powwow/ribbon ceremony honoring sobriety. We also encourage our youth to help organize and participate with the many activities that take place during the campout.

Obtaining support for this upcoming campout is our goal. We would like to invite you to join Indians in Sobriety in July 2024. This special gathering will be possible with people like you who have a commitment to themselves and to the recovery community.

The Indians in Sobriety committee seeks your support for this very special event. Please feel free to contact us with any questions you might have about IIS. We look forward to hearing from you.

Thank you in advance for your interest in the upcoming campout.

For more information, please contact Mike Abeita at 505-553-8421 or Yolanda Abeita at 505-305-8003

Facebook page: Indians in Sobriety NM/AZ.

Isleta Health Center Optometry

Digital Eye Strain

We are using screens now more than ever before. Many of us use our computer screens at work and spend much of our spare time on our TVs, phones or tablets. This can be a wonderful thing, but there are also potential side effects. One of the effects of increased screen time is that it can bother our eyes, a recent term has been coined for this: "Digital Eye Strain". Our eyes feel strained due to the background light from the devices, and due to small muscles inside our eyes that are working hard to keep us focused on the devices in front of us.

The Optometry Times and many eye-care professionals have recently created a simple rule to help combat this Digital Eye Strain. They call it the 20-20-20 Rule; this means that for every 20 minutes you spend on a digital screen, you should take a 20-second break to look at something at least 20 feet away. Oftentimes, our eyes feel most relaxed when we let them rest for a moment and just look into the distance. If you can actively remember to take short breaks from staring at screens throughout your day, your eyes will thank you. Especially if you are feeling eyestrain or fatigue at the end of the day, this is something you should implement into your daily routine. Vision is such an important part of our lives, let's remember to take care of our eyes so they can take care of us for many more years to come.

Isleta Health Center
Optometry Department

36th Annual INDIANS IN SOBRIETY CAMPOUT

STRENGTHENING FAMILY THROUGH COMMUNITY VALUES

COURAGE ~ RESPECT ~ LOVE ~ TRUTH ~ WISDOM ~ HONESTY ~ SPIRITUALITY

July 25, 26, 27, & 28, 2024

Isleta Pueblo, NM
Isleta Lakes & Recreation Area
(505-877-0370)

South of Albuquerque on Interstate 25; exit 215 South.
Turn right at the stoplight to Isleta Lakes

FREE ADMISSION FOR PARTICIPANTS

- ◆ Open Meetings (Healing and Wellness)
- ◆ Speaker Meetings
- ◆ Fun Family Activities
- ◆ Youth Activities
- ◆ Talking Circles
- ◆ Children's/Youth Story time
- ◆ Honoring Sobriety Ceremony
- ◆ Community Potluck (MAIN DISH PROVIDED BY COMMITTEE) - Saturday (7/27) @ 5pm

Fishing and RV Hookups available for a fee
*Rates subject to change without notice.

Raffle (Donations Accepted)

Free camping in designated areas only


NO DOGS ALLOWED

Contact: Mike Abeita - Chairperson (505) 553-8421
Yolanda Abeita (505) 305-8003 - Co-Chair
EMAIL: iis_2024@yahoo.com

Facebook: Indians In Sobriety, NM/AZ

Indians in Sobriety is not an AA event. IIS was established to create strong bonds amongst families in a positive and healthy environment without the negative influences that greatly impact our daily lives.

Indians in Sobriety and the Pueblo of Isleta are not responsible for theft, accidents and or injuries before, during or after this event.

 2024 Meeting Schedule Isleta Health Education Presentations 12:30pm-2:00pm or 5:00pm-6:30pm Alternating Months			
*Meetings usually alternate time and location every other session, from 12:30-2:00pm (Elders Center) to 5pm-6:30pm (Clinic)			
DATE	TOPIC	SPEAKER	LOCATION
7/9/2024 5pm-6:30pm	EVENING SESSION Navigating Grief: Insights and Practical Tips.	Genna Reeves, Ph.D., Invictus by Genna: Grief & Loss Services, HeartLight Center	Isleta Health Center Large Conference Room Enter 2nd door on North Side of Building
8/13/2024 12:30pm – 2:00pm	What Matters Most When Preparing for Your Own Death / Medical Aid in Dying in New Mexico	Danielle Slupesky End-of-Life Coach and Sacred Passage Death Doula	Isleta Elder Center <i>Arrive at noon to eat lunch</i>
9/10/2024 5pm – 6:30pm	EVENING SESSION Medicare Advantage Program	Angela Futch ALTSD SHIPP	Isleta Health Center Large Conference Room Enter 2nd door on North Side of Building
10/8/2024 5-7:30pm	8th Annual Isleta Cancer Survivors Day Event 14yr Anniversary of Group Established October 2010	Bubble Blow/Survivor Celebration/Survivor Panel	St. Augustine Parish CCD Building
11/12/2024 5pm-6:30pm	EVENING SESSION The Basics of Prostate Cancer Screening, Diagnosis	Prostate Cancer Support Association of NM	Isleta Health Center Large Conference Room Enter 2nd door on North Side of Building
12/10/24 12:30pm – 2:00pm	Diabetes	Dr. Pope Isleta Health Center Medical Provider	Isleta Elder Center <i>Arrive at noon to eat lunch</i>
Topics are subject to change. EVERYONE WELCOME!! Sessions are in person, but can be Virtual, if interested please call.		Contact Stephanie Barela to learn more! Phone: (505) 869-4479 Stephanie.Barela@islclinic.net	ODD MONTHS: Isleta Health Center Lg Conf. Rm. Knock on the 2nd Door on the North side of the building (Side Facing Albuquerque). EVEN MONTHS: Isleta Elders Center Located 1005 Tribal Road 140 Isleta Pueblo, NM 87022.

What to do if you find a used needle outdoors



People, especially children, must never touch or pick up needles found on the ground. Discarded needles can be harmful. Needles or hypodermic needles are also known as syringes or sharps.

Cleaning up discarded needles must be done carefully to protect human health and the environment.

If a used or discarded needle is found on Isleta tribal land, please call Isleta Police Dispatch at 869-3030 to report the location so that a qualified tribal employee can safely collect and dispose of the discarded needle.

Individuals who use needles for insulin shots or other medical uses are expected to dispose of their used needles appropriately in sharps containers that individuals have to purchase themselves.

An exclamation mark within a triangular border is the international symbol for caution. Always exercise caution if you see a discarded needle. If you have any questions about this article, please contact Environment Department at 869-7565.



Open Skies
HEALTHCARE

Offers behavioral health services

FOR CHILDREN, YOUTH AND ADULTS


OUR COMPREHENSIVE COMMUNITY SUPPORT SERVICES (CCSS) HAS IMMEDIATE OPENINGS TO WORK WITH INDIVIDUALS AND FAMILIES.

OUR PROFESSIONAL COMMUNITY SUPPORT WORKERS IDENTIFY AND COORDINATE SERVICES WHICH ENABLE YOUR CHILD TO STAY IN THE HOME AND ATTEND SCHOOL AND/OR HELP HIM OR HER TO MAKE A SMOOTH TRANSITION FROM TREATMENT BACK TO THE HOME OR THE COMMUNITY. SERVICES FOCUS ON RECOVERY, REHABILITATION AND RESILIENCY, AS WELL AS BUILDING SKILLS FOR INDEPENDENT LIVING, LEARNING, WORKING, SOCIALIZING AND RECREATION.

CONTACT US FOR INFO AND REFERRALS

(505) 345 - 8471

info@openskieshealthcare.org
ryanh@openskieshealthcare.org



988 SUICIDE & CRISIS LIFELINE

ANY ONE. ANY STRUGGLE.
ANY TIME.


Did you know?

NM Native American youth who have a trusted adult in their lives are less likely to experience frequent mental health distress and engage in risky behaviors.

REASONS TO CALL 988:

- Feeling lonely, hopeless, angry
- Worried about safety for yourself or a loved one
- Worried about substance use
- Need someone to talk to

IF YOU HAVE AN AREA CODE FROM OUTSIDE NM AND YOU GET DIRECTED TO A NON-NM STATE, YOU CAN ASK TO BE TRANSFERRED TO NM.



988 IS:

- Someone to talk to
- Free
- 24/7
- Confidential
- Access to local resources

**CALL.
TEXT.
CHAT.**

**FOR MORE INFORMATION ABOUT 988:
VISIT 988NM.ORG**



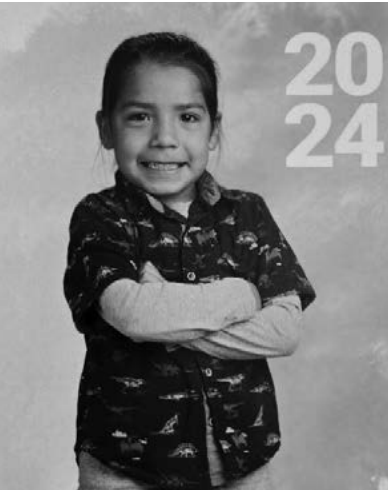
Thinking About Quitting

Have you been Thinking About Quitting?
Now is the time to act and Quit your Nicotine Habit for Good!
Take this *Time, 1 on 1, 90 minute session* at the Isleta Health Center, to increase your motivation to quit and to learn Tips and Tricks to help you Quit for Good!

Call Stephanie, Health Educator @ 869-4479 to learn more



Dear LORD,
 Graciously accept Andy and Travis for they were called to your kingdom much too early on March 21, 2024. We, their loved ones, friends, and family mourn their passing but are also very blessed to have shared precious time, joy, laughter, and love with them. We were truly blessed to have called them brother, son, grandson, nephew, she-foon, he tu, cousin, teammate, classmate, student, partner, cowboy, and best friend. Continue to fill our hearts and minds with all the great memories of their smiles, laughter, love, strength, enthusiasm, curiosity, energy, creativity, and joy we have shared with them. Pah- thlurd and Whon- shud -oo, you will forever be loved and missed. May your days be filled with adventure, discovery, and excitement. Continue to soar with the eagles, paint the skies, and bless us with the rain. Make the earth rumble with your thunder as you dance in the heavens. May your streams and lakes be filled with fish, the mountain meadows full of game, your aim steady and your arrow fly straight. May your horses always be strong and fresh and the candy bowl always full. Continue to swing for the fences and drive the ball deep beyond the fences. Climb the tallest trees and mountains, play on the prettiest beaches, and discover the coolest dinosaurs. Until we can see each other again, we forever love and miss you.



Sincerely your family and friends.

Our family sends a great thank you to all including family, friends, and community for all the generous thoughts, prayers, and help during this time.

2024 Fire Season Pueblo of Isleta Fire Department

Fire season is here! The Isleta Pueblo Fire Dept. will be available to assist and stand-by for community members with agricultural burns. Burn permits are required, instructions on burn permit must be followed.

For more info contact the numbers listed below.

Fire Chief 505-869-9724
 Isleta Dispatch 505-869-3030



Call For Recipes!



Isleta Health Center is going to create an **Isleta community cookbook**. We are looking for recipes to add to the cookbook. You can submit recipes for a variety of categories, including:

- Appetizers
- Beverages: hot or cold, seasonal or year-round
- Desserts: fruit-based, pies, cakes, cookies, etc.
- Egg dishes
- Grains: breads, rice, pasta, oats, tortillas, etc.
- Meats: beef, bison, elk, lamb, poultry, seafood, venison, etc.
- Salads: vegetable, fruit,
- potato, etc.
- Sauces, condiments, and spreads
- Side dishes: vegetables, beans, grains, etc.
- Snacks

If you are interested in submitting a recipe, you can:

- Drop a paper copy off at the health center's patient registration desk.
- Email the dietitian, Karen Roop, at Karen.Roop@islclinic.net.

The **due date** for recipes is
 10/31/24

If you have any questions, you can call Karen Roop at (505) 869-4093.

8th Isleta Cancer Survivors Day Event

Rescheduled Date: **OCTOBER 8, 2024 5-7:30pm**

Location To Be Determined
 Isleta Pueblo



TOPICS:
 "Cancer is Survivable"
 "Cancer Survivors and Caregiver Acknowledgement"
 St. Peregrine Presentation Activity

NEEDED:
 Cancer survivors and/or Cancer Caregivers to participate on a speaker's panel (Will be Compensated). Please call if interested!



**COME
 CELEBRATE
 OUR
 CANCER
 SURVIVORS!**

ALL WELCOME!!
 Let's Celebrate all of our Cancer Survivors and Remember all that have passed!

For more Information Contact Stephanie Barela at 505-869-4479

NEW MEXICO SENIOR OLYMPIC STATE GAMES



Joyce Jojola and Theresa Padilla stand proudly as they accept their gold metals for cornhole women's doubles



Ramona Montoya brought home an impressive 10 metals in total!



Joyce Jojola (2nd place) and Theresa Padilla(1st place) on the podium for their sharp aims in frisbee accuracy



Isleta athletes strike a pose with NMSO's mascot, Ralph the Roadrunner

We the Isleta Elder Center are proud to announce our winners of the New Mexico Senior Olympic State Games 2024. Nine of Isleta's athletes participated in a variety of Olympic events June 12th -16th down in Las Cruces, NM. Winning 12 Gold, 11 Silver, and 5 Bronze Metals. This years State Games were a Nationals qualifying event. All athletes performed amazingly and have all qualified for next years National Games.

Congratulations Athletes!

- Gloria Analla
- Edna Jiron
- Joyce Jojola
- Shirley Jojola
- Debra Lente-Jojola
- Carol Martin
- Ramona Montoya
- Reyes Padilla
- Theresa Padilla
- Ann Zuni



Carol Martin and Ann Zuni take a respectable 3rd place. Debra Lente-Jojola and Gloria Analla brought home the silver in cornhole women's doubles



Edna Jirón and her shuffleboard partner took 2nd in shuffleboard mixed doubles

Isleta Health Education Presentation



Our Goal: Provide health education and peer support to people impacted by chronic health concerns, to empower with knowledge & support, in order to strengthen the health of the community.

Navigating Grief:

Insights and Practical Tips

Genna Reeves, Heart light Center

Tuesday, July 9, 2024

5-6:30pm

LOCATION:

Isleta Health Center
Lg Conference Room

Enter on the 2nd Door on the North Side

DINNER Provided



PRIZES
ALL WELCOME!

JOIN US!

EVERYONE WELOCME!
Learn about Health,
Get Support and Be Empowered!

Contact Stephanie Barela, Isleta Health Educator
(505) 869-4479 | Stephanie.Barela@islclinic.net



Purchased Referred Care Did you know?

Did you know Isleta Health Center is your payor of last resort?

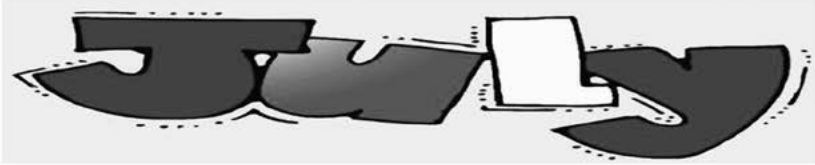
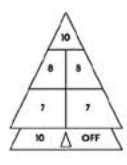














Payor of last resort means if you have primary insurance, Isleta Health Center would be your secondary insurance. If you have a primary and secondary insurance, Isleta Health Center would be your Tertiary insurance. Please list Isleta Health Center as your last payor.


Did you know you have to call PRC to inform them of all appointments?

This includes all ER/urgent care visits, any follows ups, any secondary referrals, telemed appointments, rescheduled appointments. Not calling in for appointments will delay payment

Did you know if you receive a bill from a provider, you have to bring it in to PRC, even if you have a referral?

Some facilities will send a bill to the patient but not Isleta Health Center. It is best to bring all bills in received by mail to make sure PRC contacts the facility to bill Isleta

ACTIVITIES SUBJECT TO CHANGE. PUEBLO OF ISLETA ELDER CENTER ACTIVITY CALENDAR					2024
MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	
1	2	3	4	5	
Shuffleboard after lunch in the activities room 	Chair Stretches @1pm Activities Room	Corn Hole in the activities room after lunch! 1pm 	Happy 4th of July! The Elder Center will be closed. 	Open Activities Exercise Equipment, Board Games, Activity Sets, etc.. 9 AM to 3 PM	
8	9	10	11	12	
Blu Orchid Massage 9:00 AM to 3:00 PM Walk Ins Welcomed 	NO ACTIVITIES	Games and Puzzles Activity Room @1pm 	Mass Dining Room 11:30 AM 	Movie in the Activity Room 1pm 	
15	16	17	18	19	
Word Search 1pm Activities Room 	Commodities Distribution 9:30a-3p 	Advisory Meeting @ 9am Activities Room	Tips for eating healthy 1pm	BINGO ENTRY FEE: DONATION 	
22	23	24	25	26	
NO ACTIVITIES	Chair Stretches @1pm Activities Room	Pool Play 1p-3p Activities Room 	Ping Pong with Lexy and Bella @1p in the activities room	HAPPY BIRTHDAY Birthdays in July Celebration 1pm 	
29	30	31	Call or Visit the Elder Center to Sign up for Activities & Trips in Advance. All Activities are on a first-come-first-serve basis. Activities are open to everyone age 50+ unless otherwise noted.		
AMC Theater Trip 	Corn Hole in the activities room after lunch! commodities distribution 	Woodburning activity 1p-3p 			* CLOSED FOR ALL MAJOR HOLIDAYS. 505-869-9770 MONDAY- FRIDAY 8:00AM - 4:30PM



FOOT CARE FOR PEOPLE WITH DIABETES

This is part of our series of articles with tips for how to support loved ones living with diabetes!

High blood sugar levels can damage the blood vessels and nerves in the feet. This damage can make feet feel tingly, painful, or numb. People might not notice if they step on something sharp or get a cut. Time can pass and the cut can become infected, leading to bigger problems!

These problems can be prevented!

- 1) Check feet every day.
- 2) If the skin is cracked, apply lotion to keep skin soft and stop cracks from turning into cuts. One exception - don't put lotion between toes.
- 3) Wear socks without tight bands. Wear white socks if possible, so it's easier to notice pus or blood.
- 4) Wear shoes that don't press on the toes. Avoid blisters!
- 5) Check inside shoes before putting them on -- make sure there isn't anything inside that could hurt the feet.
- 6) Cut toenails straight across - avoid ingrown toenails!
- 7) If there is a wound, take action right away! Come to clinic ASAP to give your foot the best chances to heal and get back on your feet .

If you have questions about foot care for yourself or a loved one, give us a call! Call IHC at 505 869 3200 for medical appointments and Podiatry appointments with Dr. DiSanti.




Author: Dr. Ray Kelley
Physician, Isleta Health Center

Health Beat:
Hepatitis C Liver Disease – Prevention and Treatment Updates
 Dr. Pope, Isleta Medical Department,
 Medical Physician
 Phone: 505-869-3200

Hepatitis C is a virus that infects the liver. It causes liver damage that can lead to cirrhosis, even liver cancer. It also raises the risk of diabetes and heart disease. Many people do not notice any health problems until they have had Hepatitis C for many years. The Hepatitis C virus is spread through contact with infected blood and body fluids. Many years ago, blood bank donations were not tested for Hepatitis C, so some infections came from blood transfusions. Others were infected from using needles that were not properly sterilized when getting tattoos or injecting drugs. In some cases, people were infected through sexual contact. Unfortunately, Hepatitis C is becoming more common in the U.S. overall and especially in Native communities.

The U.S. Preventive Service Task Force recommends that all adults are tested at least once in their lifetime for Hepatitis C. This will help get treatment to everyone who needs it. Starting in 2016, the Federal Drug Administration has approved treatments for Hepatitis C that can completely CURE the infection and PREVENT liver damage! Just 2 to 3 months of daily medication, with minimal side effects, can save someone's life.

Your health care team at Isleta Health Center has been working to make these treatments available to our patients who need it. If you or a loved one would like testing or treatment for Hepatitis C, call us at 505-869-3200 to make an appointment.

 Isleta Elder Center Lunch Menu 2024				
Monday 7/1/2024	Tuesday 7/2/2024	Wednesday 7/3/2024	Thursday 7/4/2024	Friday 7/5/2024
Cinnamon French Toast French Toast Sticks 3oz Sausage Link 3oz Hashbrown Patty 2oz SF Syrup 1oz Fruit Cup 1/2c	Beef Soft Tacos Ground Beef 3oz Salsa 1oz Peppers & Onions 1/2c Refried Beans 1/2c Mixed Fruit 1/2c Tortilla	BBQ Chicken Sandwich Chicken filet 3oz Hamburger Bun Garnish 2oz BBQ Sauce 1oz Coleslaw 1/2c Sweet potato fries 1/2c	Elder Center Closed 	Chili Dog Hotdog 3oz Hotdog Bun Chili Sauce 1/2c Potato Salad 1/2c Baked Chips Jell-o fruit cup
7/8/2024	7/9/2024	7/10/2024	7/11/2024	7/12/2024
Turkey Pot Pie Dice Turkey 3oz 5 way vegetable 1/2c Biscuit Fresh Fruit	Cheese Tortellini Cheese Tortellini 3oz Alfredo Sauce 1/2c Spinach 1/2c Garlic Bread Diced Peaches 1/2c	Orzo Soup Diced Chicken 3oz Orzo Rice 1/2c Mixed Vegetable 1/2c Dinner Roll Fresh Fruit	Egg Salad Sandwich Egg Salad 3oz WW Bread Baked Chips Celery Sticks w/peanut butter Fresh Fruit	Salisbury Steak Salisbury Steak 3oz Gravy 2oz Seasonal Vegetable 1/2c Dinner Roll Fresh Fruit
7/15/2024	7/16/2024	7/17/2024	7/18/2024	7/19/2024
Baked Lemon Pepper Fish Baked Fish 3oz Parsley Noodles 1/2c Roasted Cauliflower 1/2c Fresh Fruit	Turkey Sandwich Slice Turkey 3oz Slice tomato/lettuce 2oz WW Bread Beets 1/2c Pears 1/2c	Ziti Pasta Italian Sausage 3oz Ziti Pasta 1/2c Marinara Sauce 2oz Mixed Vegetable 1/2c Fresh Fruit	Sirloin Steaks Sirloin Steak 3oz Mash Potato 1/2c Gravy 1oz California Vegetable 1/2c Mixed Fruit	Grilled Cheese Grilled Cheese Sandwich 3oz Baked Chips 2oz Stewed Tomatoes 1/2c Fresh Fruit
7/22/2024	7/23/2024	7/24/2024	7/25/2024	7/26/2024
Chicken Strips Chicken Strips 3oz Sweet potato wedges 1/2c BBQ Sauce 1oz Mixed Vegetable 1/2c Fresh Fruit	Bean Burrito Bean 3oz Cheese 1oz Tortilla Spanish Rice 1/2c Peppers & Corn 1/2c	Baked Ham Spiral Ham 3oz Au Gratin Potatoes 1/2c Glazed Baby Carrots 1/2c Dinner Roll Apple Cobbler	Grilled Chicken Salad Grilled Chicken 3oz Spring Mix 1c Mandarin Oranges 1/2c Raspberry Dressing 1oz	Frito Pie Ground Beef/Beans 3oz Red Chile 2oz Garnish 2oz Frito Chips 2oz Fruit Cup
7/29/2024	7/30/2024	7/31/2024	***MENUS ARE SUBJECT TO CHANGE WITHOUT NOTICE, BASED ON THE AVAILABILITY OF PRODUCT*** Please call by 9 AM to cancel Home Delivered Meals. 505-869-9770 - Thank you. 	
Carne Adovada Diced Pork 3oz Red Chile 2oz Fire Roasted Corn 1/2c Tortilla Fruit Cup	Chicken Fried Steak Chicken Patty 3oz Country Gravy 1oz Mixed Vegetable 1/2c Blueberry Crisp 1/2c	Swedish Meatballs Meatballs 3oz Egg Noodle Pasta 1/2c Gravy 2oz Peas 1/2c Fresh Fruit		

Isleta Elder Center		Adult Day Services			July 2024 Activity Calendar
MONDAY 1	TUESDAY 2	WEDNESDAY 3	THURSDAY 4	FRIDAY 5	
9-10am Breakfast, Social Time 10-11a Scarf Exercise 1-3p Bake Gingersnap Cookies	9-10am Breakfast, Social Time 10-11a Pool Noodle Exercise 1-3p Toss Game	9-10am Breakfast, Social Time 10-11a Arthritis Exercises 1-3p Senior Choice Movie Day		9-10am Breakfast, Social Time 10-11a Morning Walk 1-3p Hawaii Theme - Coconut Bowling	
MONDAY 8	TUESDAY 9	WEDNESDAY 10	THURSDAY 11	FRIDAY 12	
9-10am Breakfast, Social Time 10-11a Arthritis Exercises 1-3p Visit Library	9-10am Breakfast, Social Time 10-11a Pool Noodle Exercise 1-3p Bird Watching w/ Smoothies	9-10am Breakfast, Social Time 10-11a BINGO w/ Karen, Dietitian 1-3p Bake Pecan Pie	9-10am Breakfast, Social Time 10-11a Arthritis Exercises 1-3p Beading Necklaces/Bracelets	9-10am Breakfast, Social Time 10-11a Sarcoma Awareness 10a-3p Indian Taco Sale	
MONDAY 15	TUESDAY 16	WEDNESDAY 17	THURSDAY 18	FRIDAY 19	
9-10am Breakfast, Social Time 10-11a Home Safety Presentation 1-3p Canvas Painting 101	9-10am Breakfast, Social Time 10-11a Arthritis Exercises 1-3p ADS BINGO - Baked Goods	9-10am Breakfast, Social Time 10-11a Scarf Exercise 1-3p Jeopardy!!	9-10am Breakfast, Social Time, Health Check 10-11a Pool Noodle Exercise 1-3p Water Balloon Games @ the Park	9-10am Breakfast, Social Time 10-11a Exploitation Awareness w/ Social Services 1-3p Rock Painting	
MONDAY 22	TUESDAY 23	WEDNESDAY 24	THURSDAY 25	FRIDAY 26	
9-10am Breakfast, Social Time 10-11a Pool Noodle Exercise 1-3p Sew Baby Blankets	9-10am Breakfast, Social Time 10-11a Scarf Exercise 1-3p Continue Sewing Blankets	9-10am Breakfast, Social Time 10-11a Vision Health Discussion 1-3p Sew Aprons	9-10am Breakfast, Social Time 10-11a Arthritis Exercises 1-3p Continue Sewing Aprons	9a-3p Santa Ana Feast Trip	
MONDAY 29	TUESDAY 30	WEDNESDAY 31	*Activities may be subject to change* If interested in joining the Adult Day Services Program, please call (505) 869-9770		
9-10am Breakfast, Social Time 10-11a Morning Walk 1-3p Finish Sewing Projects	9-10am Breakfast, Social Time 10-11a UV Safety Guide 1-3p Corn Hole	9-10am Breakfast, Social Time 10-11a Scarf Exercise 1-3p Bake a Raspberry Cake			